

2016 Washington State

SPRING YOUTH FORUM

Together Towards Tomorrow



Together Towards Tomorrow

May 19, 2016

Grand Mound, WA

www.springyouthforum.org

Team Room Assignments

Team Name	Advisor	Room
Above the Influence #Bay	Susan Peng-Cowan	NW Territory A
B.A.D.D. Club	Jill Moomaw	NW Territory A
Cispus Leadership	Ginger Hake	Chehalis D
Concrete Prevention Posse	Chris Kennedy	Chehalis F
Cowlitz County Prevention Squad	Theresa Misner	NW Territory A
Darrington Youth Coalition	Janine Cabe	Chehalis E
Dayton High School SHEO	Jennifer Price	NW Territory A
Eckstein Coalition	Christine Sogn	NW Territory B
Forks Jr. High Prevention Club	Michael Aceves	Chehalis D
Garfield Bulldogs	Danielle Bock	NW Territory A
Girls With Voices	Christine Milton	NW Territory B
Grizzly Prevention Squad	Izzy Chavez	Chehalis E
Harrah Dream Makers	Nancy Fiander	NW Territory B
Helping Out Teen Society Jr.	Joyce Wells	NW Territory C
John C Thomas Middle School Prevention Club	Karla Gates	Chehalis D
Kittitas County Youth Coalition	Cathie Songer	Chehalis E
Klickitat Teens Against Drugs and Alcohol (TADAA!)	Jeffrey Wolfanger	Chehalis E
Lyle TADAA!	Rita Pinchot	Chehalis F
Monroe Youth Coalition	Joe Neigel	NW Territory C
Morton Prevention Squad	Joseph Kiehn	Chehalis E
NextGeneration	Julie Pinardi	NW Territory C
North Beach High School TADD	Jodi Brown	Fallen Timbers A
North County CARES	Renee Schuller	Chehalis D
Oakland Bay Junior High School SADD Club	Gerald Apple	NW Territory C
Panthers In Charge	Julie Olsen	Chehalis F
Prosser MCIA Coalition	Jennifer Dorsett	Chehalis F
Shelton HS SADD Club	Patty Darch	Fallen Timbers A
Southeast Asian Young Men's Group	Joseph Mills	NW Territory B
STASHA Peer Educators	Tiffany Schwieterman	NW Territory B
Stevenson High School Stand Up 4 Teens Prevention Club	Susie Strom	Chehalis F
Team Ambassadors of Lakeview Achieving Success	Julissa Crow	Fallen Timbers A
Toutle Lake Prevention Team	LeAnn Couch	NW Territory C
UNITE! Washougal	Ann Stevens	Chehalis D
Voices of Youth	Bridgette Perrigoue	NW Territory A
White Swan Dream Makers	Darlene Lamb	NW Territory B
YODA (Youth Opposed to Drug Abuse)	Pat Castillo	Fallen Timbers A
Youth Against Bullying And Drugs Coalition (YABAD)	Montique Artiga	Fallen Timbers A

Competition Overview

In recognition of your efforts over this last year, your team is one of just 37 teams awarded the opportunity to participate in the Washington State Spring Youth Forum, including education sessions, keynote, lodging, meals, free water park passes at the Great Wolf Water Park, as well as inclusion in the Spring Youth Forum program - a value of more than \$600 per team member alone!

You will have the opportunity to compete for awards, including scholarship assistance to attend the National Prevention Network Conference (NPN), the Community Anti-Drug Coalitions of America (CADCA) Leadership Conference - or another approved team leadership training.

First Round

Each team attending the Spring Youth Forum will be assigned to one of seven breakout rooms for the initial round of presentations. Each team will have up to 8 minutes to present information about their project to other youth teams. Teams will vote on presentations immediately following each team presentation.

Grand Prize

The Grand Prize for the winning youth prevention team presentation includes scholarship assistance to attend the CADCA Leadership Forum in 2017, or another approved leadership conference.

Category Winners

Awards will also be provided to the teams with the highest average scores in each of the five categories:

- Innovation
- Sustainability
- Impact
- Presentation Style and Professionalism
- Collaboration and Partnerships

Category winners will be announced at the awards ceremony at the end of the day. Teams must participate ALL DAY to win.

Please Note:

Teams will not be awarded multiple awards. In the event that a team wins in two or more categories they will receive the highest rated award and the award for any other category will go to the team with the next highest eligible score.



