

Name: _____

2010

WASHINGTON PREVENTION

*Spring
Youth Forum*

{ MAY 20TH, 2010 }
{ GRANGE HALL, WA }

REMARK
YOUR
MARK



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2010 WASHINGTON PREVENTION SPRING YOUTH FORUM

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Welcome

WELCOME TO THE 2ND ANNUAL WASHINGTON PREVENTION SPRING YOUTH FORUM. YOU'VE MADE YOUR MARK AND NOW IT'S TIME TO BE THE SPARK!

Today's Forum recognizes the hard work of youth prevention groups all across our state—whether you developed your own program from scratch or simply implemented an established project at your school.

Congratulations! You should all be proud that you were among the top 42 prevention teams in our state accepted to participate and to showcase your program. Due to space limitations, we had significantly more teams apply to participate in the forum than we were able to accept.

Our goals today are threefold:

- Recognize and reward students and advisors who worked to make a difference in our schools and communities.
- Give students the learning opportunity to share their projects, compete to be recognized in various categories and receive fun prizes and awards.
- Encourage sustainability by building on the success of existing student projects, recording the lessons learned and other details about these projects, and sharing with others developing projects in the future.

This program will help you navigate the Forum by providing you:

- A detailed agenda, including room to record notes about the presentations you will be experiencing today.
- Rules for voting on the best youth projects.
- Contact information for the various youth groups to follow up with them after the Forum as you learn new ideas and strategies to employ in your schools.

Thank you so much for your work to educate your peers about the dangers of destructive behaviors and for your commitment to improving your communities.

You are true leaders and we are proud to recognize everyone who is participating at this year's Spring Youth Forum.

Sincerely,

David Dickinson, *Director*
DSHS, Division of Behavioral
Health & Recovery

Rob McKenna
Washington State
Attorney General

The Washington Prevention Spring Youth Forum is brought to you by the Washington Division of Behavioral Health & Recovery. It is entirely funded through a grant from the Washington State Attorney General's Office as a result of a consumer protection settlement with a prescription drug company.

Special Thanks

PLANNING COMMITTEE MEMBERS

Janelle Guthrie

Washington State Attorney General's Office
(Forum Co-Chair)

Sarah Mariani

Washington State Division of Behavioral Health and Recovery - Region 4
(Forum Co-Chair)

Ivon Urquilla

Washington State Division of Behavioral Health and Recovery - Region 5 & 6
(Forum Co-Chair)

Lorrie Bonifer, Chehalis Tribe

Georgeana M Cook, Dream Team Youth Coalition, Lopez Island

DJ Hammer, Adna High School TATU

Curtis Hough, National Guard

Teddy McCulough, D.R.E.A.M Team, Lopez Island

Beatriz Mendez, Lewis County Public Health and Social Services, Community Mobilization and Reducing Underage Drinking

Jesse Youckton, TOGETHER! of Thurston County

VOLUNTEERS

WASHINGTON STATE ATTORNEY GENERAL'S OFFICE

Kristin Alexander	Janelle Guthrie	Sarah Lane
Scott Peterson	Maureen Scharber	
Dan Sytman	Darius Schwarz	

WASHINGTON STATE DIVISION OF BEHAVIORAL HEALTH AND RECOVERY

Ivon Urquilla	Sarah Mariani	Julie Bartlett
Julia Greeson	Rey Falcatan	Jennifer Howard
Heidi Dodd	Lauri Turkovsky	Steve Smothers
Tina Burrell	Bill Stahl	Adam Halverson
Linda Graves		

Rhonda Stone, Evergreen Council on Problem Gambling

Brittany Bosworth, Volunteer

Mary Segawa, Washington Liquor Control Board

YOUTH VOLUNTEERS

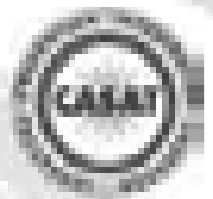
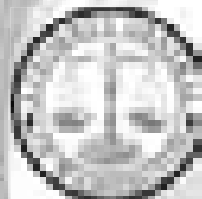
Michelle Santos	Sa Faumuina	
Taylor Stoeckle	Madelynn Brickey	Kadie Snaza
Tony Van	Shareece DeLeon	Miguel Boddy

Sponsoring Agencies

The Washington Prevention Spring Youth Forum is brought to you by the Washington State Attorney General's Office and DSHS Division of Behavioral Health and Recovery. The Washington Attorney General's Office has provided a grant to fund the entire 2010 Prevention Spring Youth Forum in an effort to support the prevention of prescription, over-the-counter and synthetic drug abuse as well as other destructive behaviors such as alcohol and tobacco abuse, suicide, problem gambling, or gang activity. These grant funds are entirely generated from court settlements with drug companies for consumer protection violations impacting citizens of Washington state.

CONFERENCE PLANNING AND STAFFING COURTESY OF CASAT, THE CENTER FOR THE APPLICATION OF SUBSTANCE ABUSE TECHNOLOGIES.

SPECIAL THANK YOU TO OUR HOSTS THE GREAT WOLF LODGE FOR THEIR HOSPITALITY AND ACCOMMODATIONS.



RECOGNITION AND AWARDS

In recognition of your efforts this last year, your team is one of just 42 teams awarded the opportunity to participate in the Annual Spring Youth Forum, including lodging, meals and free water park passes at the Great Wolf Lodge and inclusion in the Spring Youth Forum program.

You will also have the opportunity to compete for additional exciting awards based on your overall team score, including scholarship assistance to attend a CADCA Leadership Conference, a prevention team survival kit and gift cards to be used for team celebrations. We'll also be awarding other items in random drawings throughout the day.

- **Grand Prize:** The Grand Prize for the winning youth prevention team presentation is a partial scholarship to the Community Anti-Drug Coalitions of America (CADCA) National Leadership Forum in Washington, DC, Feb. 7-10, 2011—or another approved leadership training. Scholarship may not be used to supplant existing budgets and must be used within one year of the Forum.
- **First Round Winners:** Each team selected to advance to the final round of youth prevention group presentations, including the Grand Prize winner, will receive a \$150 gift card for their group to use for a team celebration of their choosing—pizza party, movies, ice cream, etc.
- **Category Winners:** Teams with the highest average score in each category (innovation, sustainability, impact, presentation style/professionalism and collaboration/partnerships) win a prevention team volunteer survival kit, including gift cards to purchase supplies, a USB jump drive and treats to sustain your prevention team into the future.
- **Drawing Prizes:** Each Youth Forum participant will receive a raffle ticket that can be entered to win random prizes throughout the day. Prizes include:
 - iTunes gift cards
 - Starbucks gift cards
 - Subway gift cards
 - Target gift cards
 - Visa Gift Cards

2009 Grand Prize winners, Washington State Music Mentors



Scoring Process

FIRST ROUND:

Each team attending the Spring Youth Forum will be assigned to one of six breakout rooms for the initial round of presentations.

PRESENTATIONS: Each team will conduct a 15-minute presentation on their program including:

- Project description
- Goals
- Activities
- Target audience
- Number of people reached
- Budget, including in-kind donations
- Timeframe
- The presentation should emphasize the following categories upon which the project will be judged:
 - **Innovation:** Is this presentation creative and innovative? New and exciting?
 - **Sustainability:** Is this a project that can be replicated year to year no matter which group of students is participating? Or will it fade away when this year's group graduates?
 - **Impact:** How many people did this project reach? What kind of change occurred as a result of this project? Did this project really make a difference?
 - **Presentation style & professionalism:** Was the group prepared to make a presentation? Was it a good presentation, easy to follow and clearly communicated?
 - **Collaboration and partnerships:** Did the group leverage community partnerships to do more with a lower budget? Did it increase its impact by partnering with others?
- Presentations will be limited to 15 minutes for fairness to all participants. The room leader will provide a signal to indicate that it is time to wrap up.

SCORE: After each presentation, adult judges (not affiliated with any competing youth team) and youth teams (chaperones and youth) will score the presenting team on the five categories listed above.

- Scores from the adult judges will count for 25 percent of the final score and scores from the youth teams will count for 50 percent of the final score. Teams will have already received a score on their initial application that will account for the remaining 25 percent of their score.
- Each youth team will receive one shared scorecard to record their scores for each presentation.
- Youth teams will assess each team by category on a scale of 1 to 10 with 1 being "poor" and 10 being "excellent."

