

Dream. Lead. Achieve.

Spring Youth Forum



Grand Mound, WA
May 9-10
2012

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**Stay Connected:
Team Contact Information**



Dream.Lead

Welcome

Welcome to the 4th Annual Washington Prevention Spring Youth Forum: Dream. Lead. Achieve.

When we launched the Spring Youth Forum four years ago, we imagined an event where we could:

- Recognize and reward students and advisors who worked to make a difference in our schools and communities.
- Give students the learning opportunity to share their projects, compete to be recognized in various categories and receive fun prizes.
- Encourage sustainability by building on the successes of existing student projects, recording lessons learned and other project details, and sharing developing projects with peers.

Over the last several years, the event we imagined has become a reality – and we thank each and every one of you for your help in bringing our dreams to life!

We hope you'll look to this program for helpful tips to assist in navigating the Forum. Inside you'll find:

- A detailed agenda, including room to record notes about the presentations you will be experiencing today.
- Rules for voting on the best youth projects.
- Contact information for the various youth groups to follow up with them after the Forum as you learn new ideas and strategies to employ in your schools.

Thank you so much for your work to educate your peers about the dangers of destructive behaviors. You had a dream, you stepped up to lead and now you're here with us to share your achievements.

You are all an inspiration to us! We are proud to recognize everyone who is participating at this year's Spring Youth Forum.

Have fun and good luck!

Sincerely,

Chris Imhoff, Director
DSHS, Division of Behavioral
Health and Recovery

Rob McKenna,
Washington State
Attorney General

The Washington Prevention Spring Youth Forum is brought to you by the Washington Department of Social and Health Services Division of Behavioral Health and Recovery. It is entirely funded through a grant from the Washington State Attorney General's Office as a result of a consumer protection settlement with a prescription drug company.



SPECIAL THANKS

ADVISORY COMMITTEE MEMBERS:

Lisa Mitchell, *VOICE*
Allison Johnston, *Island County*
Human Services

CONFERENCE STAFFING:

Washington State Attorney General's Office: Sean Fraser, Janelle Guthrie, Sarah Lane, Allie Logue, Scott Peterson, Sophia Reza, Shelley Rohr, and Dan Sytman.

Washington State Division of Behavioral Health and Recovery: Stephanie Atherton, Tina Burrell, Cristal Connelly, Ray Falcatan, Jennifer Hodgeman, Ray Horodowicz, Michael Langer, Sarah Mariani, Victoria Roberts, Ronnie San Nicolas, Deb Schnellman, Raye Shilen, Lyz Speaker, Bill Stahl, Aaron Starks, Ivon Urquilla, and Scott Waller

VOLUNTEERS:

DJ Hammer - *Chehalis Tribe*
Beatriz Mendez - *Lewis County*
Public Health & Social Services
Jonathan San Nicolas - *Student*
Volunteer
Tara Smith - *Lewis County Public*
Health & Social Services
Phillip Wiltzius - *Evergreen Council*
on Problem Gambling

Executive Planning Committee Members:

Cristal Connelly, Washington State Division of Behavioral Health and Recovery (*Forum Co-Chair*)

Janelle Guthrie, Washington State Attorney General's Office (*Forum Co-Chair*)

Ivon Urquilla, Washington State Division of Behavioral Health and Recovery (*Forum Co-Chair*)

Scott Peterson, Washington State Attorney General's Office

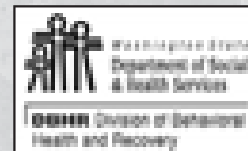
Julie Tieman, Center for the Application of Substance Abuse Technologies (CASAT)

Rori Parker-Douros, Center for the Application of Substance Abuse Technologies (CASAT)

Jennifer Donald, Center for the Application of Substance Abuse Technologies (CASAT)

Sponsoring Agencies

The Washington Prevention Spring Youth Forum is brought to you by the Washington State Attorney General's Office and DSHS Division of Behavioral Health and Recovery. The Washington Attorney General's Office has provided a grant to fund the entire 2012 Prevention Spring Youth Forum in an effort to support the prevention of prescription, over-the-counter and synthetic drug abuse as well as other destructive behaviors such as alcohol and tobacco abuse, suicide or gang activity. These grant funds are entirely generated from court settlements with drug companies for consumer protection violations impacting citizens of Washington state.



Conference logistics, planning and staffing courtesy of CASAT (Center for the Application of Substance Abuse Technologies)

Program design by Scott Peterson, Washington State Attorney General's Office.

Special thank you to our hosts, the Great Wolf Lodge and Conference Center, for their hospitality and accommodations.

In recognition of your efforts over this last year, your team is one of just 42 teams awarded the opportunity to participate in the Annual Spring Youth Forum, including lodging, meals and free water park passes at the Great Wolf Lodge and inclusion in the Spring Youth Forum program—a value of more than \$350 alone!

You will also have the opportunity to compete for additional exciting prizes based on your overall team score, including scholarship assistance to attend the Community Anti-Drug Coalitions of America (CADCA) Leadership Conference—or another approved training—and a prevention team prize pack. We'll also be awarding other prizes in random drawings throughout the day.

Grand Prize

The Grand Prize for the winning youth prevention team presentation is a partial scholarship to the CADCA National Leadership Forum in Washington, DC — or another approved leadership training. Scholarship may not be used to supplant existing budgets and must be used within one year of the Spring Youth Forum.

First Round Winners and Category Winners

Each team selected as a category winner and each team that advances to the final round of youth prevention group presentations will receive a gift basket including a gift card as well as treats and snacks for the ride home.

Drawing Prizes

Each Spring Youth Forum participant, including adult advisors and chaperones, will receive a raffle ticket that can be entered to win random prizes throughout the day.

Please Note

Teams will not be awarded multiple awards. In the event that a team wins in two or more categories they will receive the highest rated award and the award for any other category will go to the team with the next highest eligible score.



2011 Grand Prize Winners
White Swan Dream Makers



First Round

Each team attending the Spring Youth Forum will be assigned to one of seven breakout rooms for the initial round of presentations. Each team will have up to 8 minutes to present information about their project to other youth teams. Teams will vote on presentations immediately following each team presentation.

All teams will be judged on the following criteria:

Innovation

Project is unique, creative and innovative. Application/presentation clearly details innovations, exciting ideas, techniques or activities have been implemented.

Sustainability

Which key elements of substance abuse prevention sustainability have you implemented within your project (e.g., Build Community Support; Develop Capacity; Ensure Effectiveness)? What steps have you taken to keep this project alive when the core group graduates and to make sure that this project can be replicated year-to-year, no matter which group of students is participating.

Impact

Project has broad outreach. Team can demonstrate change occurred as a result of

this project and explain how this project made a difference. How efficient was your project in reaching its intended audience and in providing lasting/enduring and evidence-based outcomes in substance abuse prevention? If influenced by an evidence-based program, which program did your team implement?

Presentation Style & Professionalism

Youth team presentation is prepared, presentation is easy to follow and clearly communicated and the materials, if provided, are easy to read and accurate.

Collaboration and Partnerships

Project describes collaborations/partnerships with other local groups, organizations or agencies that the team developed to increase the impact of their project and/or leverage community partnerships to do more. If no collaborations exist, the team should clearly explain why.

Scoring:

After each presentation, adult judges and youth teams will score the presenting team on the five categories listed to the left.

25 percent

Adult judging on site.

Adult judges not affiliated with any competing youth team will vote in both the preliminary and final rounds of the presentation competition.

50 percent

Team voting on site.

Youth prevention teams will receive one team ballot per team (youth and chaperone) to vote on each presentation in the preliminary and final rounds. **Youth teams will not vote on their own presentations.**

25 percent

The remainder of the team score was awarded based on the **quality and completeness of the team's application.**

Process:

Each youth team will receive one shared scorecard to record their scores for each presentation. Youth will assess each team by category on a scale of 0 to 10 with 0 being “poor” and 10 being “excellent.” **Notes pages are provided on page 12 of this program to assist you in the scoring process.**

Youth teams will not vote on their own presentations.

Scorecards will be collected and compiled after each presentation but voting results will not be revealed until the team winners are announced.

In the case of a tie, winners will be decided by a simple majority vote with each team casting one vote.

Category winners:

Prizes will also be provided to the teams with the highest average scores in each of the five categories:

- innovation
- sustainability
- impact
- presentation style/ professionalism
- collaboration/ partnerships

Category winners will be announced at the Awards Ceremony at the end of the day. Teams must participate **ALL DAY** to win.



Final Round

Winning teams from each of the seven rooms will proceed to the final round of the competition where they will conduct their 8-minute presentation again for all participants in the Spring Youth Forum.

Final round voting will follow the same procedure as the first round.

Scorecards will be collected and compiled after each presentation but voting results will not be revealed to the entire room until the Awards Ceremony. In the case of a tie, winners will be decided by a simple majority vote with each team casting one vote.

