

Washington State Prevention  
Spring Youth Forum  
Grand Mound, WA • May 17, 2017



[www.SpringYouthForum.com](http://www.SpringYouthForum.com)



# Table of Contents

<u>Welcome</u>	<u>1</u>
<u>Special Thanks</u>	<u>2</u>
<u>Awards &amp; Recognition</u>	<u>3</u>
<u>Presentation Scoring</u>	<u>4</u>
<u>Schedule of Events</u>	<u>6</u>
<u>Youth Development Workshops</u>	<u>8</u>
<u>Master of Ceremonies</u>	<u>10</u>
<u>Room Assignments</u>	<u>11</u>
<u>Breakout Room Schedules</u>	<u>12</u>
<u>Stay Connected</u>	<u>14</u>

This event is coordinated by the University of Nevada, Reno, Conference Services Group.

**CONFERENCE**  
**SERVICES GROUP**



The College of Business  
AT THE UNIVERSITY OF NEVADA, RENO





# Welcome

## WELCOME TO THE 2017 SPRING YOUTH FORUM. YOU ARE NAVIGATING THE FUTURE AS LEADERS

Today's Forum recognizes the effort of youth prevention groups throughout Washington State with the development of their newly created projects or the implementation of an existing one at school. Take pride in your hard work - you are helping your community and peers stay drug free and healthy as you navigate your futures!

Our goals for today are threefold:

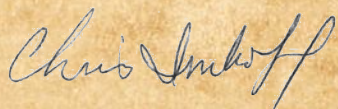
- To share, learn, and be inspired from each youth prevention project
- Recognize students and advisors doing prevention work around the state
- Develop new ideas for future projects

Inside this program you will find some helpful tips in navigating the Forum, including:

- A detailed agenda and program with all team project descriptions - we encourage you to use this to record your favorite ideas and what you have learned.
- Rules for voting on youth projects.
- Contact information for the various youth groups to follow up with them after the Forum as you learn new ideas and strategies to employ in your schools.

Thank you so much for your commitment to help your peers, make good decisions, and avoid destructive behaviors. We are proud to have you all participate in the 2017 Spring Youth Forum and we hope you continue to be leaders in your schools and communities.

Sincerely,



Chris Imhoff, LICSW  
Director  
DSHS/DBHR



# Special Thanks

A special thank you to our planning committee members and onsite volunteers, the success of the Spring Youth Forum is due to this amazing group of people! Your dedication to the success of youth in our state is truly reflected in all your efforts and time! Thank you for all you do!

## Committee

Ivon Urquilla, Chair  
Julee Christianson  
Gabrielle Richardson  
Lisa Stewart, Co-chair  
Gerry Apple  
Cristal Connelly  
Jennifer Dorsett  
Elizabeth Glavish  
Peggy Gutierrez  
Erin James

Tessa Doane  
Ryan Schroeder  
Janelle Okorogu

## Volunteers

Casey Peters  
Katie Strozyk  
Matthew Shellhart  
Tim Gates  
Lucy Mendoza  
Lizzie Miller  
Seth Greenfest  
Danny Highley  
Ray Horodowicz  
Billy Reamer  
Kristen Haley  
Ashley Boyd

## Organization

Department of Social and Health Services  
Department of Social and Health Services  
Department of Social and Health Services  
Department of Social and Health Services  
Shelton SADD Club  
Washington State Department of Health  
Pasco Discovery Coalitions  
Evergreen Council on Problem Gambling  
Coalition for Youth and Families  
King County Behavioral Health and  
Recovery Division  
Department of Social and Health Services  
Department of Social and Health Services  
Center for MultiCultural Health

## Organization

Lewis County Public Health & Social Services  
Lewis County Public Health & Social Services  
CHOICE Regional Health Network  
Department of Social and Health Services  
Department of Social and Health Services  
Department of Social and Health Services  
Department of Social and Health Services  
Department of Social and Health Services  
Department of Social and Health Services  
Department of Social and Health Services  
Washington State Department of Health  
Auburn Community Coordinator



# Awards & Recognition

In recognition of your efforts over this last year, your team is one of just 43 teams awarded the opportunity to participate in the Annual Spring Youth Forum, including lodging, meals and free water park passes at the Great Wolf Lodge and inclusion in the Spring Youth Forum program—a value of more than \$390 alone!