Scorecards will be collected and compiled after each presentation. Voting results will not be revealed until we reconvene at 1:35 pm.

(In the case of a tie, winners will be decided by a simple majority vote with each team casting one vote.)

CATEGORY WINNERS:

- Prizes will also be provided to the teams with the highest average scores in each of the five categories: innovation, sustainability, impact, presentation style/professionalism and collaboration/partnerships.
- Category winners will be announced at the Awards Ceremony.

FINAL ROUND:

Winning teams from each of the six rooms will proceed to the final round of the competition where they will conduct their 15-minute presentation again for all participants in the Spring Youth Forum.

Final round voting will follow the same procedure as the first round.

Scorecards will be collected and compiled after each presentation but voting results will not be revealed to the entire room until the Awards Ceremony. In the case of a tie, winners will be decided by a simple majority vote with each team casting one vote.

The grand prize winner and category winners will be announced at the Awards Ceremony.

PRESENTATION SUPPORT:

Groups were asked to submit any PowerPoint slides or DVD videos to CASAT prior to the Forum. All presentations will be loaded onto laptops prior to team presentations.

- **On-site audio/visual equipment:** All meeting rooms will be equipped with an LCD projector, PC laptop computer with DVD capability, sound capability (for a PowerPoint presentation or DVD), screen, one standing microphone at front of room for team to utilize, if necessary, and a table for materials. *A VCR will not be available.*

You will not be able to use your own laptop, LCD projector or other AV equipment. Due to the very short time frame between presentations (5 minutes) there is no time to set up or change equipment.



Schedule of Events

WEDNESDAY, MAY 19

1:00 PM.....Teams may check in with hotel to get water park passes only*. Room check-in begins at 4:00 pm.

4:00 PM.....Hotel room check-in begins

4:00 – 8:00 PM.....Team check-in & team photos - Northwest Territory - Salon C

4:00 – 9:00 PM.....Team recognition reward: Enjoy the water park!

8:15 – 8:45 PM.....Chaperone meeting - Eagles Landing Room

11:00 PM.....Hotel curfew

**Please note: Water park passes will be provided by the hotel during hotel check-in. The passes are good on Wednesday and Thursday until 9:00 pm. Although teams are not able to access hotel rooms until 4:00 pm, the hotel will provide water park passes starting at 1:00 pm for those teams that are able to arrive early. All teams will be able to use their passes on Thursday.*



THURSDAY, MAY 20

7:30 – 8:00 AM.....**Team check-in & team photos** (if not already completed on Wednesday)

7:30 – 8:00 AM.....**Breakfast /door prizes** - Chehalis Salon ABC

8:00 – 8:45 AM.....**Welcome:** Rob McKenna - Chehalis Salon ABC

Keynote speaker: Tom Malloy

Instructions: Miss Washington Devanni Partridge

9:00 – 11:00 AM.....**Youth prevention team presentations** - 5 minutes for set up,
15 min for presentation, 5 minutes in between for voting
(See page 9 for room assignments)

11:00 AM – 12:00 PM....**Lunch/door prizes** - Chehalis Salon ABC

Keynote Speaker: Tom Malloy

12:00 – 12:10 PM.....**Break**

12:10 – 1:25 PM.....**Youth prevention team presentations continued** - 5 minutes for
set up, 15 min for presentation, 5 minutes in between for voting.
(See page 9 for room assignments)

1:25 – 1:35 PM.....**Break**

1:35 – 1:45 PM.....**Six finalists announced** - Chehalis Salon ABC

1:45 – 2:45 PM.....**Youth prevention team finalists' presentations** - 15 min for set up
and presentation, 5 minutes in between for voting. - Chehalis Salon ABC

2:45 – 2:55.....**Break**

2:55 – 3:55 PM.....**Youth prevention team finalists'
presentations continued** - 15 min for set
up and presentation, 5 minutes in between
for voting. - Chehalis Salon ABC

3:55 – 4:30 PM.....**Break**

4:30 – 5:15 PM.....**Dinner** - Chehalis Salon ABC

5:15 – 6:00 PM.....**Team awards/door prizes** - Chehalis Salon ABC

6:00 PM.....**Spring Youth Forum adjourns**

6:00 – 9:00 PM.....**Team recognition reward:** Enjoy the
water park! Or head for home.



Drive Safe!

Guest Speakers

Tom Malloy

A VISION IN MOTION



Tom Malloy is an actor and a motivational speaker with A Vision in Motion. His message of "Making Positive Choices" has reached more than 100,000 students and he relates to both kids and adults with a logical approach to enjoying your life and succeeding in fulfilling your dreams.

Most recently, Malloy wrote, produced and starred in *Love and Dancing*, a dance film/romantic comedy directed by Rob Iscove (director of *She's All That*) starring Tom and Amy Smart, along with Billy Zane, Betty White and Rachel Dratch.

In the last three years, Malloy wrote and produced *The Attic* and *The Alphabet Killer*, a psychological thriller starring Eliza Dushku, Cary Elwes, Academy Award Winner Timothy Hutton, Michael Ironside, and Malloy in one of the lead roles.

Malloy has also had principal roles on *Law & Order-SVU* and *Third Watch* on NBC, as has appeared in films such as *The Siege* with Denzel Washington and *Anger Management* with Adam Sandler and Jack Nicholson.

The Washington Prevention Community may remember him as the Master of Ceremonies and keynote for the 2009 Fall Prevention Summit. He will bring some comedy and magic to the Spring Youth Forum to keep us energized for promoting prevention throughout the state. Visit Tom Malloy's website: howtosucceed.net.

Devanni Partridge

MISS WASHINGTON



Miss Washington, Devanni Partridge of Auburn, is a young woman dedicated to spreading important information on how people can help save a life by being an organ or tissue donor. She is an Auburn High School graduate and a senior pre-med student at

Western Washington University, majoring in kinesiology and planning a career in chiropractic care and physical therapy. As a young leader herself, she understands the time and energy it takes to focus and follow through with a strategic plan. She is a spokesperson for Donate Life, an organization that focuses on donor registration by highlighting the benefits through presentation, education and motivation. Partridge is also a familiar face as a speaker from the 2009 Prevention Summit and she looks forward to joining us all again to celebrate your success.

<i>Team Name</i>	<i>Advisor</i>	<i>Room</i>
Adna TATU (Teens Against Tobacco Use)	Patrick Richardson	Chehalis-Salon D
Ballard TATU	Kya Schnettler	Chehalis-Salon F
Ballinger Action Teams (BAT)	Morgan Moore	Chehalis-Salon E
DATAP	Linda Hartung	Fallen Timbers-Salon A
Dayton High School Drama Club	Shelly Franklin	Chehalis-Salon E
Dayton Jr. High TATU/SWAT Club	Peggy Gutierrez	Chehalis-Salon E
Franklin Pierce High School S.A.D.D.	Shelly Anderson	Chehalis-Salon E
H.I.P. - Healing, Inspiring, and Preventing	Krista Rose Cate	Chehalis-Salon D
HOPE Center Youth Leading Change	Kristen McClintock	Chehalis-Salon F
JDDI (Just Don't Do It)	Neva Malby	Fallen Timbers-Salon A
Kamiak	Cimbal Irwin-Rainey	Fallen Timbers-Salon A
Kitsap County RUaD Youth Council	Mary Ellen de la Pena	Fallen Timbers-Salon B
Kittitas County Youth Coalition	Alyssa Kennard	Chehalis-Salon D
Lady Bulldogs	Glenna Younkin	Northwest Territory-Salon C
Maple Valley Youth Council	Kristiane Byers	Northwest Territory-Salon C
Mt. Tahoma Youth Leading Change	Lisa-Marie McDonald	Northwest Territory-Salon C
Naches Valley High School TATU Club	Dustin Shattuck	Fallen Timbers-Salon B
Neighborhood House, Project HANDLE	Steven Van	Fallen Timbers-Salon B
Point Blank	Julie Pinardi	Chehalis-Salon D
Power of Place - YouthMADE	Jeron Gates	Chehalis-Salon F
Prevent-A-Holics	Leann Couch	Northwest Territory-Salon C
Razas Unidas	Randy Beaulieu	Chehalis-Salon E
SAM Club - Jr. High	Tina Warren	Chehalis-Salon F
SAM Club - Sr. High	Dan Lewis	Fallen Timbers-Salon A
Shelton SADD Club	Gerald Apple	Chehalis-Salon F
Skykomish Prevention & Leadership Team	Michelle Ollin	Chehalis-Salon D
Skyridge Middle School Prevention Club	Linda Hutchins	Chehalis-Salon E
Stadium H.S. Youth Leading Change "YLC"	Sally Bright	Chehalis-Salon E
STASHA Peer Educators	Angela McKinney	Chehalis-Salon D
Sultan Every 15 Minutes	Rik Morris	Chehalis-Salon F
TADD	Jodi Brown	Fallen Timbers-Salon B
TMAC (Together Making Awesome Changes)	Beatriz Mendez	Northwest Territory-Salon C
Tobacco Prevention Club	Lisa Frink	Fallen Timbers-Salon A
TOGETHER!	Jesse Youckton	Fallen Timbers-Salon B
V.O.I.C.E. Youth Coalition	Lisa Mitchell	Fallen Timbers-Salon B
Vashon Youth Council	Amy Lea Ezzo	Fallen Timbers-Salon A
Waitsburg TATU Group	Rosy Nechodom	Chehalis-Salon D
Warden Cougs	Leigh Allison-Ray	Northwest Territory-Salon C
Washington State Music Mentors	Todd Denny	Fallen Timbers-Salon A
White Swan Dream Makers	Nancy Fiander	Northwest Territory-Salon C
Wilson High School YLC	Milagros Thompson	Chehalis-Salon F
Yakama Nation Speak Out Youth Group	Michael Sekaquaptewa	Fallen Timbers-Salon B