The grand prize winner and category winners will be announced at the awards ceremony. All winning teams must participate **ALL DAY** to win.

PRESENTATION SUPPORT:

The following equipment will be provided for presentations:

- LCD projector
- PC laptop computer with DVD capability (we will not have Mac computers available and a VCR will NOT be available)
- Sound capability (for a PowerPoint presentation or DVD/CD)
- Projection screen
- One (1) microphone (may be handheld, standing or lavalier)
- Table for materials
- Conference facility internet (please have a backup plan as Wi-Fi is not always dependable).

Teams will NOT be allowed to use their own laptops, LCD projectors or any of their own AV equipment. AV guidelines and software requirements were made available in advance to the Forum to assist with preparation for your presentation.

Wednesday, May 9

Time	Event	Location
1 pm	Teams may check in with hotel to get water park passes only* <i>(Room check-in begins at 4:00 pm)</i>	Hotel Lobby
4 pm	Hotel room check-in begins	Hotel Lobby
4 – 8 pm	Team check-in & team photos	Northwest Territory Salon C
4 – 9 pm	Team recognition reward: Enjoy the water park!	Hotel/Water Park
8 – 8:30 pm	Chaperone meeting	Fallen Timbers Salon B
11 pm	Hotel curfew	Hotel Rooms

***Please note: Water park passes will be provided by the hotel during hotel check-in. The passes are good on Wednesday and Thursday until 9 pm. Although teams are not able to access hotel rooms until 4 pm, the hotel will provide water park passes starting at 1 pm for those teams that are able to arrive early. All teams will be able to use their passes on Thursday evening.**



Thursday, May 10

Time	Event	Location
7:30 – 8:00 am	Team check-in & team photos <i>(if not already completed on Wednesday)</i>	Conference Center Lobby
7:30 – 8:00 am	Buffet breakfast & door prizes	Chehalis Salon ABC
8:00 – 9:30 am	Welcome and introductions Master of Ceremony: “CZ” Curtis Zackery Welcome: Rob McKenna, <i>Attorney General</i> Instructions: Brittney Henry, <i>Miss Washington</i>	Chehalis Salon ABC
9:30 – 9:45 am	Break	
9:45 – 11:35 am	Prevention team presentations <i>(includes a 10-minute break)</i>	See page 9 for room assignments
11:35 – 12:10 pm	Buffet lunch	Chehalis Salon ABC
12:10 – 1:00 pm	Door prizes, keynote & networking activity “CZ” Curtis Zackery	Chehalis Salon ABC
1:00 – 1:15 pm	Seven team finalists announced Chris Imhoff, <i>Director, DBHR</i>	Chehalis Salon ABC
1:15 – 1:30 pm	Break (finalists prepare for presentations)	
1:30 – 2:15 pm	Prevention team finalists’ presentations	Chehalis Salon ABC
2:15 – 2:40 pm	Break (finalists prepare for presentations)	
2:40 – 3:40 pm	Prevention team finalists’ presentations <i>(cont.)</i>	Chehalis Salon ABC
3:40 – 4:25 pm	Break	Free Time
4:25 – 5:00 pm	Buffet dinner	Chehalis Salon ABC
5:00 – 5:30 pm	Awards ceremony & door prizes	Chehalis Salon ABC
5:30 pm	Spring Youth Forum adjourns	
5:30 – 9:00 pm	Team recognition reward Enjoy the water park or head for home!	Drive Safe!

Schedule of Events



"CZ" Curtis Zackery

Hailing from Jersey, **Curtis Zackery**, seeks to impact culture through the positive messages of hope and inspiration. CZ is a highly effective communicator who grabs the attention of audiences across the country through music and his high-energy speaking style. His experiences growing up in a diverse family fuel his desire for students to understand and embrace their individual uniqueness and use it to strengthen their communities.



Brittney Henry
Miss Washington

Brittney is a native of Washington state and a graduate of California State University Sacramento with her Bachelor of Arts in Intercultural/International Communications and Organizational Communication. As the reigning Miss Washington she travels around the country speaking on her platform "Promoting Higher Education for Low-income Families." She also partners with the Washington Army National Guard's Counter Drug Task force, making visits to schools around the state. Brittney comes from a very musical family and has earned numerous awards for her fiddle playing, including a talent award at the Miss America Pageant. In her free time Brittney loves spending time with her two cats "Emmy" and "Benny", and her golden Retriever "Marcus".

ROOM ASSIGNMENTS

Team Name	Advisor	Room
Above All - Chief Sealth High School	Daniel Lee	Chehalis - D
ADAPT	Paul Barry	Chehalis - D
Darrington Youth Coalition	Marree Perrault	Chehalis - D
Dayton High SHEO Club	Peggy Gutierrez	Chehalis - E
Dayton Jr. High SHEO Club	Brittaney Jacobs	Chehalis - E
EHS SADD Club	Katie Searle	Chehalis - D
Giadrone Middle School - Engage	Nyla Moore-McCreary	Northwest Territory - A
Kalama Prevention Club	Karla Gates	Chehalis - E
KATS (Kids Against Tobacco and Substance Abuse)	Danielle Henry	Fallen Timbers - A
Kelso High School STOP Coalition	Shellee Brassard	Fallen Timbers - A
Kittitas County Youth Team	Crystal Church	Chehalis - D
Lincoln Youth Leading Change	Alissa Farias	Chehalis - F
Longview Anti-Drug Youth Campaigners	Tyler Niemi	Fallen Timbers - A
Maple Valley Youth Council	Kristiane Byers	Chehalis - E
Mt. Tahoma Youth Leading Change	Lisa-Marie McDonald	Fallen Timbers - A
North Beach TADD	Jodi Brown	Chehalis - F
Oakland Bay Junior High School SADD Club	Melody Larson	Chehalis - F
Panthers in Charge	Julie Olsen	Chehalis - F
Point Blank, a Chapter of SADD	Julie Pinardi	Chehalis - F
Pomeroy High School SAM Club	Thea Skalicky	Northwest Territory - A
Port Townsend High School Student Task Force	Barbara Hansen	Northwest Territory - A
Puyallup High School Above the Influence	Sue Krippahanae	Northwest Territory - A
Quincy Youth Action	Maressha Backman	Chehalis - D
Raiders Against Destructive Decisions (RADD)	Annemarie Michaels-Plumpe	Northwest Territory - A
Razas Unidas - Garfield High School	Maria Medina	Northwest Territory - A
Rock Solid	Debbi Fincher	Northwest Territory - B
Shelton High School SADD Club	Gerald Apple	Northwest Territory - B
Skykomish Drug Prevention & Leadership Team	Michelle Olin	Northwest Territory - B
Sno-Valley Youth Council	Laura Smith	Northwest Territory - B
Southeast Asian Young Men's Group	Joseph Mills	Northwest Territory - B
STASHA	Tiffany Schwieterman	Fallen Timbers - A
Teens Against Drugs and Alcohol (TADA)	Mike Graham-Squire	Northwest Territory - C
Teens Against Tobacco Use (Ballard TATU)	Kaetlin Miller	Northwest Territory - C
The Preventors	Rachel Houtman	Northwest Territory - C
Trojan Transformers	Shawna Oeschner	Northwest Territory - C
VOICE (Voicing Our Ideas, Challenging Everyone)	Carol Hawk	Northwest Territory - C
Wahki' Hi Prevention	Linda Hartung	Northwest Territory - C
WAPI	Jennifer Chen	Chehalis - E
Washington High School SADD Team	Carley Cysensky	Chehalis - E
Wenatchee Youth Coalition	Renee Hunter	Fallen Timbers - A
White Swan Dream Makers	Joel Tannehill	Chehalis - F
Youth Empowered with Leadership Strengths (YELS)	Aparna Rae	Northwest Territory - B

	9:55 - 10:10	10:10 - 10:25	10:25 - 10:40
Chehalis Room D	Above All - Chief Sealath High School Make Healthy Lifestyle Choices - Above All	ADAPT Clean Carnival by ADAPT - An Alternative Fun Night Out	Darrington Youth Coalition The Step Up Campaign: Will You?
Chehalis Room E	Kalama Prevention Club Getting Connected	Washington High School SADD Team Positive Community Norms	WAPI Truth Be Told
Chehalis Room F	Lincoln Youth Leading Change Lincoln High School Draw's the Line Between Youth and Alcohol	White Swan Dream Makers Don't Laugh at Me	North Beach TADD (S.O.S) Save Our Streets: One Person can Make a Difference!
Northwest Territory Room A	Pomeroy High School SAM Club Human Trafficking Awareness	Port Townsend High School Student Task Force Most of Us Campaign	Puyallup High School Above the Influence Health and Wellness
Northwest Territory Room B	Rock Solid Rock Solid	Shelton High School SADD Club Hang Up Your Phone When Driving, Your Friends Can Wait	Skykomish Drug Prevention & Leadership Team Connecting Generations: Working Together to Prevent Drug & Alcohol Abuse
Northwest Territory Room C	Teens Against Drugs and Alcohol (TADA) West Seattle Draw the Line	Teens Against Tobacco Use (Ballard TATU) Ballard High School Teens Against Tobacco Use	The Preventors No Name Calling Week
Fallen Timbers Room A	Kelso High School STOP Coalition Kelso Community Pledge	KATS KATS (Kids Against Tobacco and Substance Abuse): Educating our Youth in Fun and Interactive Way!	Wenatchee Youth Coalition Teens with a "Passion for Action" Against Marijuana!