You will also have the opportunity to compete for additional exciting prizes based on your overall team score, including scholarship assistance to attend the Community Anti-Drug Coalitions of America (CADCA) Leadership Conference – or another approved training.

Awards/prizes will be given to the seven presentation room winners, the grand prize winner as well as the five voting criteria category winners. Teams will not be awarded multiple awards. In the event a team wins in two or more categories they will receive the highest rated award and the award for any other category will go to the team with the next highest eligible score.

## Room Winners

Winning teams from each of the seven rooms will proceed to the final round of the competition where they will conduct their 15-minute presentation again for all participants in the Spring Youth Forum. Final round voting will follow the same procedure as the first round. Scorecards will be collected and compiled after each presentation but voting results will not be revealed to the entire room until the awards ceremony. In the case of a tie, winners will be decided by a simple majority vote with each team casting one vote.

## Category Winners

Prizes will also be provided to the teams with the highest average scores in each of the five categories: innovation, sustainability, impact, presentation style/professionalism and collaboration/partnerships.

## Grand Prize

Teams will have the opportunity to share their projects and learn from others' projects. There will also be an opportunity to earn great prizes including a grand prize of scholarship assistance to attend the CADCA Leadership Forum in 2018, or another approved leadership conference. In the event a team cannot receive the award or does not return the signed Award Letter within 30 days following the conference, the prize will be awarded to the second place team or the next qualified team. The team accepting the grand prize must meet with DBHR representatives within two weeks (10 business days) following the Spring Youth Forum, to finalize award documentation and discuss policies, reporting requirements and logistics regarding the Grand Prize Award.

All teams must participate all day. The category winners and grand prize winner will be announced at the Awards Ceremony.



# Presentation Scoring

Each team attending the Spring Youth Forum will be assigned to one of seven breakout rooms for the initial round of presentations. Each team will have 8 minutes to present their completed project. Teams will vote on presentations immediately following each team presentation.

## Scale

Youth prevention teams will receive one ballot per team (team = youth + Team Adult Advisor) to vote on each presentation in the preliminary and final rounds. Teams cannot vote on their own presentations. Youth will assess each team by category on a scale of 0 to 10 with 0 being "poor" and 10 being "excellent."

## Process

Each youth team will receive one shared scorecard to record their scores for each presentation. Youth will assess each team by category on a scale of 0 to 10 with 0 being "poor" and 10 being "excellent."

## Final Round

Winning teams from each of the seven rooms will proceed to the final round of the competition where they will conduct their 15-minute presentation again for all participants in the Spring Youth Forum. Final round voting will follow the same procedure as the first round. Scorecards will be collected and compiled after each presentation but voting results will not be revealed to the entire room until the Awards Ceremony. In the case of a tie, winners will be decided by a simple majority vote with each team casting one vote. The grand prize winner and category winners will be announced at the awards ceremony. All teams must participate **ALL DAY**.

## Audio/Visual Equipment and Function Set Up

The following equipment and set up will be provided for presentations:

- Rooms will be in theater with a materials table up front for presenters.
- LCD Projector
- PC Laptop Computer with DVD Capability (We will not have Mac computers available.)
- Sound Capability (for a PowerPoint presentation or DVD/CD)
- Projection Screen
- One (1) Microphone (may be handheld, standing or lavalier)
- Table for Materials
- A VCR will NOT be available.
- An Elmo will NOT be available.
- Conference Center Internet (Please have a backup plan as Wi-Fi is not always dependable.)



# Presentation Scoring

## Scoring and Voting

### 25 percent (25%) - Application in Advance

Team applications will be scored on the quality and completeness of the team's application that was submitted prior to the Forum.

### 50 percent (50%) - Team Voting On-site

After each presentation, adult judges and youth teams will score the presenting team on the five categories. Teams will vote as one.

### 25 percent (25%) - Adult Judging Scale

Adult judges not affiliated with any competing youth team will vote in both the preliminary and final rounds of the presentation competition.

## Category Winners

Prizes will also be provided to the teams with the highest average scores in each of the five categories:

### Innovation

Project is unique, creative and innovative. Presentation clearly details what new and exciting ideas, techniques or activities have been implemented.