Breakout Room

Chehalis - Salon D

9:10 - 9:30 AM	Waitsburg TATU Group	TATU Health Fair
9:40 - 10:00 AM	Point Blank	Think About It...Is It Worth The Risk?
10:05 - 10:25 AM	H.I.P. - Healing, Inspiring, and Preventing	Ryan's Solution
10:30 - 10:50 AM	Adna TATU (Teens Against Tobacco Use)	Giving our Youth Hope
12:10 - 12:30 PM	Skykomish Prevention & Leadership Team	Teen Mentoring Project
12:35 - 12:55 PM	STASHA Peer Educators	Reach out now! Elementary Teach-ins
1:00 - 1:25 PM	Kittitas County Youth Coalition	Paint for Prevention

Chehalis - Salon E

9:10 - 9:30 AM	Ballinger Action Teams (BAT)	Spoken Word Project
9:40 - 10:00 AM	Razas Unidas	Razas Unidas
10:05 - 10:25 AM	Dayton High School Drama Club	When Relationships Become Toxic
10:30 - 10:50 AM	Skyridge Middle School Prevention Club	PREVENT! Awareness 5k Walk/Run
12:10 - 12:30 PM	Dayton Jr. High TATU/SWAT Club	SWAT- Students Working Against Tobacco
12:35 - 12:55 PM	Franklin Pierce High School S.A.D.D.	Ads & Subtracts Campaign
1:00 - 1:25 PM	Stadium H.S. Youth Leading Change "YLC"	Prescription Drugs - Meant to Heal Not Hurt

Chehalis - Salon F

9:10 - 9:30 AM	Shelton SADD Club	SADD Club Week
9:40 - 10:00 AM	SAM Club - Jr. High	Spring Field Day
10:05 - 10:25 AM	HOPE Center Youth Leading Change	Under Age Drinking Awareness
10:30 - 10:50 AM	Wilson High School YLC	Defend Your Heart
12:10 - 12:30 PM	Power of Place - YouthMADE	YouthVOICE
12:35 - 12:55 PM	Sultan Every 15 Minutes	"Every 15 Minutes"
1:00 - 1:25 PM	Ballard TATU	Ballard T.A.T.U.

Schedules

Fallen Timbers - Salon A

9:10 - 9:30 AM	SAM Club - Sr. High	Spare Change Round-Up
9:40 - 10:00 AM	Kamiak	Kamiak HS Teens Against Tobacco Use
10:05 - 10:25 AM	DATAP	Youth Trainers
10:30 - 10:50 AM	Tobacco Prevention Club	Tobacco Prevention Club Presents
12:10 - 12:30 PM	Washington State Music Mentors	Washington State Music Mentors
12:35 - 12:55 PM	Vashon Youth Council	Wake Up: The World's on Fire
1:00 - 1:25 PM	JDDI (Just Don't Do It)	Town Hall Meeting

Fallen Timbers - Salon B

9:10 - 9:30 AM	TOGETHER!	Olympia- Connected through Diversity
9:40 - 10:00 AM	V.O.I.C.E. Youth Coalition	Mini-Relay for Life @ Lincoln Elementary
10:05 - 10:25 AM	Yakama Nation Speak Out Youth Group	Native Truth Film Project
10:30 - 10:50 AM	Kitsap County RUaD Youth Council	Outdoor Advertising Advocacy
12:10 - 12:30 PM	TADD	Prevention Carnival 2010
12:35 - 12:55 PM	Neighborhood House, Project HANDLE	Teens and Alcohol
1:00 - 1:25 PM	Naches Valley High School TATU Club	Teens Against Tobacco Use (TATU)

Northwest Territory - Salon C

9:10 - 9:30 AM	Prevent-A-Holics	Put it on Paper
9:40 - 10:00 AM	Mt. Tahoma Youth Leading Change	Rx Death is Next
10:05 - 10:25 AM	Maple Valley Youth Council	Maple Valley Amazing Race 2010
10:30 - 10:50 AM	White Swan Dream Makers	Creating a Safe and Drug Free Community
12:10 - 12:30 PM	Warden Cougs	Making a MARK in Warden
12:35 - 12:55 PM	Lady Bulldogs	Reduce Use!
1:00 - 1:25 PM	TMAC (Together Making Awesome Changes)	Step'n Up

First Round

PRESENTATION NOTES

(Youth teams will receive one scorecard for your team to score each presentation. Please use these pages to take notes to help you in your team vote discussions.)

Breakout Room:

Scoring Criteria

TEAM NAME:

Innovation: Is this presentation creative and innovative? New and exciting?	1	2	3	4	5	6	7	8	9	10
Sustainability: Can it be replicated yearly regardless of the group of students participating or will it fade away when this year's group graduates?	1	2	3	4	5	6	7	8	9	10
Impact: Did the project reach many people? Did/Does this project really make a difference?	1	2	3	4	5	6	7	8	9	10
Presentation Style & Professionalism: Was the information written in a clear and concise manner? Are materials easy to read and accurate? Has all the requested information been provided?	1	2	3	4	5	6	7	8	9	10
Collaboration & Partnerships: Did the group leverage community partnerships to do more with a lower budget? Did it increase its impact by partnering with others?	1	2	3	4	5	6	7	8	9	10

Total Score

STRENGTHS:

WEAKNESSES:

Scoring Criteria

TEAM NAME:

Innovation: Is this presentation creative and innovative? New and exciting?	1	2	3	4	5	6	7	8	9	10
Sustainability: Can it be replicated yearly regardless of the group of students participating or will it fade away when this year's group graduates?	1	2	3	4	5	6	7	8	9	10
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Total Score

STRENGTHS:

WEAKNESSES:

Scoring Criteria

TEAM NAME:

Innovation: Is this presentation creative and innovative? New and exciting?	1	2	3	4	5	6	7	8	9	10
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Total Score

STRENGTHS:

WEAKNESSES:

TEAM NAME:

	Poor	→ Excellent									
Innovation: Is this presentation creative and innovative? New and exciting?	1	2	3	4	5	6	7	8	9	10	
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STRENGTHS:

WEAKNESSES:

TEAM NAME:

	Poor	→ Excellent									
Innovation: Is this presentation creative and innovative? New and exciting?	1	2	3	4	5	6	7	8	9	10	
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Total Score

STRENGTHS:

WEAKNESSES:

TEAM NAME:

	Poor	→ Excellent									
Innovation: Is this presentation creative and innovative? New and exciting?	1	2	3	4	5	6	7	8	9	10	
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Total Score