10:50 - 11:05	11:05 - 11:20	11:20 - 11:35
Kittitas County Youth Team Above the Influence in Kittitas County	Quincy Youth Action Youth Feud (Drug Facts) Edition	EHS SADD Club Text. Talk. Ticket.
Dayton High SHEO Club Dayton HS SHEO Prevention Club	Dayton Jr. High SHEO Club Dayton JHS SHEO Prevention Club	Maple Valley Youth Council Gambling Awareness Flash Mob
Oakland Bay Junior High School SADD Club TATU (Teenagers Against Tobacco Use) and Tobacco Prevention Activities	Panthers in Charge Project Save A Life	Point Blank, a Chapter of SADD Links Of Kindness
Giadrone Middle School - Engage Anti-Bullying Project	Raiders Against Destructive Decisions (RADD) Perception Check!	Razas Unidas - Garfield High School Addressing the Issues of Teen Homelessness
Sno-Valley Youth Council Be the Change Leadership Conference	Southeast Asian Young Men's Group The Southeast Asian Men's Group Film Project	Youth Empowered with Leadership Strengths (YELS) Youth Empowered with Leadership Strengths (YELS)
Trojan Transformers Beyond the Norm	VOICE (Voicing Our Ideas, Challenging Everyone) Youth United: Varsity in Volunteerism	Wahki' Hi Prevention Youth Mobilization Campaign
Mt. Tahoma Youth Leading Change Skipping Stomp-Out	Longview Anti-Drug Youth Campaigners Longview Anti-Drug Youth Campaigners	STASHA Prevention is a Party!

First Round Presentation Notes

(Youth teams will receive one scorecard for your team to score each presentation. Please use these pages to take notes to help you in your team vote discussions.)

Please refer to page 4 for presentation and scoring process

Breakout Room:

Team Name:

Poor —————> Excellent

Innovation: Is this presentation creative and innovative? New and exciting?	1 2 3 4 5 6 7 8 9 10
Sustainability: Were key elements of substance abuse prevention sustainability discussed? Can the project be replicated yearly regardless of the group of students participating? Did the group take steps to ensure project sustainability?	1 2 3 4 5 6 7 8 9 10
Impact: Did the team describe the kind of change that occurred as a result of the project? Did the team describe if the project was efficient in reaching the target audience and intended goals? Were evidence-based strategies used and outcomes described?	1 2 3 4 5 6 7 8 9 10
Presentation Style & Professionalism: Was the information clear and concise? Are materials/PPT (if provided), easy to read, understand and accurate?	1 2 3 4 5 6 7 8 9 10
Collaboration & Partnerships: Did the group increase its project impact by collaborating or partnering with other local groups, organizations or agencies? Did the group leverage community partnerships to do more? If not, was a reasonable explanation provided?	1 2 3 4 5 6 7 8 9 10

Total Score:

Strengths:

Weaknesses:

Team Name:

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Final Round Presentation Notes

(Youth teams will receive one scorecard for your team to score each presentation. Please use these pages to take notes to help you in your team vote discussions.)

Please refer to page 4 for presentation and scoring process

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Innovation: Is this presentation creative and innovative? New and exciting?

1 2 3 4 5 6 7 8 9 10

Sustainability: Were key elements of substance abuse prevention sustainability discussed? Can the project be replicated yearly regardless of the group of students participating? Did the group take steps to ensure project sustainability?

1 2 3 4 5 6 7 8 9 10

Impact: Did the team describe the kind of change that occurred as a result of the project? Did the team describe if the project was efficient in reaching the target audience and intended goals? Were evidence-based strategies used and outcomes described?

1 2 3 4 5 6 7 8 9 10

Presentation Style & Professionalism: Was the information clear and concise? Are materials/PPT (if provided), easy to read, understand and accurate?

1 2 3 4 5 6 7 8 9 10

Collaboration & Partnerships: Did the group increase its project impact by collaborating or partnering with other local groups, organizations or agencies? Did the group leverage community partnerships to do more? If not, was a reasonable explanation provided?

1 2 3 4 5 6 7 8 9 10

Total Score:

Strengths:

Weaknesses:

Team Name:

Poor —————> Excellent

Innovation: Is this presentation creative and innovative? New and exciting?

1 2 3 4 5 6 7 8 9 10

Sustainability: Were key elements of substance abuse prevention sustainability discussed? Can the project be replicated yearly regardless of the group of students participating? Did the group take steps to ensure project sustainability?

1 2 3 4 5 6 7 8 9 10

Impact: Did the team describe the kind of change that occurred as a result of the project? Did the team describe if the project was efficient in reaching the target audience and intended goals? Were evidence-based strategies used and outcomes described?

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Collaboration & Partnerships: Did the group increase its project impact by collaborating or partnering with other local groups, organizations or agencies? Did the group leverage community partnerships to do more? If not, was a reasonable explanation provided?

1 2 3 4 5 6 7 8 9 10

Total Score:

Strengths:

Weaknesses:

Team Name:

Poor —————> Excellent

Innovation: Is this presentation creative and innovative? New and exciting?

1 2 3 4 5 6 7 8 9 10

Sustainability: Were key elements of substance abuse prevention sustainability discussed? Can the project be replicated yearly regardless of the group of students participating? Did the group take steps to ensure project sustainability?

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Impact: Did the team describe the kind of change that occurred as a result of the project? Did the team describe if the project was efficient in reaching the target audience and intended goals? Were evidence-based strategies used and outcomes described?

1 2 3 4 5 6 7 8 9 10

Presentation Style & Professionalism: Was the information clear and concise? Are materials/PPT (if provided), easy to read, understand and accurate?

1 2 3 4 5 6 7 8 9 10

Collaboration & Partnerships: Did the group increase its project impact by collaborating or partnering with other local groups, organizations or agencies? Did the group leverage community partnerships to do more? If not, was a reasonable explanation provided?

1 2 3 4 5 6 7 8 9 10

Total Score:

Strengths:

Weaknesses:

Above All - Chief Sealth High School

Partners In Prevention (PIP)
- Center for Human Services
Make Healthy Lifestyle Choices - Above All

Above All is a prevention team at Chief Sealth International High School in West Seattle. Above All team members have joined together to promote making "Healthy Lifestyle Choices." Above All has taken on a general prevention approach for our project because we see many issues affecting our school and community. By "casting a wider net," we feel we can reach the most people with our message. Our team is motivated to promote healthy lifestyle choices and to provide healthy, alternative activities to the school community. Above all has recruited more team members since attending the Prevention Summit last fall and we currently have about 15 members. We have created a Facebook page to use social networking to our advantage by reaching a broader audience, to stay connected to each other with updates and to increase our team members/communication. We hold regular team meetings during club time at school every other week, with school staff support, outside agency staff and Teen Health center support. We have also been selected to receive a Partners in Prevention (PIP) mini-grant for \$550 to help support our efforts of taking on leadership roles, empowering youth with the TRUTH about drugs and alcohol and engaging a broader audience with prevention strategies. Through this project, we will develop more bonding opportunities for our school and community. We are also planning on getting involved in the "Draw the Line" campaign, because we feel it falls in line with our "Healthy Lifestyle Choices" project. Our theme is: "No matter the obstacle big or small, I live my life Above All."

CONTACT

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Project Type: Anti-Tobacco,
Alcohol Abuse, Illegal Drug
Use/Abuse, General Prevention,
Gangs/Violence/Bullying
Duration: One day
Audience: 501+
Budget: \$501-\$2,000

ADAPT

Ballard Teen Health Center
Clean Carnival by ADAPT -
An Alternative Fun Night Out

ADAPT (Active Drug Alcohol Prevention Team) is a group of student leaders who are coming together to spearhead a movement to decrease drug use among teens in Northwest Seattle. They intend to initiate a shift in cultural norms around drug use in their high school and in local middle schools. To launch their efforts to a wider public, they will mount an exciting one night event at Ballard High School to provide information on the dangers of alcohol and drug use while also promoting the benefits of drug-free entertainment. The "Clean Carnival - an alternative night out" will take place in the Ballard High School Commons on May 2nd offering a dynamic night of exciting activities that will provide a fun bonding experience for youth from a variety of local high schools and middle schools. Different booths around the Commons will offer engaging experiences and creative expressions of the risks and dangers of alcohol and drug use among teens. Information will be offered by the teens themselves encouraging frank dialogue about these issues. The Clean Carnival will be offered simultaneously with the first public meeting of the new Northwest Seattle Coalition to Prevent Underage Drinking and Drug Use, which will be taking place that night upstairs in the same building. It is the students' intention to support the efforts of the larger coalition by providing youth input into their wider organizing and prevention activities.