### Sustainability

Project includes steps the Youth Team has taken to keep this project sustained when the core group graduates. How does the team make sure that this can be replicated year-to-year no matter which group of students is participating?

### Impact

Project has broad outreach. Team can demonstrate the impact that occurred as a result of this project. Did the team use an evidence-based prevention program or approach?

### Presentation Style/Professionalism

Youth Team presentation is easy to follow and clearly communicated.

### Collaboration/Partnerships

Youth Team describes collaborations/ partnerships with other local groups, organizations or agencies that the team developed to increase the impact of this project.

# Tuesday, May 16

## Schedule of Events

1:00 pm	Teams may check in with hotel to get Water Park passes <u>only</u> (Room check-in begins at 4pm)	Hotel Lobby
1:00 – 9:00 pm	Team recognition reward: Enjoy the water park!	Hotel/Water Park
4:00 pm	Hotel room check-in begins	Hotel Lobby
3:00 – 7:30 pm	Team check-in & team photos	Northwest Territory Salon C
7:00 – 8:00 pm	Chaperone Meeting	Fallen Timbers Salon B
10:00 pm	Hotel Curfew	Hotel Rooms

Please note: Water park passes will be provided by the hotel during hotel check-in. The passes are good on Tuesday from 1:00 pm through Wednesday until 9:00 pm. Although teams are not able to access hotel rooms until 4:00 pm, the hotel will provide Water Park passes starting at 1:00 pm for those teams that are able to arrive early. All teams will be able to use their passes on Wednesday evening.



# Wednesday, May 17

## Schedule of Events

7:30 – 8:00 am	Team check-in & team photos (if not already completed on Tuesday)	Conference Center Lobby
7:30 – 8:00 am	Buffet Breakfast / Door Prizes	Chehalis Salon ABC
8:00 – 9:30 am	Welcome & Introductions	Chehalis Salon ABC
9:30 – 9:45 am	Break	
9:45 – 11:40 am	Team Presentations	See Pages 12 – 13
11:40 – 1:15 pm	Buffet Lunch, Keynote Speaker & Networking Activity	Chehalis Salon ABC
1:15 – 1:30 pm	Break	
1:30 – 3:30 pm	Finalists' Presentations	Chehalis Salon ABC
3:30 – 4:15 pm	Youth Development Workshops (7 Workshops)	See Pages 8 – 9
4:15 – 5:30 pm	Buffet Dinner Team Awards	Chehalis Salon ABC
5:30 pm	Spring Youth Forum Adjourns Team Recognition Reward:	Enjoy the water park or travel home safely!



# Youth Development Workshops

May 17, 2017 • 3:30 – 4:15 pm

## Drugs

### The Ups and Downs, Ins and Outs of Drugs and Your Brain!

**Room:** Chehalis D

Jerry Blackburn, M.Ed., CDP, Program Manager, Substance Abuse and Prevention Services, Friends of Youth

Hey, did you ever wonder how drugs actually get someone high? Or why someone starts to rely on substance more and more? This workshop will help you understand how your brain functions and communicates, and how drugs do all the complex things that they do!

## Opioids

### Demystifying Opioids – What's Actually Going On?

**Room:** Chehalis E

Gabrielle (Gabby) Richard, MPS, Prevention System Manager, Division of Behavioral Health and Recovery, WA Department of Social and Health Services

Have you been hearing all of the news about the opioid crisis and feeling a little confused? This workshop will help you understand what an opioid is, and how it can affect your body. Come to this workshop with your head lamps, ready to learn all about opioids and to test your new knowledge through an interactive game!

## Addiction

### Hooked – Understanding Addiction in the Digital Age

**Room:** Fallen Timbers A

Liz Glavish, BA, Communications and Outreach Specialist, Evergreen Council on Problem Gambling

Taurell Reboulet, MA, LMHCA, Director of the Open World Program, reSTART Life: Center for Sustainable Technology Use

In this workshop, we will discuss the positive and negative influence of digital media on our culture, and answer the question, "Can I really become addicted to technology?" We will explore the signs and symptoms of Internet, video game, and gambling addiction, as well as ways to prevent addiction and promote a healthy relationship with digital media.