STRENGTHS:

WEAKNESSES:

TEAM NAME:

	Poor	→ Excellent									
Innovation: Is this presentation creative and innovative? New and exciting?	1	2	3	4	5	6	7	8	9	10	
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Total Score

STRENGTHS:

WEAKNESSES:

Final Round

PRESENTATION NOTES

Scoring Criteria

TEAM NAME:

	Poor —————> Excellent									
Innovation: Is this presentation creative and innovative? New and exciting?	1	2	3	4	5	6	7	8	9	10
Sustainability: Can it be replicated yearly regardless of the group of students participating or will it fade away when this year's group graduates?	1	2	3	4	5	6	7	8	9	10
Impact: Did the project reach many people? Did/Does this project really make a difference?	1	2	3	4	5	6	7	8	9	10
Presentation Style & Professionalism: Was the information written in a clear and concise manner? Are materials easy to read and accurate? Has all the requested information been provided?	1	2	3	4	5	6	7	8	9	10
Collaboration & Partnerships: Did the group leverage community partnerships to do more with a lower budget? Did it increase its impact by partnering with others?	1	2	3	4	5	6	7	8	9	10

Total Score

STRENGTHS:

WEAKNESSES:

Scoring Criteria

TEAM NAME:

	Poor —————> Excellent									
Innovation: Is this presentation creative and innovative? New and exciting?	1	2	3	4	5	6	7	8	9	10
Sustainability: Can it be replicated yearly regardless of the group of students participating or will it fade away when this year's group graduates?	1	2	3	4	5	6	7	8	9	10
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Total Score

STRENGTHS:

WEAKNESSES:

ADNA TATU (TEENS AGAINST TOBACCO USE) - ADNA HIGH SCHOOL

Project description: New group reached out to as many as 500 youth in the community and conducted two Teens Against Tobacco Use (TATU) trainings supported by the American Lung Association. One of the group's founders was awarded the American Lung Association's "Volunteer of the Week" award for beginning the prevention team.

Contact

Patrick Richardson
prichardson@asdtatu.org
(360) 748-8552
PO Box 148
Adna, WA 98522
Project type: Anti-Tobacco
Duration: On-going
Audience reached: 201-500
Budget: Less than \$500

BALLARD TATU - BALLARD TEEN HEALTH CENTER/SWEDISH MEDICAL CENTER

Project description: Presented standard T.A.T.U. curriculum from the American Lung Association to two 5th grade classrooms at Salmon Bay Elementary school this year. Also launched social norms campaign at the high school by posting survey results throughout the school. Set up information tables at lunch, once before Winter break to promote how to have a tobacco free break, and once on Kick Butts Day. Handed out information, candy with tobacco facts and quit line cards, and displayed the smoke lungs for educational purposes.

Contact

Kya Schnettler
kya.schnettler@swedish.org
(206) 386-3380
1418 NW 65th Street
Seattle, WA 98117
Project type: Anti-Tobacco
Duration: On-going
Audience reached: 201-500
Budget: \$501-\$2000

BALLINGER ACTION TEAMS (BAT) - CENTER FOR HUMAN SERVICES

Project description: Prevention through Spoken Word. Youth at Ballinger Homes gained skills in spoken word, an art form for engaging community dialog around drug and alcohol prevention as well as other issues important to them. Schedule included three workshops with a professional spoken word artist, three field trips into the community and a final showcase of their spoken word pieces which included other aspects of Hip Hop Culture to appeal to other teens (outside of the BAT group) and engage Ballinger youth in a showcase of the talent within their community. During the project, 5 BAT youth attended the Power of Hopes Art of Leadership conference where they learned facilitation skills and strategies and brought their training back to our group, teaching and leading activities for their peers.

Contact

Morgan Moore
mmore@chs-nw.org
(206) 631-8867
17018 15th Ave NE
Shoreline, WA 98155
Project type: General Prevention
Duration: 2-11 Months
Audience reached: 1 to 50
Budget: \$5001 - \$10000

DATAP - WAHIAKUM COUNTY HEALTH & HUMAN SERVICES

Project description: Youth Mobilization Campaign. Youth-to-youth prevention "boot camp" is an empowerment model creating a trusting environment where youth bond with school, healthy adults and upperclassmen, decreasing stress while increasing problem-solving skills and identifying positive personal characteristics. Trainers train other youth in leadership skills, workshop development and presentation styles providing opportunities for pro-social involvement--fun without substances.

Contact

Linda Hartung
hartungl@co.wahkiakum.wa.us
(360) 795-8630 x115
42 Elochoman Valley Road
Cathlamet, WA 98612
Project type: ATOD & Leadership
Duration: Planning: 3 Months
Event : 3 Days
Audience: 51-200
Budget: \$10,000 or more

**DAYTON HIGH SCHOOL DRAMA CLUB -
DAYTON HIGH SCHOOL/MIDDLE SCHOOL**

Project description: Public service announcement in the form of a play, sharing with other students and adults in the community the warning signs of abusive relationships in a meaningful, yet entertaining way. Worked with local professionals who volunteered their time to teach the kids about abusive behavior. Play was a parody of the Dr. Phil Show. Students played well-known characters from cartoons, books and movies who were being interviewed because they each had been cited for some legal violation having to do with abuse. Also used video commercials by Safe and Respectful. org, on commercial breaks. Introduced local professionals, made wallet-sized cards listing warning signs and provided cards to patrons after the show. Show was presented to all the middle and high school students in our county and a special presentation was provided with a complimentary box lunch for local professionals and interested parents. Students were asked to perform this program for several agencies outside our county and as a result we have formed a small group within our drama club committed to taking various serious issues and promoting education and awareness through drama.

Contact

Shelly Franklin

shellyf@dayton.wednet.edu

(509) 382-4775

614 S. 3rd

Dayton, WA 99328

Project type: Gang/Violence/
Pregnancy/Suicide Prevention

Duration: 2-11 months

Audience: 201 - 500

Budget: Less than \$500

**DAYTON JR. HIGH TATU/SWAT CLUB -
DAYTON JR. HIGH SCHOOL**

Project description: Tobacco Prevention Education Training to educate younger students about the dangers of using tobacco, including puppet shows for students and staff members in Dayton Elementary School on the effects of and chemicals in second-hand smoke as a health risk. Also prepared a PowerPoint presentation and met with the Columbia County Fair Board to promote a smoke-free county fair. Assisted with National Night Out in August of 2009 with an estimated 500 people in attendance receiving tobacco-free support materials.

Contact

Peggy Gutierrez

[peggy.gutierrez@](mailto:peggy.gutierrez@bluemtncounseling.org)

bluemtncounseling.org

(509) 382-1164

221 East Washington

Dayton, WA 99382

Project type: Anti-Tobacco

Duration: One year

Audience: 51-200

Budget: No cost

**FRANKLIN PIERCE HIGH
SCHOOL S.A.D.D. -
FRANKLIN PIERCE HIGH
SCHOOL**

Project description: Alcohol and tobacco advertising canvassing project. Team members spent two weeks learning about various marketing strategies, how those strategies are used both by the

alcohol and tobacco industries and current Washington state laws related to alcohol and tobacco advertising. Canvassed approximately 50+ local alcohol retailers, making note of both the number and placement of alcohol and tobacco advertisements inside and outside of the establishment. Businesses with zero or limited advertising will be commended on a community coalition (FP Youth 1st) web site. All results presented by team members at a local town hall meeting for parents and other community members to increase the awareness of local business establishments and their advertising practices, and how those practices compare to other area businesses and ultimately to encourage and support businesses who choose to limit their alcohol and tobacco advertising.

Contact

Shelly Anderson

shanderson@fpschools.org

(253) 298-3915

11002 18th Ave. E.