CONTACT

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Seattle, WA 98117
Project Type: Alcohol Abuse,
Illegal Drug Use/Abuse,
Prescription/Over the Counter
Drug Use/Abuse
Duration: Two Weeks
Audience: 51-200
Budget: \$501-\$2,000

Darrington Youth Coalition

Darrington Family Support
and Resource Center
The Step Up Campaign:
Will you?

The Step Up Campaign is an ongoing project that targets alcohol and marijuana abuse and bullying. The campaign kicked off with a radio ad created by the Youth Coalition that focused on the positive aspects of the majority of teens not using drugs and alcohol. The ad was played on KISS 106.1 and KUBE 93.3 throughout the month of December. The next step of the project was providing healthy and safe alternatives for weekend activities. The Youth Coalition voted to offer two Teen "Nites" a month in the school cafeteria and gym, and began in November 2011. Teen "Nite" will go until May, culminating in an End of School Year Bash. The Youth Coalition has partnered with the school district, the Snohomish County Sheriff and the Sauk-Suiattle Indian Tribe to offer these Teen "Nites" to the middle and high school students. The final step in the Step Up Campaign for the year has been to offer a safe alternative for graduation night. The youth have partnered with the school district to offer Senior Safe Night, where seniors have the opportunity to attend something other than the 'kegger' on graduation night. During this time, the youth have also created a PR campaign raising awareness in the community, offering surveys to community leaders regarding drug and alcohol abuse in the community. The coalition also has a poster campaign with a focus on anti-bullying and drug and alcohol abuse. These posters are displayed around town and put up at Teen "Nite."

CONTACT

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Project Type: General
Prevention
Duration: 2-11 months
Audience: 501+
Budget: \$2,001 - \$5,0000

Dayton High SHEO Club

Blue Mountain Counseling
Dayton High School SHEO
Prevention Club

Dayton High School SHEO Club (Students Helping Each Other) is a student led group that promotes healthy and safe behavior within their fellow pupils. At the planning retreat in October 2011, we elected officers, learned prevention skills, and identified three areas of focus: 1) address issues of sexual harassment, 2) bullying issues and 3) alcohol and other drug problems.

- The club organized a Top Dawg Campaign in which a student is recognized every month for academic growth or achievements. This is an ongoing project (the Bulldog is our mascot).
- The club organized a community outreach project in which we will host a town hall meeting titled "Celebrating the Possibilities." Barry Long is scheduled to be a special presenter that night. We will also provide current information on the 2010 Healthy Youth Survey Data that evening and get Draw The Line Hero Cards signed.
- Currently developing a web page with links to positive prevention messages.
- Researched the potential impact of I-1183 and made a presentation to Columbia County Commissioners and Dayton City Council requesting passing of local ordinances which restrict placement of hard liquor in outlets to reduce youth access.
- Currently implementing Project 1 of the Draw the Line Campaign: Law Enforcement and Legislatures draw the line between youth and alcohol.

CONTACT

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Project Type: Alcohol Abuse,
General Prevention, Gangs/
Violence/Bullying
Duration: One Week
Audience: 201-500
Budget: \$501-\$2,000

Dayton Jr. High SHEO Club

Blue Mountain Counseling
Dayton Jr. High School
SHEO Prevention Club

The Jr. High SHEO Club (Students Helping Each Other) is a student-driven, student-led prevention club that focuses on empowering students to promote safe and healthy behaviors within the school and community environments. At their planning retreat in October 2011, they elected officers, including a Jr. High representative to the Coalition for Youth and Families and identified three primary areas of focus for the 2011-2012 school year. Those areas were 1) bullying prevention, 2) partnering with the community to reduce youth access to alcohol and 3) developing a club web page. The club designed commitment cards and held an assembly where 75 students signed the cards pledging to be alcohol, tobacco, and other drug free and to work to stop bullying in the school district. Their bullying prevention project includes partnering with 10 Americorp volunteers in painting three murals on the outside of the school building with pro-respect/anti-bullying messages (to be completed over spring vacation). Their community outreach project includes implementing the retailers draw the line between youth and alcohol. They sponsored a New Year's Eve party to offer a fun evening free from unhealthy behaviors. They are working on a web page with links to positive prevention messages targeting Jr. High Age Groups.

CONTACT

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Project Type: Alcohol Abuse,
General Prevention, Gangs/
Violence/Bullying
Duration: 2-11 Months
Audience: 201-500
Budget: \$501-\$2,000

EHS SADD Club

Elma School District
Text. Talk. Ticket.

The EHS SADD Club focused their project on the dangers of distracted driving. To accomplish this task the students did a variety of different activities. They invited Susie Bradbury from the Target Zero Grays Harbor County Task Force to come in for a Click It and Ticket event in October. Then using their motivation from the FALL YOUTH SUMMIT, students created brochures, banners, commitment posters, and surveys all surrounding distracted driving. The students handed out over 100 brochures to community members and students. The students got signatures on the commitment poster, and were able to get 100 peer participants to take a survey surrounding opinions about distracted driving. Finally, the organization Street Smart was invited to Elma High School to come speak to the entire student body about the dangers of distracted driving. The gentlemen from Street Smart are sponsored by S.A.F.E. (Stay Alive From Education) Foundation. The interactive assembly visually demonstrated all of the dangers that can occur from distracted driving.

CONTACT

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Project Type: Other
Duration: Ongoing
Audience: 201-500
Budget: Less than \$500



Gladrone Middle School - Engage

*Safe Streets
Anti-Bullying Project*

Our project was an Anti-Bullying Campaign that focused on making middle school students aware of the seriousness, danger, and consequences of bullying. Our team presented statistics in a fun and "engaging" manner during a lunchtime skit and afterwards, invited students to sign a pledge that stated they acknowledge bullying behavior is wrong and that they are making a conscious choice to refrain from such behavior. In return each student that signed the pledge received a bracelet in school colors to represent their commitment to the campaign.

CONTACT

Nyla Moore-McCreary

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Tacoma, WA 98402

Project Type: Gangs/Violence/
Bullying

Duration: One Week

Audience: 51-200

Budget: Less than \$500

Kalama Prevention Club

*Kalama MS/HS
Getting Connected*

We asked to have a booth at the annual MS carnival where youth had a game with things that promoted good choices and brochures available for youth and parents. Club members served on the Kalama Safe Communities Coalition and partnered to do the first annual "Kalama KARES (Kalama Annual Reachout and Encourage Students)" event. Dinner and childcare were provided. Guest speakers spoke re: child abuse, detecting and reporting youth drug use, & learning about childhood trauma. We invited local service providers to set up informational booths. The Community was notified via PUD bills, billboards, newspaper and radio.

CONTACT

Karla Gates

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Kalama, WA 98625

Project Type: General
Prevention

Duration: 2-11 Months

Audience: other

Budget: No Cost

KATS (Kids Against Tobacco and Substance Abuse)

*West Seattle High School
(Seattle Public Schools)*

**KATS: Educating our Youth
in Fun and Interactive Ways!**

Our team is the "Kids Against Tobacco Use" and our focus is to get sixth and seventh graders educated on the dangers of tobacco and smoking. Our presentation is conducted by high school students and involves fun activities and games, but also allows students to have an informative and in-depth conversation about the dangers of tobacco/smoking. We targeted this age group because we know that they are most vulnerable to peer pressure and often begin their addiction very young.

CONTACT

Danielle Henry

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3000 California Avenue SW

Seattle, WA 98104

Project Type: Anti-Tobacco

Duration: One Day

Audience: 51-200

Budget: Less than \$500

SAVE THE DATE!

For the 2012 Fall Prevention Summit



November 4-6, 2012 • Yakima, WA

Kelso High School STOP Coalition

*Kelso High School
STOP Coalition
Kelso Community Pledge*

Our group made contact with all of the businesses in the city of Kelso that hold liquor licenses. This included restaurants, bars, convenience stores, and grocery stores. We asked them to sign a community pledge stating that they would comply with all legal obligations in regard to the appropriate sale and consumption of alcoholic beverages. Our group is made up of four high school seniors who did most of the organizing behind the project. We are concerned about underage drinking and access to alcohol in Kelso, so we felt like this project was necessary. Our goals in this project were to unite the community around a positive cause, and to increase awareness among the members of our business community and the community at large. This project took nearly a year to complete and we are very excited to share our successes and outcomes with you. We hope you enjoy our presentation and are able to take it back to your own communities.