Voting & Categories

Voting

Adult judges and youth teams will score the presenting team. Teams will be scored in the first rounds and the final round in the same way. Instructions and scorecards will be provided. The percentages of scoring are as follows:

25 percent (25%) - Adult judging on-site.

Adult judges not affiliated with any competing youth team will vote in both the preliminary and final rounds of the presentation competition.

50 percent (50%) - Team voting on-site.

Youth prevention teams will receive one team ballot per team (youth and chaperone) to vote on each presentation in the preliminary and final rounds. Youth teams will not vote on their own presentations.

25 percent (25%) - Application in advance.

The remainder of the team score was awarded based on the quality and completeness of the team's application.

Categories

All teams will be judged on the following criteria:

Innovation

Project is unique, creative and innovative. Presentation clearly details what new and exciting ideas, techniques or activities have been implemented.

Sustainability

Project includes steps the Youth Team has taken to keep this project sustained when the core group graduates. How does the team make sure that this can be replicated year-to-year no matter which group of students is participating?

Impact

Project has broad outreach. Team can demonstrate the impact that occurred as a result of this project. Did the team use an evidence-based prevention program or approach?

Presentation Style and Professionalism

Youth Team presentation is easy to follow and clearly communicated.

Collaboration and Partnerships

Youth Team describes collaborations/partnerships with other local groups, organizations or agencies that the team developed to increase the impact of this project.

Master of Ceremonies & Speaker



Hoan Do

Keynote Speaker and Master of Ceremonies

Hoan Do is a student success coach, author, and competitor in NBC's hit show, *American Ninja Warrior*.

From an early age, Hoan understood the sacrifices his parents had made in their escape to the United States during the Vietnam War. Feeling indebted to his parents for their courageous pursuit of a better life, Hoan vowed to ensure that one day, he would be able to take care of his parents. Hoan's hard work took him to Malibu, California, where he attended Pepperdine University.

Recognized as the best youth mentor by the International Examiner, Hoan travels across North America speaking at colleges, high schools, and student leadership conferences where he shares practical advice that helps students to succeed in and out of school. Hoan's engaging style and ability to share important life lessons in a way that resonates with his audiences has earned him the Verizon Wireless Motivator Award.

Notes & what session do I want to attend?

Youth Development Sessions

May 19, 2016 | 3:30 - 4:20 pm

Alcohol

Using Your Voice to Change Adult Behavior

Room: Northwest Territory A

Mary Segawa, Public Health Education Liaison, Washington State Liquor and Cannabis Board

Dan Coon, Traffic Safety Programs Manager, AAA Washington

We talk a lot about parents talking to their kids about not using alcohol. Is it time for kids to have a conversation with adults? When we listen closely to what adults are saying and watch what they are doing, what are the mixed messages they are giving? How do we help adults understand these mixed messages and that what they do and say matters? Let's explore this together, work on ways to influence the adults in our communities, and change the environment.

Marijuana

Listen 2 YourSelfie: Remember What's Important, Forget Marijuana!

Room: Northwest Territory B

Cristal Connelly, Marijuana Prevention Education Coordinator, Washington State Department of Health

Kristen Pettet, Marijuana Media and Priority Population Consultant, Washington State Department of Health

The selfie is evolving. Instead of a way to keep your friends and family posted on your fabulous life, it can also be a way for you to remind yourself about what's important. Things like hanging with your friends, school, sports and pursuing your passions. Let's be honest, between school, homework, friends, extra-curriculars, and living life, couldn't you use a few reminders from yourself now and then? This workshop will help you to identify how marijuana could get in the way life and to "REMEMBER WHAT'S IMPORTANT & FORGET MARIJUANA"

Mental Health

Stomp the Stigma

Room: Northwest Territory C

Gregory C. Endler, MA, Behavioral Health Resources, Director of Children, Youth, and Family Services

Lorin Gehring, CPC BFG, Youth 'N Action, Director

A jazzed packed interpretive dance performance to highlight the need for systematic changes in the perception of Mental Health and Neurological Diversity in the modern era....Kidding! We can't dance! We do promise to make this a fun and interactive workshop about mental health, stigma and how you can affect change one person at a time.

Youth Development Sessions

May 19, 2016 | 3:30 - 4:20 pm (continued)

RX

Pain Pills Today. Heroin Tomorrow?

Room: Chehalis D

Susan Kingston, Coordinator, Center for Opioid Safety Education, University of Washington

Are pain pills the new gateway drug? The answer might surprise you! We'll look at local data on prescription opioid use among youth and what research reveals about how youth transition (or not) to heroin. Then the fun part - what to do about it. If you're looking to share or steal ideas - join our collective smarts "learning lab!"