Tacoma, WA 98445

Project type: Alcohol Abuse

Duration: 2-11 months

Audience: 51-200

Budget: \$501 - \$2000



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H.I.P. - HEALING, INSPIRING, AND PREVENTING - CENTER FOR HUMAN SERVICES

Project description: Ryan's Solution is a pledge and a way of living, in honor of Ryan DePuy, an athletic, popular and academic Bothell High School 17-year-old who overdosed on prescription drugs and over-the-counter medicine two years ago. The Ryan's Solution school-wide event in collaboration with Scott DePuy, Ryan's father, reached 300 students with the reality of how using pills to get high can have major consequences to yourself, classmates and family. Scott recounted Ryan's story during all three school lunches. More than 300 students signed the Gold Standard pledge card, vowing to live clean, encourage their friends to be sober and speak up and tell a trusted adult if you know someone is using. Ryan's Solution continued at a school dance when students received a free pop or candy for showing their pledge card. The prevention team has completed other school prevention activities such as a school wide skit that taught refusal skills to resist peer pressure and is currently working on a fun and exciting Kick Butts Day activity that will reach the entire school. Ryan's Solution was invited by Skyview's principal to do a larger scale presentation in Fall 2010 during a school wide assembly.

Contact

Krista Rose Cate

kcate@chs-nw.org

(206) 819-1640

22105 23rd Drive SE

Bothell, WA 98021

Project type: Prescription/Over
The Counter Drug Abuse

Duration: 2-11 months

Audience: 201-500

Budget: Less than \$500

HOPE CENTER YOUTH LEADING CHANGE - SAFE STREETS

Project description: Youth from the Clover Park and Franklin Pierce school districts collaborated with several middle schools in the area to present an underage drinking awareness skit to middle school students and communicate the message that drinking is NOT cool. The skit touches on the issues of alcohol overdose, peer pressure, teen drug use when intoxicated, teen dating violence when intoxicated as well as drinking and driving. They are spreading the message to middle school students because they felt strongly that youth peer pressure to drink begins at the middle school level.

Contact

Kristen McClintock

kmccclintock@safest.org

(253) 272-6824

1501 Pacific Avenue, Suite 305
Tacoma, WA 98402

Project type: General Prevention

Duration: 2-11 months

Audience: 201-500

Budget: Less than \$500



JDDI (JUST DON'T DO IT) - RITZVILLE SCHOOL DISTRICT

Project description:

Community event to raise awareness of underage drinking and other issues teens face, such as peer pressure, dating violence and prescription drug use, including publicizing the availability of resources for teens and parents and encouraging collaboration amongst teens, parents, educators, police, and juvenile officers, etc.

Contact

Dawn West-Hurley

westurley@yahoo.com

Neva Malby

n_malby@yahoo.com

(509) 347-6478

203 E. 5th Ave.

Ritzville, WA 99169

Project type: SADD

Duration: One day

Audience: 1 to 50

Budget: Less than \$500

**KAMIAK HIGH SCHOOL TEENS AGAINST TOBACCO USE -
MUKILTEO SCHOOL DISTRICT**

Project description: Peer-to-peer tobacco prevention education for middle school and high school youth in Mukilteo School District through fun interactive activities, using the curriculum developed by the American Lung Association. Teach dangers of second-hand smoke and how to communicate effectively to either family or peers about the harms and dangers tobacco brings. Efforts have reached nearly 630 students in Mukilteo School District this school year.

Contact

Cimbal Irwin-Rainey
irwinraineyck@mukilteo.wednet.edu
(425) 710-4381
10801 Harbour Pt Blvd
Mukilteo, WA 98275
Project type: Anti-Tobacco
Duration: Classroom presentations during the school year, 1x per quarter
Audience: 201-500
Budget: Less than \$500

**KITSAP COUNTY RUAD YOUTH COUNCIL -
KITSAP COUNTY PREVENTION SERVICES**

Project description: The Kitsap County RUAD Task Force Youth Council, made up of students in grades 7-12 from secondary schools in Kitsap County, engages youth in projects aimed at reducing underage drinking. The group sponsored many educational activities during the 2009-10 school year that culminated in their project to support the change in Washington State Liquor Control Board (LCB) rules for outdoor alcohol advertising. Activities included a RUAD Youth Conference (11/3/09), a leadership and advocacy training (12/12/09), an informal meeting with the LCB (12/1/09) on outdoor advertising rules, meetings with Kitsap legislators on Prevention Advocacy Day (1/18/10), and testimony at the LCB Hearing on outdoor advertising rules held in Olympia, (2/24, 2010). This is the first phase of an ongoing project that will focus on how Kitsap County implements these outdoor advertising rules. Community awareness, education, collaboration and partnership with our local LCB officers will be an important part of the next phase of this project and we will also explore the potential for making similar changes in indoor alcohol advertising.

Contact

Mary Ellen de la Pena
medelape@co.kitsap.wa.us
(360) 337-4878
614 Division St. MS-23
Port Orchard, WA 98366
Project type: Alcohol Abuse
Duration: Ongoing
Audience: 501+
Budget: Less than \$500

**KITTITAS COUNTY YOUTH COALITION -
KITTITAS COUNTY COMMUNITY NETWORK**

Project description: Team will approach businesses throughout our county asking them to take down one or more signs to be replaced by a piece of artwork made by youth in our community as part of their efforts to comply with the new LCB outdoor advertising laws. The goal is to educate our county about the new liquor control laws and to help prevent underage drinking.

Contact

Alyssa Kennard
alyssakennard@gmail.com
(509) 962-9775
P.O. Box 881
Ellensburg, WA 98926
Project type: Alcohol Abuse
Duration: One year
Audience: 51-200
Budget: \$501 - \$2000

**LADY BULLDOGS - ORCHARD MS YOUTH ALCOHOL
PREVENTION COALITION**

Project description: Provided reusable bags with the Reduce Use! logo to raise awareness among youth and adults: 75 reusable grocery bags printed with a message to Orchard Middle School Parents at parent-teacher conferences; 50 bags Wenatchee School District parents at a high school meeting to discuss the new state test; 200 bags to Safeway shoppers at the store near our school. 1000 – 1500 bags to families during Youth Day on April 25th during Wenatchee's Apple Blossom Festival; 100 bags to families attending Town Hall meeting on May 4th. Group also designed, printed and distributed table tents to seven local restaurants. Youth also planned activities for other youth including distributing approximately 1000 flyers to youth during Youth Day on April 25th; and distributing flyers during lunch hours to all Orchard Middle School Students.

Contact

Glenna Younkin
younkin.g@mail.wsd.wednet.edu
(509) 264-1014
PO Box 3525
Wenatchee, WA 98807
Project type: Alcohol Abuse
Duration: Ongoing
Audience: 501+
Budget: \$501 - \$2000

**MAPLE VALLEY YOUTH COUNCIL -
GREATER MAPLE VALLEY COMMUNITY CENTER**

Project description: The Maple Valley Youth Council, a youth leadership program of the non-profit Greater Maple Valley Community Center will host the Maple Valley Amazing Race: Making Healthy Choices. The race is modeled after the TV show, and features teams traveling around the Maple Valley community (instead of the world) competing in challenges. Each two-person team (at least one member of each team must be between the ages of 12 and 18) will compete in a different challenge at each of the race locations. At each "pit stop" five teams will be eliminated. The teams eliminated before lunch will have a chance to re-enter the race by completing the post test. This will enter them into a drawing at lunch where two teams will be selected to re-join the race. Each challenge lasts between 10 minutes and one hour and will feature information and tasks around making healthy choices, with a special focus on gambling awareness for youth. Through competing in the challenges, they will learn warning signs of problem gambling, many facts related to problem gambling, and what is legal and illegal when it comes to youth gambling. The mural will be one of the last challenges. The mural will depict a gambling awareness message and will be displayed at the community center and matched in the Maple Valley Days Parade. We will also hand out bracelets at the parade inscribed with our slogan, "Get a Handle on ur Gamble." In addition, we will add the website www.addictionisagamble.com.

Contact

Kristiane Byers
kristiane@maplevalleycc.org
(425) 432-1272
22010 SE 248th Street
Maple Valley, WA 98038
Project type: Youth Gambling/
Alcohol Use
Duration: 1 day event with an
additional video and mural
walked in a parade
Audience: 501+
Budget: \$5001-\$10,000

**MT. TAHOMA YOUTH LEADING CHANGE -
YOUTH LEADING CHANGE**

Project description: The team worked together to create an average person's medicine cabinet, including unused prescription drugs. They researched prescription drug abuse facts, created prescription bottles filled with facts about the effects of certain drugs, created flyers and collected prizes that were given to students who could answer questions about things in the medicine cabinet. Finally they created an extra large prescription bottle that kids were encouraged to put in it their thoughts about what they do instead of abusing prescriptions. The club reached out to the entire school during both lunches and had more than 120 students respond by writing what they would rather do than abuse Rx drugs.