CONTACT

Shellee Brassard

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Project Type: Alcohol Abuse,
General Prevention

Duration: Ongoing

Audience: 501+

Budget: \$501 - \$2,000

Kittitas County Youth Team

*Kittitas County
Community Network
Above the Influence in
Kittitas County*

Kittitas County middle and high school students completed the "Tag it" activity developed by the Above the Influence campaign in January 2012. The students spent time together discussing influences in their lives and then designed a poster that said: I AM ABOVE THE INFLUENCE OF The students then carpooled around Ellensburg and took pictures and video of each other "tagging" their influences. Three students then put together a CD music presentation that captured the activity. To date, the CD has been presented during the Kittitas County Community Coalition quarterly meeting and the Ellensburg High School Above the Influence community event. Future events where the CD will be shown is at the annual youth Battle of the Bands, Youth Leadership Academy, and other community events to be determined.

CONTACT

Crystal Church

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Ellensburg, WA 98926

Project Type: Anti-Tobacco,
Alcohol Abuse

Duration: 2-11 Months

Audience: 51-200

Budget: Less than \$500

Lincoln Youth Leading Change

*Safe Streets Campaign
Lincoln High School
Draw's the Line Between
Youth and Alcohol*

Lincoln YLC held a draw the line event to raise awareness against underage drinking. Their event involved speakers affected by alcohol, games designed to illustrate the dangers of underage drinking, and pledges to commit to not using alcohol under age. Lincoln YLC invited underclassmen to the event and asked them to fill out pre- and post- event surveys to evaluate how the event impacted them.

CONTACT

Alissa Farias

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Project Type: Anti-Tobacco,
Alcohol Abuse, Illegal Drug
Use/Abuse, Prescription/Over
the Counter Drug Use/Abuse,
Gangs/Violence/Bullying,
Mental Health Promotion/
Suicide Prevention

Duration: Ongoing

Audience: 201-500

Budget: Less than \$500



Longview Anti-Drug Youth Campaigners

Toutle River Ranch
Longview Anti-Drug
Youth Campaigners

Groups in two middle schools have developed campaigns around the prevention areas of their choice, disseminating information in schools and the community through creative projects. Cascade Middle School is presenting campaigns built around anti-tobacco, alcohol abuse, and bullying. Mt. Solo Middle School is working in their school and the community around alcohol abuse, focusing especially on local businesses.

CONTACT

Tyler Niemi

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PO Box 2052
Longview, WA 98632

Project Type: Anti-Tobacco,
Alcohol Abuse, Gangs/Violence/
Bullying

Duration: 2-11 months

Audience: 501+

Budget: \$501-\$2,000

Maple Valley Youth Council

Greater Maple Valley
Community Center
Gambling Awareness
Flash Mob

To spread the word about problem gambling in the King County area, the Maple Valley Youth Council is going to do multiple flash mobs at both Tahoma Middle Schools and at other sites in King County area. The Maple Valley Youth Council created an original song about program gambling awareness and plans to perform flash mobs that will feature 6 different murals. A flash mob is a group of people organized to meet in a public place for the purpose of doing an unusual or entertaining activity of short duration. As the song covers the topics of gambling addiction, setting and sticking to limits, warning signs of problem gambling, and having a balance the Youth Council and volunteers will dance and rotate the cubes to form the corresponding murals.

CONTACT

Kristiane Byers

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Maple Valley, WA 98038

Project Type: Other

Duration: 2-11 Months

Audience: 501+

Budget: \$2,001-\$5,000

Mt. Tahoma Youth Leading Change

Safe Streets Campaign
Skipping Stomp-Out

When assessing the needs of our school community Mt. Tahoma YLC realized that the culture on campus strongly supports skipping classes to go out to eat, hang out with friends, smoke or drink. Because students who stay in school are more successful in life and less likely to develop issues with drugs/alcohol, Mt. Tahoma YLC decided to host a project raising awareness of this cultural deficiency. They decided the best way to approach this issue was to challenge the social norms on campus. They started an awareness campaign where youth could donate a few cents for a button pin that announces they do not support skipping classes. The club hosted a suggestion box to collect data around why youth on campus choose to skip or choose not to. They are going to use this information in a positive norms campaign to reiterate why youth report that they should stay in class.

CONTACT

Lisa-Marie McDonald

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Tacoma, WA 98402

Project Type: Other

Duration: Ongoing

Audience: 201-500

Budget: Less than \$500



Lead



North Beach TADD

*North Beach High School
(S.O.S) Save Our Streets
One Person can
Make a Difference!*

We are having a town hall meeting to bring together the community to discuss how to reduce underage drinking and drug use in our local community. To motivate parents, grandparents and other adults to talk to the children about not using alcohol before the age of 21 and not to get involved with drugs. As TADD members, our individual students will be presenting themselves to the community with questions concerning how to save our streets, influencing a clear safe path from drugs our alcohol.

CONTACT

Jodi Brown

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PO Box 969

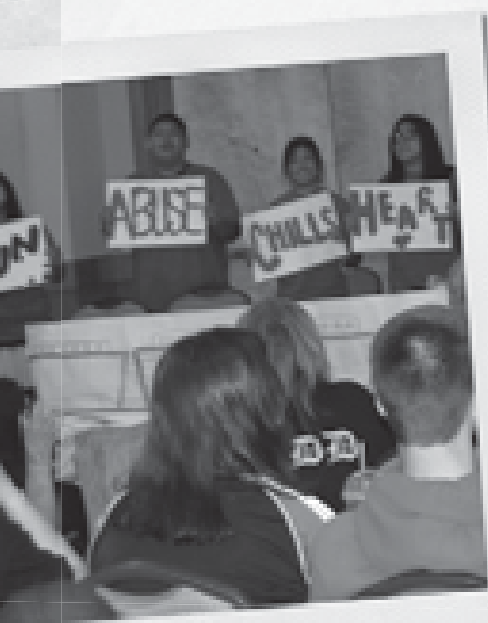
Ocean Shores, WA 98520

Project Type: Alcohol Abuse, Illegal Drug Use/Abuse, Prescription/Over the Counter Drug Use/Abuse

Duration: 2-11 Months

Audience: 51-200

Budget: Less than \$500



Oakland Bay Junior High School SADD Club

*SADD Club
TATU (Teenagers Against
Tobacco Use) and Tobacco
Prevention Activities*

Our 8th and 9th grade SADD club members at Oakland Bay Junior High School have been doing that TATU (Teenagers Against Tobacco Use) program at this school for the past two years. TATU has been a part of the 8th grade health curriculum at OBJH for the past ten years. Plus, we are currently are doing training/presentations at the Pioneer School District middle school and Olympic Middle School in Shelton. This fall our Mason County Health Department and High School SADD club trained over twenty-five students to be TATU presenters. This program is sponsored by the American Lung Association of Washington. We presented to over 300 8th graders last year and 250 8th graders this year so far. The purpose of this program is for the TATU presenters to use their commitment and skills as a tobacco-free teen with younger children and their peers to stay tobacco-free and be an advocate for tobacco control in our community. The students provide many interactive activities for the students to do such as the straw game and the demonstration with the beebees. We emphasize that over 80% of teenagers make the right choice when it comes to not smoking or chewing tobacco. Besides presenting a 60-minute program to each health class, the TATU students organized a Relay for Life team and a Kick Butts day. Last year the students raised over \$3,000 at the Relay for Life event held in Shelton. Plus, they picked up over 5,000 cigarette butts at the Skate Board park and brought in speakers such as Miss Washington to speak on tobacco use.

CONTACT

Melody Larson

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Shelton, WA 98584

Project Type: Anti-Tobacco

Duration: Ongoing

Audience: 501+

Budget: \$2,001-\$5,000

Panthers in Charge

*Madrona K-8
Project Save A Life*

The Panthers In Charge group at Madrona K-8 created a Public Service Announcement to present information to their peers regarding some of the issues that affect middle school students. They wrote, directed, and filmed the PSA that was aimed at helping their peers understand some of the dangers of drug and alcohol use, bullying, gangs, and suicide. The PSA also presented ways to manage some of these issues, such as providing positive alternatives, using coping skills, and accessing resources. The group presented the PSA to fifth, sixth, seventh, and eighth grades classes and followed up with additional interactive activities aimed at educating their peers about these issues.