# Youth Development Workshops

## Stress

### Science, Genes, Stress, Substance Use, and the Ever Amazing Teenage Brain

**Room:** Northwest Territory A

Leanne Reid, CPP, Community Prevention Project, Youth Now

Learn about your amazing brain and connections between stress, brain development, and youth substance use. Build ways to make your brain healthy and gain abilities to bounce back from rough stuff.

## Leadership

### Cultural Competent Leadership

**Room:** Northwest Territory B

Vincent D. Perez, Association of Washington Student Leaders

This workshop is an introduction to cultural competency using a four part model: awareness, knowledge, skills, and action/advocacy. Grow your leadership skills through self-reflection and increase your understanding of our social history. No history, no self. Know history, know self.

## Bullying

### Activating Bystanders

**Room:** Northwest Territory C

Kelly Schrader, Assistant Director for Title IX and Integrated Prevention Education

Participants in this session will learn about bystander intervention including brief information on the research about the power of active bystanders and tools to intervene. Participants will also receive information about different national bystander programs that could be implemented in their schools or communities.

## Suicide Prevention

### Youth Suicide Prevention – How to Talk to A Friend Who Might be Suicidal

**Room:** Chehalis F

Sigrid Reinert, Dipl.-Päd., MA, MPH, Suicide Prevention Specialist, Washington State Department of Health

Do you know what to do if a friend is suicidal? Do you find it awkward or uncomfortable to ask a friend about suicidal thoughts? Our workshop will teach you what to do and you will practice how to respond.



# Master of Ceremonies

## Vincent D. Perez

Latinx Leadership, Juvenile Justice, Culturally Responsive Pedagogy, Trauma-Informed Multitiered System of Supports



Vincent Perez is a practitioner of experiential education and training. For over 20 years he's focused on student engagement and staff development in the areas of leadership, juvenile justice and Latinx empowerment. He founded La Cima (the Summit), a bilingual leadership program 15 years ago and serves in juvenile justice programs. He is especially moved by opportunities to witness young people discover their voices and affirm their self worth. Vincent currently serves as the Latinx Outreach Coordinator for the Association of Washington School Principals (AWSP). He frequently speaks at schools, facilitates student programs and trains adult staff to better serve their students. As an educator, Vincent Perez aims to sustain the integrity, courage, and commitment of children, families, and service providers.

Notes

---

---

---

---

---

---

---

---

---

---



# Room Assignments

<u>Team</u>	<u>Advisor</u>	<u>Room</u>
206 Rising @ Aki Kurose	Rayonna Tobin	NW Territory A
A.L.A.S Leadership Youth Group	Julissa Crow	NW Territory C
Above the Influence #Bay	Susan Peng-Cowan	NW Territory A
Bulldog Prevention Squad (BPS)	Danielle Bock-Grande	NW Territory B
C.A.R.E. Squad	Lindsey Lonner	Fallen Timbers A
Chehalis Tribe Youth Prevention	Janita Raham	Chehalis D
Concrete Prevention Posse	Dana Whitney	NW Territory B
Cowlitz County Prevention Squad	Theresa Misner	Chehalis F
Crescent United Prevention Club	Melissa Thetford	NW Territory B
D.R.E.A.M. Team	Kathy Deschner	Chehalis E
Darrington Youth Coalition	Marree Perrault	NW Territory C
Daybreak Dragon Prevention Club	Crystal Wallace	Chehalis E
Dayton High School SHEO	Peggy Gutierrez	NW Territory A
Dayton Middle School SHEO	Monica Mitchel	Chehalis E
Eckstein Prevention	Christine Sogn	Fallen Timbers A
Girls With Voices	Christine Milton	NW Territory A
Grizzly Prevention Squad	Izzy Chavez	NW Territory C
Harrah Dream Makers	Danielle Watkins	Chehalis F
Helping Out Teen Society	Joyce Wells	Chehalis F
Klickitat School District TADAA! Club	Jeffrey Wolfanger	NW Territory A
Lincoln Kindness Club	Ashlee Grunenfelder	NW Territory A
Lyle TADAA!	Rita Pinchot	Chehalis E
Morton Prevention Squad	Joe Kiehn	Chehalis D
P.O.D.S	Leeann Peterson	Chehalis D
Pacific Islander Mentoring Group	Stephanie Colantino	NW Territory B
Panthers In Charge	Julie Olsen	Fallen Timbers A
Positive Mind, Positive Life	Charlena Moultime	Chehalis F
Prosser MCIA Coalition	Tracy Boyle	NW Territory C
ROCK SOLID	Debbi Fincher	Chehalis D
Shelton HS SADD Club	Gerald Apple	Chehalis F
SHS Prevention Club	Brenda Barrios	Fallen Timbers A
Southeast Asian Young Men's & Women's Group	Joseph Mills	NW Territory B
STASHA	Tiffany Schwieterman	Chehalis E
T.A.P.S	Dawn Bass	NW Territory B
TBH: QHS Health Club	Dayana Ruiz	Chehalis E
Unite!	Ann Stevens	Fallen Timbers A
Upper Kittitas County Youth Coalition Team	Cathie Songer	Fallen Timbers A
WAHKI HI	Karla Gates	Chehalis D
Wahkiakum School District	Ginger Hake	Chehalis F
Waterville B.A.D.D. Club	Jill Moomaw	NW Territory C
West Side Squad	Anastasia Tschida	Chehalis D
White Swan Dream Makers	Darlene Lamb	NW Territory C
YODA- Youths Opposed to Drug Abuse	John Carney	NW Territory C