Contact

Lisa-Marie McDonald
lmcdonald@tacoma.k12.wa.us
(253) 571-3602
4634 South 74th St.
Tacoma, WA 98409
Project type: Prescription/Over
The Counter Drug Abuse
Duration: One Week
Audience: 201-500
Budget: Less than \$500



**NACHES VALLEY HIGH SCHOOL
TATU CLUB -
NACHES VALLEY COMMUNITY
COALITION**

Project description: The Naches Valley High School TATU club is trained in anti-tobacco curriculum strategies in a partnership with the American Lung Association of Washington. They then present these interactive learning opportunities to the entire 5th, 6th, and 7th grades of Naches School District. This year they also educated the 4th and 5th grades at a neighboring elementary school. TATU club has served about 360 students per year and continues to look for other presentation opportunities-- all for very little to no cost once we initially purchased the presentation materials. The 2008 Naches Valley Healthy Youth survey revealed that zero percent of our 6th graders reported smoking a cigarette in the past 30 days.

Contact

Dustin Shattuck
dshattuck@naches.wednet.edu
(509) 307-7267
P.O. Box 39
Naches, WA 98937
Project type: Anti-Tobacco
Duration: Ongoing
Audience: 501+
Budget: No Cost

**NEIGHBORHOOD HOUSE, PROJECT HANDLE -
NEIGHBORHOOD HOUSE**

Project description: Planned and hosted Teen and Alcohol town hall meeting to present the "Underage Drinking through Teens and Alcohol" skit to encourage group discussion in multi-ethnic (Vietnamese, Cambodian, and East African) communities and to reduce the underage drinking in these communities. Roughly 80 people attended the Teens and Alcohol Town Hall meeting (25 Youth and 53 adults); 42 people turned in evaluations; 95 percent rated the event as excellent or good; 67 percent reported they learned a lot; 88 percent pledged to take one or more actions to reduce underage drinking following the forum; 88 percent of the youth who took the pledge, pledged to not drink alcohol before age 21; and 84 percent of adults pledged to talk with children about the danger of using alcohol.

Contact

Steven Van
stevenv@nhwa.org
(206) 461-4522 x103
825 Yesler Way
Seattle, WA 98104
Project type: Alcohol Abuse
Duration: Ongoing
Audience: 51-200
Budget: \$10,000 or more

POINT BLANK - POINT BLANK A CHAPTER OF SADD

Project description: Point Blank, a chapter of SADD, offered a new presentation titled "Think About It ... Is It Worth the Risk?" – a new campaign presented through SADD and the Law partnership between SADD and the National Highway Traffic Safety Administration (NHTSA). The program provided our group with a way to create visibility, raise awareness and teach the consequential ripple effects of underage drinking to the island's teens, teachers, parents, community members and media. We demonstrated the real-life and legal consequences associated with underage drinking in a skit that introduces the audience to a group of teens who make decisions that will affect their future and the future of their parents, friends and complete strangers. We collaborated with a panel of adult professionals—including a superior court judge, a prosecuting attorney, a law enforcement officer, an EMT, a youth advocate from the domestic violence program, a prevention coordinator, and a probation officer-- to host an open discussion and answer the audiences' questions after the skit.

Contact

Julie Pinardi
jpinardi@orcas.k12.wa.us
(360) 376-1553
715 School Rd.
Eastsound, WA 98245
Project type: General Prevention
Duration: Ongoing
Audience: 201-500
Budget: Less than \$500

**POWER OF PLACE - YOUTHMADE / SEATTLE PARKS AND
RECREATION**

Project description: Seattle Parks POWER OF PLACE Youth Violence Prevention (YVPI) Team works to increase visibility for program participants by empowering a YouthVOICE. YouthVOICE gives purposeful engagement in their communities where they live, work and play, requiring high collaboration and youth leadership. Through activities based on self-actualization and peer mentoring, programs will focus on teaching participants to be productive and engaged young people capable of keeping their community a vital place in the city.

Contact

Jeron Gates
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(206) 255-4051
104 17th Ave S.
Seattle, WA 98144
Project type: Gang/Violence/
Pregnancy/Suicide Prevention
Duration: Ongoing
Audience: 501+
Budget: \$5,001 - \$10,000

PREVENT-A-HOLICS - TOUTLE LAKE HIGH SCHOOL

Project description: Contests for elementary students from first to sixth grade with age-appropriate tasks (drawing, poster, essay) on "What does tobacco use look like to you?" Our project goal is to teach kids that it is NOT cool to use tobacco as well as how unhealthy it is in all ways, making this activity personal to each individual student and hoping the students will understand the effects of their choices to use have on themselves as well as others around them.

Contact

Leann Couch
leann.couch@toutlesd.k12.wa.us
(360) 274-6132 ext.5003
5050 Spirit Lake HWY
Toutle, WA 98649
Project type: Anti-Tobacco
Duration: Ongoing
Audience: 201-500
Budget: Less than \$500

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RAZAS UNIDAS - CENTRAL SEATTLE DRUG FREE COMMUNITIES

Project description: Razas Unidas is coming together as sustainable Latino group, promoting healthy lifestyles and being alcohol, drug, and violence free. They attended the Prevention Summit in Yakima; are using a framework of change to address the issues in our school and community; are identifying problems; are meeting weekly during lunch and are becoming visible in our school and community to take steps using identified strategies to address our goals.

Contact

Randy Beaulieu

rbeaulieu@seattleschools.org

(253) 261-8385

1810 E. Yesler Way
Seattle, WA 98122

Project type: General Prevention

Duration: Ongoing

Audience: 501+

Budget: \$501-\$2000

SAM CLUB - JR. HIGH - POMEROY JR. HIGH SCHOOL

Project description: Field Day designed to bring junior high students together with community adults for a day filled with interactive challenge activities which promote skill development in the areas of team-building, cooperation, communication, and collaboration. Students and adults identify a local issue, brainstorm ways to address the issue, and present their issue & solution to the larger group. Through this program design, students will gain a better sense of the larger community and adults will experience a new perspective working with the adolescents, both gaining a new appreciation and understanding of the community as a whole. As a result of this program, we believe that adults will be stronger advocates for youth prevention programs and youth will be more committed to maintaining clean and sober lifestyles.

Contact

Tina Warren

twarren@co.garfield.wa.us

(509) 843-3412

121 S. 10th St.

Pomeroy, WA 99347

Project type: Alcohol Abuse

Duration: 2-11 months

Audience: 201-501

Budget: Less than \$501

SAM CLUB - SR. HIGH - POMEROY HIGH SCHOOL

Project description: The Spare Change Round-Up was a fund-raising project urging the community to donate spare change at 14 local businesses to give to the Garfield County Fair Board to replace funds raised through the beer garden at the Garfield County Fair. If the Fair Board accepted the money, they would agree not have a beer garden. If they didn't, the SAM Club would keep the dollars raised to be used for leadership projects. The club made presentations before numerous community groups to introduce and promote the project. The placed articles in the local paper and Human Services Newsletter. Garfield County Fair had never had a beer garden until the 2009 Fair when they justified adding it as a means to generate additional funds. This project was designed to 1) replace the roughly \$1100 in funds generated by the beer garden; 2) provide the community an opportunity to show support for eliminating the beer garden; and 3) empower the students to learn about community collaboration and political issues. The successful project generated \$212.50 in the first month, creating a political controversy and forcing the project to be "pulled." The president of the fair board made complaints against the club advisor and the agency where she worked. The advisor was told to stop the project because "the agency could not afford to have their county contracts put in jeopardy" because of the "Spare Change Round-Up." Students learned that while sometimes we will run into obstacles, we must keep working toward our overall goal.

Contact

Dan Lewis

Tina Warren

twarren@co.garfield.wa.us

(509) 843-3412

121 S. 10th St.

Pomeroy, WA 99347

Project type: Alcohol Abuse

Duration: 2-11 months

Audience: 201-501

Budget: Less than \$501



SHELTON SADD CLUB - SHELTON HIGH SCHOOL

Project description: SADD club week raised awareness of students at Shelton High School about the many destructive decisions that are sometimes made by teenagers and gave them the tools to deal with these decisions in a positive way.