CONTACT

Julie Olsen

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Seattle, WA 98122

Project Type: Alcohol Abuse, Illegal Drug Use/Abuse, Gangs/Violence/Bullying, Mental Health Promotion/Suicide Prevention

Duration: 2-11 Months

Audience: 51-200

Budget: Less than \$500

Point Blank, a Chapter of SADD

Orcas High School/Orcas Island
Prevention Partnership
Links Of Kindness

"Bullying is when someone repeatedly and on purpose says or does mean or hurtful things to another person who has a hard time defending himself or herself." (Dan Olweus) Point Blank presented a simplistic yet powerful project using the book "Have you filled a bucket today" as our guide. The concept of the book is that everyone carries an invisible bucket that holds our good thoughts and feelings. When your bucket is full, you feel more confident, secure, calm, patient, and friendly. When your bucket is empty, it contains few, if any, positive thoughts or feelings. You become sad, negative, insecure, angry, depressed, stressed, worried or physically ill. An empty bucket can affect your behavior and cause you to express your emotions in a way that empties the buckets of those around you. Bucket dipping happens when you make fun of someone. You say or do unkind things, like refusing to help someone or failing to show respect or being intentionally disrespectful. Our project encouraged students to fill each other's buckets daily. We provided each classroom with colored stripes of paper to write down acts of kindness that they were the recipients of or witnessed.

CONTACT

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Project Type: General
Prevention, Gangs/
Violence/Bullying
Duration: Ongoing
Audience: 201-500
Budget: Less than \$500

Pomeroy High School SAM Club

Pomeroy High School
Human Trafficking Awareness

The SAM club did a week long project providing students with the awareness of Human Trafficking. Our club feels that this is a growing concern in our country and society, with over 17,000 US citizens becoming victims every year. Human trafficking encompasses a wide range of prevention issues, from drugs to prostitution, and it is an issue that has not attracted a lot of media attention. The club provided students with information through assemblies and interactive activities to educate them on the signs of this growing tragedy.

CONTACT

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Pomeroy, WA 99347
Project Type: Other
Duration: One Day
Audience: 51-200
Budget: Less than \$500



Port Townsend High School Student Task Force

Port Townsend High School
Most of Us Campaign

"Port Townsend High School's Student Task Force conducted its annual Spring Most of Us Campaign. Using Social Norming techniques and strategies, the students were able to bring school-wide attention to the fact that most of the students at PTHS are making positive choices in choosing not to use ATOD. Social Norming is an evidence based strategy that move people towards positive decisions by helping them to align their perceived norms with actual norms. Realizing that they are part of the majority reduces social pressures on students to use ATOD.

This year the STF conducted an anonymous school-wide survey asking students about their perceptions of the behavior of their peers and about their own behavior. As predicted the survey showed that the majority of students believed most of their peers were engaged in behaviors such as using alcohol and marijuana. The survey also showed that while they believed this was true of others the majority of students were not engaged in these behaviors themselves. The results of the survey were used as the basis of this year's campaign in which the information was made public and highlighted with posters around the school and lunch time activities.

CONTACT

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Project Type: Anti-Tobacco,
Alcohol Abuse, Illegal Drug
Use/Abuse
Duration: One Week
Audience: 201-500
Budget: Less than \$500

Puyallup High School Above the Influence

Trauma Trust
Health and Wellness

Recognizing that information is the first step in change and building capacity allows for increased participation, our Above the Influence (ATI) team at Puyallup High School partnered with the Health Occupation Students of America class to engage their peers on critical topics that impact teens' health and well-being. Each student chose a topic of interest to include alcohol, tanning beds, smoking or nutrition to name a few. It quickly became clear the interactive lunch-time displays that offered either a piece of candy or rewards were the most popular; alcohol and the black light at the hand washing display were among the most popular. Since educating peers and capacity building were key aspects of the project, the game of Jeopardy seemed an appropriate interactive game for the alcohol display. Students would approach, be engaged, and be given a choice of a 200, 400, 600, or 800 point question. The ATI team member would then ask their peer the alcohol-related question. When responding accurately, the team member would then engage their peer in further discussion or after additional questions with increasing prizes. Many were educated directly by interaction; others were informed via shared information by friends and still others by virtue of proximity to the displays. In all, the displays were available throughout both lunches bringing the total potential impact to over 1500 students. The team's next step in prevention will be skill-building at the annual Town Hall Meeting in April with a specific alcohol prevention focus.

CONTACT

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Project Type: General Prevention
Duration: Ongoing
Audience: 501+
Budget: No Cost

Quincy Youth Action

Readiness to Learn
Columbia Basin Foundation
Youth Feud
(Drug Facts) Edition

Our youth-led community project is a Youth Feud Drug Facts Edition game that begins by collaborating with the Jr. High School teachers to organize their lesson plans surrounding drug and alcohol prevention education. The teachers are provided a pre/post survey to be completed by the students. The content of the Feud game is then tailored to meet the needs of each class and shatter specific myths the students have, based off of their pre-survey answers.

Youth Feud is a game made up of two teams of students who compete to guess the top five answers to questions surrounding myths and facts about drugs and alcohol. Team members are selected from the audience to participate based off of a quick individual question and answer round. One member of each team is chosen to face-off on each topic presented. The team who is able to demonstrate greater knowledge on the majority of categories of alcohol, marijuana, and tobacco wins the game.

After the event, post surveys are completed to evaluate how the students knowledge about drugs has improved. Students then participate in a drug facts poster competition as a class requirement led by their teachers. The posters are then displayed around the school and community. Our group also completes a follow up presentation to parents using the same game-style activities. This time, it's parents competing against each other.

CONTACT

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Project Type: Anti-Tobacco, Alcohol Abuse, Illegal Drug Use/Abuse, Prescription/Over the Counter Drug Use/Abuse, General Prevention
Duration: 2-11 Months
Audience: 201-500
Budget: \$501-\$2,000

Raiders Against Destructive Decisions (RADD)

Nathan Hale High School
Perception Check!

RADD's project this year was to focus on perception: the perception that the community has about Nathan Hale High School, teenagers in general, and the perceptions that students have around marijuana use. We began the year partnering with the North East Prevention Coalition (Prevention WINS) at Children's Hospital by hosting a celebration focused on the fact that our underage drinking rates have dropped by half over a 4-year period. Getting this information out into the community was crucial to our goal as Hale has been known in the past as "The Drug School." Next we presented "DRUGS 101" at a 9th grade parent night showing parents signs/symptoms of drug use and sources of support. After this we met with the districts prevention specialist to review the results from the 2010 Healthy Use Survey. We found that students at Hale believed that there was "no/low risk from regular use of marijuana" at a rate twice that of the rest of the district (44% of 12th graders at Hale vs. 22% of 12th graders in the district.) RADD students took a class on the short/long term effects of marijuana use and began publicizing the information they had learned through 9th grade health and school-wide mentorship classes. We had a Town Hall meeting in order to give statistics on student drug use, encouraging the community to come together to support healthy teens. We plan to end the year with a RADD week of educational activities ending with a carnival (May 25th.)

CONTACT

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Project Type: General Prevention
Duration: Ongoing
Audience: Other
Budget: \$501-\$2,000

Razas Unidas Garfield High School

Center for Human Services
Partners in Prevention (PIP)

Addressing the Issues of Teen Homelessness

We are Razas Unidas, the Latino Club of GHS. This year we are basing our project on homelessness and the effects of participating in educational opportunities. During the Yakima Conference, six members of our group had the privilege of attending a private meeting with the founder of the multifaceted outreach program that addresses homelessness in Yakima. When he showed us the business plan, we realized what a challenge and commitment undertaking this project would be. We were inspired and motivated by his example and wanted to contribute what we could to make a change in the world.

He began showing us the promotional video featuring stories of those whom the center had helped. As he spoke, his words went to our ears and directly into our hearts. What stuck most was his advice for a successful program, to wit, to treat all people with respect and to love them unconditionally. During one point in the meeting we were each asked what our purpose in life was. As we thought about what we wanted to do, we realized that if we wanted to help anyone, we would first have to get an education. With an education, we could make a real difference in our world and reach out to help our community.

Our group leaders discussed the causes of homelessness. For teens that may mean a dysfunctional family, lack of money and/or resources or a tragic event that affects the family. We want students in our schools and communities to succeed in completing their education so that they can contribute their skills to our community.

CONTACT

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Project Type: Anti-Tobacco,
Alcohol Abuse, Illegal Drug Use/
Abuse, General Prevention

Duration: Ongoing

Audience: 501+

Budget: \$501-\$2,000

Rock Solid

San Juan Island
Prevention Coalition
Rock Solid

This idea was a direct result of our time at the WA State Prevention Summit back in October. In fact, it was on the car ride home, as we had many hours to drive, we let our imaginations go and said: "What if?" By dreaming and leading, we are now working on achieving our goals! We wanted to start a new club/group called "Rock Solid." Unfortunately, it's had some bad press by a few students in a recent past who got caught using drugs. We want to change the "norm" of our middle and high school students. It's cool to be drug-free. It's smart to wear helmets when biking or on a scooter. It's not okay to text and drive or drink and drive. It's a new year and a good time for making positive change! We also learned at the Summit, change starts one person at a time! When we returned to school, we were given a huge opportunity to jump start this project by presenting our findings for the Summit with our student body and teachers. In addition to our new-found skills and confidence, we created a slide show with specific questions we wanted to ask our classmates. Using the Healthy Youth Survey results, we took questions asked at our local public schools and posed them at our private, independent school, Spring Street International. Immediately, our answers were up on the screen and we could compare them to others in the county! We noticed we all have similar challenges and wanted to do something about these issues, so we started Rock Solid!