Tobacco

E-cigarettes and Vaping

Room: Chehalis E

Jessica Alvestad, Tacoma Pierce County Health Department

Flavors and gadgets galore! What is it? Candy? Tobacco? Learn more about e-cigs and vaping and the risks when using these products. Alternative tobacco products are perceived to be less harmful among youth than cigarettes. Tobacco companies spend billions of dollars advertising new tobacco products targeting youth. There's so many new and enticing products trying to lure "replacement smokers" each day, don't be one of them as these products can negativity impact your life!

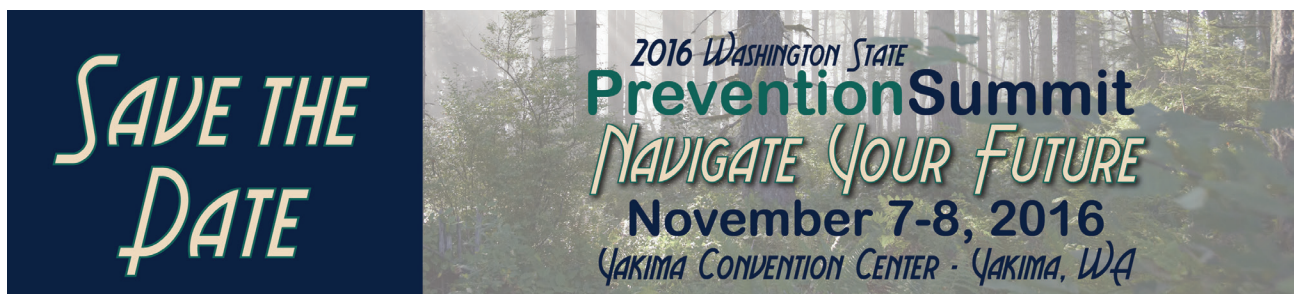
Youth Leadership

Find Your Voice Find Your Power

Room: Chehalis F

Joe Koffel, RRAD Youth Coalition

In Find Your Voice, Find Your Power, teens will learn public speaking basics and conquer the fear of talking in front of others. Hands-on activities will help introduce youth leaders to the world of public speaking. Public speaking is a critical universal tool that can be utilized whether you're doing prevention work, going to an interview, or giving a toast. Through Find Your Voice, Find Your Power, you will begin to utilize the power of public speaking to sway opinion and influence policy.



2016 Washington State SPRING YOUTH FORUM

Agenda at a Glance

Together Towards Tomorrow

Thursday, May 19, 2016

7:30am - 8:00am	Team Check-in and Team Photos (if not already completed on Wed)	Conference Center Lobby
7:30am - 8:00am	Breakfast Buffet	Chehalis Salon ABC
8:00am - 9:30am	Welcome and Introductions	Chehalis Salon ABC
9:30am - 9:45am	Stretch Break	
9:45am - 11:35am	Team Presentations	See Page 2 & Signs Posted Onsite
11:35am - 12:10pm	Lunch Buffet	Chehalis Salon ABC
12:10pm - 1:00pm	Keynote Speaker	Chehalis Salon ABC
1:00pm - 1:05pm	Team Finalists Announced	Chehalis Salon ABC
1:05pm - 1:25pm	Stretch Break (Finalists Prepare in Ballroom)	
1:25pm - 2:10pm	Finalists' Presentations	Chehalis Salon ABC
2:10pm - 2:30pm	Stretch Break (Finalists Prepare in Ballroom)	
2:30pm - 3:30pm	Finalists' Presentations (continued)	Chehalis Salon ABC
3:30pm - 4:20pm	Youth Development Sessions (pick one of the six sessions): For session descriptions and room assignments, see pages 6 - 7. Sessions are first-come, first served. <ol style="list-style-type: none"> 1. Alcohol - Mary Segawa and Dan Coon 2. Marijuana - Cristal Connelly and Kristen Pettet 3. Mental Health - Gregory C. Endler and Lorrin Gehring 4. RX - Susan Kingston 5. Tobacco - Jessica Alvestad 6. Youth Leadership - Joe Koffel 	
4:20pm - 5:00pm	Buffet Dinner	Chehalis Salon ABC
5:00pm - 5:30pm	Team Awards	Chehalis Salon ABC
5:30pm	Spring Youth Forum Adjourns	
5:30pm - 9:00pm	Team Recognition Reward: Enjoy the Water Park or Head for Home. Be Safe!!	