# Breakout Room Schedules

	9:45 – 10:10	10:10 – 10:25	10:25 – 10:40
Northwest Territory Room A	<b>Girls With Voices</b> Kindness Week of Activities Christine Milton	<b>Klickitat School District TADAA! Club</b> Building Positive Connections Jeffrey Wolfanger	<b>Lincoln Kindness Club</b> Prevention Awareness Week Ashlee Grunenfelder
Northwest Territory Room B	<b>Pacific Islander Mentoring Group</b> Pacific Islander Mentoring Program Cindy Cooper & Stephanie Colantino	<b>Southeast Asian Young Men's &amp; Women's Group</b> Southeast Asian Young Men's and Young Women's Group Joseph Mills	<b>Concrete Prevention Posse</b> Community Safety Dana Whitney
Northwest Territory Room C	<b>Grizzly Prevention Squad</b> Bottle Tag Campaign Izzy Chavez	<b>Waterville B.A.D.D. Club</b> Cultures Within Our Community Jill Moomaw	<b>Darrington Youth Coalition</b> The Step-Up Campaign Marree Perrault
Fallen Timbers Room A	<b>SHS Prevention Club</b> Taking Down Tobacco Brenda Barrios	<b>Eckstein Prevention</b> Anti-bullying Video Christine Sogn	<b>Unite!</b> Investing in you! Ann Stevens
Chehalis Room D	<b>ROCK SOLID</b> A Role to Play: Reducing Stress & Bullying Behaviors Debbi Fincher	<b>Morton Prevention Squad</b> Project Culture Change Joe Kiehn	<b>P.O.D.S</b> Prevention Of a Drug and alcohol Society Leeann Peterson
Chehalis Room E	<b>STASHA</b> Alcohol Prevention Social Media Campaign Tiffany Schwieterman	<b>Dayton Middle School SHEO</b> Kindness County Campaign Monica Mitchel	<b>Daybreak Dragon Prevention Club</b> Keeping Dragons Safe Crystal Wallace
Chehalis Room F	<b>Shelton HS SADD Club</b> TAMATU- Teenagers Against Marijuana and Tobacco Use Gerald Apple	<b>Wahkiakum School District</b> Bullying Prevention Ginger Hake	<b>Helping Out Teen Society</b> Community Assessment of Neighborhood Stores Joyce Wells