CONTACT

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Project Type: Anti-Tobacco,
Alcohol Abuse, Illegal Drug
Use/Abuse, Prescription/Over
the Counter Drug Use/Abuse,
General Prevention, Gangs/
Violence/Bullying, Pregnancy/
Teen parenting, Mental Health
Promotion/Suicide Prevention

Duration: 2-11 Months

Audience: 51-200

Budget: \$501-\$2,000

Shelton High School SADD Club

SADD
Hang Up Your Phone
When Driving,
Your Friends Can Wait

The Shelton High School SADD Club developed a DVD on "Texting and Driving" one year ago. There are four parts to this DVD. In the first part of the DVD, a student tells the listeners about the Washington state cell phone law and why people should not text and drive. The second part is a mock car crash, the third part is an interview with a county coroner and fourth part is a presentation made by Carri Fennel who was texting and driving and hurt her neighbor seriously who was walking along the shoulder of the road. This video has been shown to over three hundred public and commercial school driver education programs in the state of Washington, shown at many school assemblies, several Traffic Safety Education Conferences, and at many meetings such as a law enforcement meeting held several weeks ago at the Little Creek Casino.

CONTACT

Gerald Apple

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Shelton, WA 98584

Project Type: General
Prevention

Duration: Ongoing

Audience: 501+

Budget: \$5,001 - \$10,000



Skykomish Drug Prevention & Leadership Team

Skykomish School District & Northshore Youth & Family
Connecting Generations: Working Together to Prevent Drug & Alcohol Abuse

Our team imagined that if we could "Connect the Generations" in order to work together as One Power, ONE Soul, and ONE community, we could use a united and combined generational wisdom to fight drug, alcohol, and tobacco use. Our goal was to establish a safer, more productive and drug-free environment for all generations and for those generations still yet to come. We did create this "Village approach" to drug prevention, and we are ready to share it with all of you so you can do it in your community as well!

CONTACT

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Project Type: Anti-Tobacco, Alcohol Abuse, Illegal Drug Use/Abuse
Duration: 2-11 Months
Audience: 51-200
Budget: No Cost

Sno-Valley Youth Council

Snoqualmie Valley Community Network
Be the Change Leadership Conference

The Be the Change Leadership Conference is a one-day prevention event, conceptualized and planned by teens in the Snoqualmie Valley. This year's event was hosted by Nigel Wrangham, a prevention specialist who also works with the community anti-drug coalition of America. Nigel, along with the youth council, engaged teens in a friendly, fun, though provoking day. The day is divided into opportunities for large group discussion and activities as well as breakout sessions where teens learned more about the topics they were most interested in. This year's topics included: alcohol and substance abuse, alcohol and its effects on the teen brain, stress management, healthy relationships, diversity and respect, suicide prevention, and much more. At the end of the day, the group reconvenes to reflect upon what they have learned and to make a plan for sharing their knowledge with others.

CONTACT

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Project Type: Anti-Tobacco, Alcohol Abuse, Illegal Drug Use/Abuse, Prescription/Over the Counter Drug Use/Abuse, General Prevention, Gangs/Violence/Bullying, Mental Health Promotion/Suicide Prevention
Duration: 2-11 Months
Audience: 51-200
Budget: \$2,001-\$5,000



Southeast Asian Young Men's Group

Asian Counseling and Referral Service
The Southeast Asian Men's Group Film Project

The Southeast Asian Men's Film Project is offered by Asian Counseling and Referral Service (ACRS) in Seattle. This program serves Southeast Asian high school-aged boys primarily from refugee families (Cambodian, Cham, Hmong, Lao, Khmu, Mien, and Vietnamese), and works to connect the youth to their families, culture, school, and community through the medium of filmmaking. Currently, eight youth are enrolled in the film project, and they meet weekly to learn about documentary filmmaking and to produce their own films. This includes identifying topics, planning a project, filming and editing their movie. ACRS has operated this project since 2007, and past films cover topics such as alcohol dependency, teenage gambling, youth gang violence, bicultural identity, and the model minority myth. After the projects are completed, the participants have the opportunity to screen their films at ACRS, local area high schools, community colleges, and community and cultural events. This year, the film project participants are producing two documentary short films. One of the films follows a young man as he decides to quit using marijuana. This film details his experience by exploring the challenges, consequences, and benefits he encounters through this process. The second film explores Mien culture and identity by examining cultural traditions/values through interviews with parents and community leaders.

CONTACT

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Project Type: Alcohol Abuse, Illegal Drug Use/Abuse, General Prevention, Gangs/Violence/Bullying, Other
Duration: Ongoing
Audience: 501+
Budget: \$2,001 - \$5,000

STASHA

Clark County
Prevention is a Party!

The 2nd Annual Digital Storytelling Showcase will be held at Clark College on April 20, 2012. This event is made possible by Clark County Department of Community Services employees Anna Lookingbill (Resource Coordinator - Juvenile Recovery Court) and Tiffany Schwieterman (Prevention Specialist & STASHA Coordinator). The Digital Storytelling Showcase highlights short, narrated films created by youth and is intended to be an annual event. 4/20 was selected as the date because it is a day that is associated with marijuana use. In Clark County, we want 4/20 to be associated with highlighting the amazing and creative work done by the youth in our community. STASHA decided to start the tradition of an annual 4/20 after-party to promote pre-social behavior and community connectedness! The theme of our after party is: Prevention is a Party! It will immediately follow the Digital Storytelling Showcase at Marshall Community Center (across the street from Clark College). The party will be open to all Clark County middle and high school students. Activities include the following: a dance with a live DJ, swimming, basketball, video games, table games, and fun areas to hang out. There will be giveaways, an educational component with prizes, food, and social norm messages posted around the venue. Information will be displayed about opportunities in the community for future pro-social recreation. A youth feedback wall will be provided for evaluation of the event.

CONTACT

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Project Type: Anti-Tobacco, Alcohol Abuse, Illegal Drug Use/Abuse, Prescription/Over the Counter Drug Use/Abuse

Duration: Ongoing

Audience: 201-500

Budget: Less than \$500

Teens Against Drugs and Alcohol (TADA)

Neighborhood House -
Project HANDLE
West Seattle Draw the Line

Teens Against Drugs and Alcohol (TADA) participated in Let's Draw the Line campaign during the past year and a half in a variety of ways including; surveying alcohol advertising in West Seattle and reporting violators to the Liquor Control Board, giving "Good Neighbor" awards to businesses that do not advertise for alcohol, creating "Let's Draw the Line" wristbands and distributing them in the community and schools, and organizing a community forum in West Seattle for 90 parents and youth about preventing underage drinking. This year we repeated our alcohol advertising survey and talked to more store owners about removing alcohol advertisements. Three stores that we talked to that had too many ads took down some ads so that they were in compliance with 4 ad rule. Right now we are planning for another Town Hall meeting and will present a video we made to our community about "Why we are drug and alcohol free." We are also working on a new skit for the audience about peer pressure and what kids can do to resist drugs and alcohol, that we can present at the conference.

CONTACT

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Seattle, WA 98104

Project Type: Alcohol Abuse, Illegal Drug Use/Abuse

Duration: Ongoing

Audience: 501+

Budget: \$501 - \$2,000

Teens Against Tobacco Use (Ballard TATU)

Ballard Teen Health Center
(Ballard High School/
Swedish Medical Center)
Ballard High School Teens
Against Tobacco Use

Ballard High School's Teens Against Tobacco Use (TATU) program has designed a series of projects that outreach to the BHS community to foster an anti-tobacco use environment in and around the school. From social events to awareness activities, TATU members are forging relationships with other BHS school groups, their peers and teachers, as well as younger students at nearby schools. Using language and tangible examples that speak to younger adults, TATU provides a reliable stream of information about the harms of tobacco use in an engaging and accessible way.

CONTACT

Kaetlin Miller

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Seattle, WA 98122

Project Type: Anti-Tobacco

Duration: 2-11 Months

Audience: 501+

Budget: \$501 - \$2,000



The Preventors

Center For Human Services/
Kenmore Junior High School
No Name Calling Week

The Preventors of KJH implemented a No Name Calling Week campaign. The week before No Name Calling Week, the team secretly put up posters and flyers all over school with sayings like "NNCW is coming!" The whole school was talking about it! The first day of NNCW, the Preventors stood outside giving away candy and holding up posters explaining what NNCW was. Throughout the week the Preventors held different activities to get people excited about NNCW and talking about the bullying that actually happens at school. Some of the activities were a NNCW spirit contest, a treasure hunt, handing out random act of kindness cards, and reading facts over the morning announcements. The Preventors made posters with pictures of themselves and different sayings, such as "Who defines normal?" "Words can hurt," and "Respect me for who I am." The last day of NNCW the Preventors held a lunch room event where students got the chance to build a bully chain. Students were asked to sign their name on a strip of paper if they have ever been bullied and the team connected the strips of paper to make a giant chain, showing just how many people are actually effected by bullying at school. We handed out bracelets that said "It gets better 1-866-TEENLINK," and had over 300 students take a pledge to stand up against bullying. The Preventor's efforts made King5 news!