Contact

Gerald Apple

geraldappl@yahoo.com

(360) 480-5330

3737 North Spring Road
Shelton, WA 98584

Project type: Alcohol Abuse

Duration: one week

Audience: 501+

Budget: \$501-\$2000

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SKYKOMISH PREVENTION & LEADERSHIP TEAM - SKYKOMISH SCHOOL DISTRICT

Project description: Project Young Mentoring team goes into the K - 3rd grade classes acting as mentors to the younger children in the school. They hope to inspire the younger children of their school to be the best that they can be—clean and sober, to reassure the children there are people who care and will “show up” for them, and to help the children with their schoolwork. They chose this project because there are so many families who abuse drugs and/or alcohol in Skykomish and the other small towns around the area, and the students worry that these children--like them-- do not understand that they can make the choice to not use drugs/alcohol. They also remember how they wanted to be able to talk to someone who could understand what it was like to live in such a household, too. The teacher reports the children not only look forward to seeing the team come in to help them, but believes that it is already making a difference for some of the children. She reported that one young man has told her that he “needs to work especially hard on his school work because it makes Chad proud of him when he tries.”

Contact

Michelle Ollin
Cindi Mack Ernsdorff
beareagle2@msn.com
(425) 485-6541 ext 108
PO Box 325
Skykomish, WA 98288
Project type: Illegal Drug Abuse
Duration: 2-11 months
Audience: one - 50
Budget: No Cost

SKYRIDGE MIDDLE SCHOOL PREVENTION CLUB - SKYRIDGE MIDDLE SCHOOL, CAMAS SCHOOL DISTRICT

Project description: Skyridge Middle School's prevention leaders helped organize, host and support the first PREVENT! 5k Walk/Run for a healthy, thriving Clark County. The awareness event on Saturday, March 20th from 7:30am - 12:00 pm included a community fair with entertainment after the race. designed to build awareness of the prevention efforts in Clark County (primarily PREVENT!, Clark County's Substance Abuse Prevention Coalition). Skyridge Middle School was chosen as the site for the event based on the enthusiasm and support of the Prevention Club. We had 325 registered participants in the Walk/Run, from all over Clark County including adults, students and families. We had approximately 40 volunteers. We had 18 tables conducting outreach to youth and families. We had over 100 youth perform with their families and friends looking on! We had \$2,170 worth of donations in product, door prizes, and donations. All in all, we had over 500 people in attendance at this wonderful celebration of the positive prevention work happening in Clark County. We ended up having a small media caption of the event and made the front page of the ESD112 web page. The prevention club assisted PREVENT! and Community Choices in making this happen.

Contact

Linda Hutchins
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Camas, WA 98607
Project type: General Prevention
Duration: 2-11 months
Audience: 501+
Budget: \$501 - \$2000

STADIUM H.S. YOUTH LEADING CHANGE “YLC” - SAFE STREETS CAMPAIGN, TACOMA

Project description: The Stadium Youth Leading Change team created a public service announcement (PSA) slated to air on Click! Cable TV for one month, showing the effects that abusing prescriptions can have on a teenager's personal and social life. Also we ran a lunch room activity educating the youth about the different side effects of abusing prescription drugs. Our lunch room activity reached out and educated many teens who were not aware that prescription drug abuse was a problem. Our Public Service Announcement had the largest impact of any service project Youth Leading Change has done.

Contact

Sally Bright
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(253) 571-3037
111 North E Street
Tacoma, WA 98403
Project type: Prescription/Over
The Counter Drug Abuse
Duration: Other: Planning and
producing the PSA (1-2
months), then showing
on TV, indefinite
Audience: 501+
Budget: \$2001-\$5000

STASHA PEER EDUCATORS - CLARK COUNTY

Project description: We created and taught a one-hour, interactive workshop to 4th and 5th graders and their high school-aged mentors about the effects of alcohol and how to make healthier choices, including:

- Brainstorming/practicing refusal skills
- Considering healthy alternatives to drinking
- Discussing positive people to talk to about alcohol problems
- Learning about how alcohol effects the body

Contact

Angela McKinney

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P.O. Box 5000
Vancouver, WA 98666
Project type: Alcohol Abuse
Duration: 2-11 months
Audience: 51-200
Budget: Less than \$500

SULTAN EVERY 15 MINUTES - SULTAN HIGH SCHOOL

Project description: Every 15 Minutes someone in the US dies due to alcohol abuse. This program gave the high school a hands-on experience of what that would feel like—including a car crash, visits by the Grim Reaper every 15 minutes, mock deaths and obituaries of fellow “dead” students. The 20 “dead” students were removed from their regular lives for a night so their friends could see what it was like, a student was covered in blood and pulled from the crashed car by real fire personnel—with lights and sirens just like a real crash—families received death notices and the school held a mock memorial the next day. At the conclusion of the assembly, the team challenged the school with a contract between themselves and their parents to help keep them safe when they are unable to drive while intoxicated. The personal impact of this project was shared within classes, and even on Facebook. This was a life-altering experience for many students—much more emotional than expected.

Contact

Rik Morris

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13715 310th Ave. S.E.
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Project type: Alcohol Abuse
Duration: 2-11 months
Audience: 501+
Budget: Less than \$500

TADD - NORTH BEACH HIGH SCHOOL

Project description: Games and other fun activities about tobacco prevention where kids can answer questions and if they get them right, they can play the games for chances to win prizes. Also, we will have information about other drugs and alcohol.

Contact

Jodi Brown

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Ocean Shores, WA 98569
Project type: General Prevention
Duration: on-going
Audience: 201-500
Budget: \$501-\$2000

TMAC (TOGETHER MAKING AWESOME CHANGES) - LEWIS COUNTY SOCIAL SERVICES

Project description: Planned several events to increase the community's awareness about their team and prevention issues as well volunteering to help others in our community with their events. Participated in “The Spread the Word to End the Word” campaign that focused on ending the use of the word “retarded.” They educated individuals on how the word is demeaning to individuals with or without disabilities. They helped to gather more than 300 pledges from individuals who pledged to give up the use of this word. The team also adopted a family for the holidays, and were able to provide them with gifts of clothing and toys for Christmas. Wanting to create a better environment for youth in the community they picked up cigarette butts in one of the city parks and presented information to the city council to seek support for “Thank You for Not Smoking” signs in the children's play area—and the city agreed! Another important activity was honoring local law enforcement by visiting their departments and presenting them with certificates of appreciation. Other projects included volunteering at the Homeless Point In Time Count, a Big Brothers Big Sisters Fund Raising event and Relay for Life. The Law Enforcement agencies that were visited by the team really enjoyed being honored by our youth and local treatment agency. The youth were invited by the lead organizer for Relay for Life to participate in this years event by having a booth and distributing tobacco education materials. This has shown the team that others in the community are starting to be much more aware of what they do. The team has really stepped up to be the future leaders in our community.

Contact

Beatriz Mendez

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Chehalis, WA 98532
Project type: Alcohol Abuse
Duration: Ongoing
Audience: 501+
Budget: \$501 - \$2000

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TOBACCO PREVENTION CLUB - WAHKIAKUM SCHOOL DISTRICT

Project description: Group saw a large jump of tobacco use from middle school to high on our past Healthy Youth Surveys and decided to focus our efforts on the middle school to decrease our tobacco use in high school. Group implemented activities during lunch at the middle school, including contests, information at sporting events and classroom activities to decrease tobacco use while giving students a chance to be leaders in their communities.

Contact

Lisa Frink
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 P.O. Box 398
 Cathlamet, WA 98612
 Project type: Anti-Tobacco
 Duration: 2-11 months
 Audience: 201-500
 Budget: less than \$500

TOGETHER! - THURSTON COUNTY

Project description: Our team is creating an art mural in downtown Olympia with the theme "connected through diversity." The mural will bring together community members, uniting them in appreciating that it is our differences that make us unique and our diversity that makes our community beautiful. The mural will convey the interconnection of the human community, and our world. The mural will be in front of downtown Olympia's artesian well (a community gathering place) and across the street from many bars, nightclubs and music venues. There are multiple target audiences for the project, including the youth planning team, youth and adult volunteer artists, local community members, and Olympia visitors. Prevention is about more than just telling young people not to engage in unhealthy behaviors. To paraphrase Gandhi, the best way to change the world is to lead by example and be the change we wish to see. This mural project reaffirms that all walks of life are welcomed and appreciated, and Olympia is a vibrant and diverse community that values art and fosters peace through understanding.