CONTACT

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Project Type: Gangs/
Violence/Bulling, Mental
Health Promotion/Suicide
Prevention

Duration: One Day

Audience: 501+

Budget: Less than \$500

Trojan Transformers

Pe Ell School District
Beyond the Norm

The Trojan Transformers adult supervisors attended the prevention summit in Yakima this past fall and really learned a great deal about social norms and how communities who have implemented positive social norms campaigns have made strides towards creating more educated and involved youth in their communities. After meeting the students decided that the focus should be on underage drinking prevention as is has greatly impacted our community. We realized that we would need to work with other agencies in our community and have made successful connections with our town marshal, the sheriff's department, public health and social services, and local businesses. We began a guerilla style poster campaign within the school and are doing outreach in the local community as well as at 3 other high schools. At our school we looked at the 2010 Healthy Youth Survey and created a pre and post survey so we were able to track the impact of the positive social norms poster campaign. We also began a mentoring program where team members met with junior high students on a bi-monthly basis to talk about strategies around not succumbing to peer pressure to drink. Other projects included volunteering with Special Olympics, Big Brothers and Sisters and community clean up.

CONTACT

Shawna Oeschner

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Pe Ell, WA 98572

Project Type: Alcohol Abuse

Duration: One Week

Audience: 201-500

Budget: Less than \$500

VOICE (Voicing Our Ideas. Challenging Everyone)

United General Hospital/
Community Health
Outreach Programs
**Youth United:
Varsity in Volunteerism**

According to the 2010 Skagit County Healthy Youth Survey (HYS) and focus group data for Sedro-Woolley Youth, 8th-12th grade youth don't feel connected to their community and weren't being recognized by their teachers or parents for their contributions. Research shows youth participation in and recognition for community pro-social activities can decrease the likelihood of teen substance abuse, delinquency, violence and school dropout. (Hawkins and Catalano) Youth United: Varsity in Volunteerism (VIV) is an innovative pilot project that is being implemented at Sedro-Woolley High School from February-May 2012 in which youth earn a varsity pin for volunteering a minimum of 100 hours in the community. The goal of the VIV project is to recognize and reward students for their volunteer efforts in the community as well as to provide workforce skills development trainings.

CONTACT

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Project Type: Anti-Tobacco,
Alcohol Abuse, Illegal
Drug Use/Abuse, General
Prevention, Gangs/Violence/
Bullying, Pregnancy/Teen
Parenting, Mental Health
Promotion/Suicide Prevention,
Other

Duration: Ongoing

Audience: 501+

Budget: \$5,001 - \$10,000

Wahki' Mi Prevention

Wahkiakum County
Health & Human Services
**Youth Mobilization Campaign
(Transition program
incorporating leadership skills
and empowerment attitudes)**

It is a program in which we take the entire eighth grade class each year to Cispus Learning Center south of Randle, Washington for three days. During these three days, youth lead workshops on topics such as drugs, alcohol, dating, violence, stress management, youth adult partnerships, media literacy and other topics to help the 8th graders as they get to high school. The environment at Cispus is very laid back. It gives participants a chance to bond with their classmates in a environment outside of school, as well as to learn about high school from older teens so they have a picture of what to expect the following school year. One of our main focuses is preventing substance abuse by decreasing risk factors and increasing protective factors.

CONTACT

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Project Type: Anti-Tobacco,
Alcohol Abuse, Illegal Drug
Use/Abuse, General Prevention,
Mental Health Promotion/
Suicide Prevention

Duration: 2-11 Months

Audience: 51-200

Budget: \$5,001 - \$10,000

WAPI

WAPI Community Services
Truth Be Told

In reaction to violence in their community, the WAPI Youth Leadership Council organized the first Truth Be Told, a youth open mic providing a safe creative outlet for people to express their experiences. The event, held at WAPI, included rapping, singing, dancing, visual art, poetry, and a video with interviews about people's experiences around violence. The youth organizers also provided food, hand-painted T-shirts, and buttons for the night. Truth Be Told then turned into an event series, each highlighting different issue that were relevant to the youth organizing them including substance abuse, youth's survival and a need for uncensored voices. Each event had 50 to 100 plus attendees consisting of youth of color and adult allies from the surrounding community in WAPI's new neighborhood. Attendees left with a new awareness of important issues in the community and a safe space to share their personal experiences providing an alternative to unhealthy coping mechanisms.

CONTACT

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Project Type: Anti-Tobacco,
Alcohol Abuse, Illegal Drug
Use/Abuse, General Prevention,
Gangs/Violence/Bullying, Mental
Health promotion/Suicide
Prevention

Duration: Ongoing

Audience: 201-500

Budget: \$501-\$2,000

Washington High School SADD Team

Franklin Pierce YOUTH FIRST!
Positive Community Norms

The Franklin Pierce YOUTH FIRST! Positive Community Norms Campaign started in 2010 to address mis-perceptions of social norms around youth alcohol use. We used the 2008 Healthy Youth Survey and the 2010 Youth Voice Survey as the baseline. We saw a big difference in perception of use and actual use. Actual use was 32% in a typical month while students thought 90% of other students were drinking. This is a 58% difference. Accurate perceptions increase healthy behavior. The team set out to create an environment consistently communicating the truth about norms and what students are doing. Our campaign uses a variety of communication methods and media to reach students and community. In 2011, we started with banners in the schools using messages and designs we created. The messages focused on stating the facts that most students don't drink and most think it is wrong for someone their age to drink! This got students talking and in 2011-2012, we are continuing to expand using various ways to reach students in schools and the communities. Our efforts include banners, billboards, marketing materials and giveaways, newsletters, assemblies, an outdoor mural, and the addition of a SADD corner on our school's web site, to name a few. We continue to look forward and develop our on-going plan. This includes a plan to gather baseline data on sources of alcohol for youth in our community. Our goal is to change the norms about providing alcohol to youth as we continue to address perceptions about youth use.

CONTACT

Carley Cysensky

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Project Type: Alcohol Abuse

Duration: 2-11 Months

Audience: 501+

Budget: \$5,001 - \$10,000

Wenatchee Youth Coalition

TOGETHER for
Drug Free Youth
Teens with a "Passion for
Action" Against Marijuana!

Teens with a "Passion for Action" against marijuana! Our hope is to prevent and stop marijuana use in our school and community by using creative strategies to accomplish this goal. We will be promoting anti-marijuana messages on "4/20" using our high school coffee shop to further spread the word. In our community, our messages will be heard through PSAs in English and Spanish and the popular Washington State Apple Blossom Festival.

CONTACT

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Project Type: Illegal Drug Use/Abuse
Duration: One Year
Audience: 501+
Budget: \$501 - \$2,000



White Swan Dream Makers

White Swan Arts & Recreation
Community Coalition
Don't Laugh at Me

The White Swan Dream Makers continue to work on suicide prevention by utilizing the SAMHSA center for Mental Health Services Program, "To Live to See the Great Day that Dawns." Through the recommended Strategic Prevention Framework, the Dream Makers did a data assessment of suicide risk factors and discovered that the data pointed to a high rate of harassment and bullying occurring in the middle school and high school. With this information, the Dream Makers continued to provide information on suicide risk identification and referral but added a project called, "Are you a bully?" to the list of suicide prevention strategies. This project required implementation of: universal strategies targeted to our student population and community regarding the new state and school district harassment/bullying laws; selective strategies such as assemblies and surveys to address our elementary, middle, and high school students; and indicated strategies to address the students who were identified as high risk for bullying. The strategies included: development of educational materials (for students, staff, and community members in English and Spanish), student assemblies, and classroom presentations.

CONTACT

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Duration: 2-11 Months
Audience: 501+
Budget: \$2,001-\$5,000

Youth Empowered with Leadership Strengths (YELS)

Neighborhood House -
High Point Center
Youth Empowered
with Leadership
Strengths (YELS)

The Youth Empowered with Leadership Strengths (YELS) program at the High Point Neighborhood House Center is working on a video about the danger of second-hand smoke and we are working to inform the residents of our community about a new law that people are not allowed to smoke in their home if they live in a Seattle Housing Authority house or apartment. We will inform our neighbors using flyers, door-to-door outreach and by showing our video to the community and having tables at community events.

CONTACT

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Duration: One Day
Audience: 501+
Budget: \$501 - \$2,000





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