Contact

Jesse Youckton
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 418 Carpenter Rd SE, Ste 203
 Lacey, WA 98503
 Project type: General Prevention
 Duration: 2-11 months
 Audience: 501+
 Budget: \$501 - \$2000

V.O.I.C.E. YOUTH COALITION - UNITED GENERAL HOSPITAL

Project description: One-day event focused on educating younger youth (3rd-6th grade) about cancer prevention including a mini Relay for Life challenge at Lincoln Elementary School in Mount Vernon. VOICE youth facilitated interactive activity stations around the topics of tobacco prevention, nutrition education, physical activity, and sun safety. Total number of volunteers recruited was 12-15. Projected number of youth to be reached is 200+. Highly replicable (already have 2 schools interested in hosting a mini relay for life event). Good collaboration with local schools and American Cancer Society.

Contact

Lisa Mitchell
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 2000 Hospital Drive
 Sedro-Wolley, WA 98284
 Project type: General Prevention
 Duration: 2-11 Months
 Audience: 201-500
 Budget: Less than \$500



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VASHON YOUTH COUNCIL

Project description: Documentary drama theatre to bring attention to and generate discussion around teen substance use. This two-hour production included on-stage interviews with youth who have used drugs and/or alcohol, youth who have not, school representatives and other adults. Following the production, the cast led conversation cafe discussions in small groups to discuss what was portrayed, concerns about youth substance use, adult contributions to use, community perceptions of use, community norms, and actions to be taken. Held four shows: Vashon High School, McMurray Middle School and two community presentations. Filmed the production for DVD and YouTube and developed a community discussion guide to accompany the DVD. Reached more than 500 individuals, both youth and adults through this production. Of those who completed the evaluation at the public performances (youth and adults), 70 percent indicated they will do something new to handle the pressures on youth to use alcohol and other drugs; 64 percent said they had more information about the risks involved with middle and high school youth using alcohol and other drugs through participation on the Vashon Island Prevention and Intervention team. The team has since held various workshops, classes and presentations on topics including the effects of substance use on the teenage brain, Guiding Good Choices, and the power of parenting and communicating expectations with children. Based on this and other work as a community, Vashon received a Drug-Free Communities grant to support further work around substance use in our community.

Contact

Amy Lea Ezzo

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P.O. Box 143

Vashon, WA 98070

Project type: Other: Drug and Alcohol Use

Duration: 2-11 months

Audience: 201-500

Budget: \$5001-\$10000

WAITSBURG TATU GROUP - WAITSBURG MIDDLE SCHOOL

Project description: Trained 8th graders on tobacco facts will prepare and present the information to all 6th and 7th graders in a health fair format to raise awareness of the danger of tobacco use and prevent youth from starting to use and/or reduce the number of youth who do use tobacco. The 8th graders took on leadership in the school and really learned the material more thoroughly to teach the younger students. The younger students were engaged in the health fair and the messages regarding tobacco ingredients, the impact of tobacco on the body and the deadly cost of tobacco use were communicated in a fun and educational way.

Contact

Rosy Nechodom

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(509) 337-9474

605 Main Street

Waitsburg, WA 99361

Project type: Anti-Tobacco

Duration: One day

Audience: 51-200

Budget: Less than \$500

WARDEN COUGS - WARDEN HIGH SCHOOL /WCC

Project description: Prevention day for middle school students, including several stations exploring the effects of drug use on the body. Activities were interactive and educational leaving a lasting impression on the importance of making healthy choices. Also worked with the Washington Traffic Safety Commission to implement the Click It and Ticket Project at the high school where youth observed teen drivers and passengers to get baseline data on how many students used seat belts. Then the team promoted seat belt use with posters and announcement. Working on the next step which is preparing to hold three ticketing events where youth wearing their seat belts will be rewarded. Team will hold a follow-up observation survey to measure any change in seat belt use.

Contact

Leigh Allison-Ray

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warden.wednet.edu

(509) 349-2311 x1558

101 W. Beck Way

Warden, WA 98857

Project type: General Prevention

Duration: Ongoing

Audience: 201-500

Budget: Less than \$500

**WASHINGTON STATE MUSIC MENTORS -
MUSIC MENTOR ACADEMIES (MMA)**

Project description: Music Mentor Academies (MMA) attracts students to the work of violence and substance abuse prevention by engaging them in the development of youth-to-youth prevention messages through the power of music. The "Music Mentors" format incorporates youth popular culture to involve students in a year-long commitment as addiction prevention peer educators. Youth learn how to write, record and perform their musical messages within their schools and community. Media campaigns are sustainable and designed to reach thousands of youth. Music Mentor Academies (MMA) designed and facilitated the first Washington State Tribal youth addiction prevention academy and the first Yakama Tribal youth Meth prevention academy in 2009--450 Washington youth from 47 public schools have graduated from (MMA) trainings including 200 youth from the following Washington state tribes: Lummi, Swinomish, Tulalip, Muckleshoot, Nooksack, Yakama, Chehalis, Skokomish and Squaxin. WAMM team members have presented their music to more than 9,000 students and educators in their first two years including music keynotes at: The Western Regional Conference on Problem Gambling, the Yakama Nation Youth Meth Summit, The Governors Juvenile Justice Conference, The Four Directions Tribal Problem Gambling Conference and the 4 Directions Tribal Youth Music Academy.

Contact

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(360) 866-7140
Music Mentor Academies (MMA)
120 State Avenue NE #275
Olympia, WA 98501
Project type: General Prevention
Duration: 3 years
Audience: 501+
Budget: \$2001-\$5000

**WHITE SWAN DREAM MAKERS -
WHITE SWAN ARTS & REC. COMM COALITION**

Project description: Community outreach projects: (1) During the Fall Prevention Summit, the Dream Maker Team participated in a Community Service Project at Rod's House homeless youth shelter. They then held a Rod's House Penny Drive in April and donated all proceeds to Rod's House. (2) During Spring Break --AKA Spring Jam--the Dream Makers held a carnival for roughly 200 youth who attended Spring Jam to give them a safe and drug free activity. Activity (3) Teens Against Tobacco Use: 8 members of the Dream Maker Youth Group received their certificates to implement the TATU program in the Mt. Adams School District, reaching approximately and they also held sessions at the Town Hall Meeting. (4) Click-It-or-Ticket: Group worked with Yakama Nation Tribal Police and the Washington State Traffic Commission to hold Click-It-or-Ticket events during Spring Jam including a pre- and post-seat belt usage survey and three Click It Events for the middle school and high school students during April and May.

Contact

Nancy Fiander
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White Swan, WA 98952
Project type: Community
Involvement
Duration: One Month
Audience: 201-500
Budget: Less than \$500

WILSON HIGH SCHOOL YOUTH LEADING CHANGE - PSESD

Project description: The "Youth Leading Change" team at Wilson High School distributed valentine-grams to students to raise awareness about teen dating violence. Their idea came from a personal story one of the members disclosed in a team meeting. The students cut out tons of heart-shaped pieces of paper with "Did you know?" statistics about dating violence.

Contact

Milagros Thompson
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1202 North Orchard
Tacoma, WA 98406
Project type: Dating Violence
Prevention
Duration: One week
Audience: 201-500
Budget: Less than \$500

YAKAMA NATION SPEAK OUT YOUTH GROUP - YAKAMA NATION

Project description: Native youth wrote, directed, produced and presented a PSA reflective of their thoughts towards tobacco abuse on the Yakama Reservation which taught them the productive and story-telling process of making a video; helped them respect the perspectives of Tribal peoples and build positive friendships; and developed the youth's voice and thoughts on a prevention message.

Contact

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401 Buster Rd.
Toppenish, WA 98948
Project type: Anti-Tobacco
Duration: 2-11 months
Audience: 501+
Budget: Less than \$500



IT'S ALL
YOUR
MARK