# Breakout Room Schedules

10:40 - 10:55	10:55 - 11:10	11:10 - 11:25	11:25 - 11:40
206 Rising @ Aki Kurose Aki Rising Rayonna Tobin	Above the Influence #Bay Cannabis Conversations Susan Peng-Cowan	Dayton High School SHEO Giving Youth a Voice Peggy Gutierrez	Break
Crescent United Prevention Club Crescent Prevention Week Melissa Thetford	Bulldog Prevention Squad (BPS) Social Norms Campaign: We Are Authentic Danielle Bock-Grande	T.A.P.S Teens Against Pot Smoking Dawn Bass	Break
YODA - Youths Opposed to Drug Abuse What I wish my parents knew John Carney	A.L.A.S Leadership Youth Group ALAS BNR Julissa Crow	White Swan Dream Makers Suicide Prevention Darlene Lamb	Prosser MCIA Coalition Lock Box Event Tracy Boyle
Panthers In Charge The Prevention Convention Julie Olsen	Upper Kittitas County Youth Coalition Team TAPS Cathie Songer	C.A.R.E. Squad I Am...! Lindsey Lonner	Break
Chehalis Tribe Youth Prevention You are Not Alone Janita Raham	WAHKI HI Stress Awareness & the Link to Substance Abuse Karla Gates	West Side Squad Is Marijuana the Solution? Anastasia Tschida	Break
TBH: QHS Health Club Youth Marijuana Use Prevention Project Dayana Ruiz	D.R.E.A.M. Team Communication is Key! Let's Talk About It! Kathy Deschner	Lyle TADAA! Seeking Kindness Rita Pinchot	Break
Cowlitz County Prevention Squad What if? Theresa Misner	Harrah Dream Makers PAX Good Behavior Game Danielle Watkins	Positive Mind = Positive Life Spreading Positivity - Increasing Awareness Charlena Moultime	Break



# Stay Connected

## Prosser MCIA Coalition

### Lock Box Event

A one-day event to include an in-home prescription lock box and gun lock giveaway. To include prevention resources, a presentation on what is trending in our community and information about local media campaign.

Prosser CIA Coalition

**Jennifer Dorsett**

509-851-1348

jennifer.dorsett.sac@gmail.com

7609 Pheasant Lane

Pasco, WA 99301

Project Type: Prescription/Over the Counter Drug Use/Abuse

Duration: 2-11 Months

Audience: 51-200

Budget: \$501 - \$2000

## Morton Prevention Squad

### Project Culture Change

Squad worked hard this year to make their community a healthy, inclusive, and positive place to live. As part of the multi-year Positive Social Norms Campaign they sought to change the culture at Morton middle and high school. After conducting a school wide survey, they developed nine positive social norm messages. These messages were spread throughout the community using a multi-media campaign. Through social media, radio, and posters the students promoted the nine messages with a particular focus on LGBTQ safe spaces promotion. The team's passion lead them to develop and implement a Gay Straight Alliance, the first of its kind in the area. By conducting a school-wide awareness presentation the GSA has continued to meet during lunch and has 8 members who utilize the safe space and support the group provides.

Morton UP Coalition

Lewis County Public Health &

Social Services

**Joe Kiehn**

360-740-1424

casey.peters@lewiscountywa.gov

360 NW North St.

Chehalis, WA 98532

Project Type: General Prevention

Duration: Ongoing

Audience: 501

Budget: \$2001 - \$5000

## Southeast Asian Young Men's and Young Women's Group

### Southeast Asian Young Men's and Young Women's Group

The Southeast Asian Young Men's and Young Women's Group (SEAYM/YW) is hosting its annual cultural and prevention celebration at Asian Counseling and Referral Service on May 9th. The program will include films made by the youth, spoken word, music, and dances by the youth. The youth will screen two documentary films addressing issues important to them and their community. The first film addresses the issue of Islamophobia. This film explains what it means to be Muslim American and explores the practice of Ramadan. Due to increasing violence and hate speech directed at Muslims, the youth in our program wanted to focus on this as part of their prevention strategy this year. The second film addresses the need for affordable health care in Washington and was created for legislators in Olympia.

Asian Counseling and Referral Service

**Joseph Mills**

206-695-5973

josephm@acrs.org

3639 MLk Jr Way S

Seattle, WA 98144

Project Type: General Prevention

Duration: Two Weeks

Audience: 201-500

Budget: \$501 - \$2000



# Stay Connected

## TBH: QHS Health Club

### **YOUTH MARIJUANA USE PREVENTION PROJECT**

Since youth are strongly influenced by what others do, we chose our project to be a three-part "youth marijuana prevention social-norms campaign" comprised of education, visuals, and radio components. After getting proper training, our team used a pilot, promising practice curriculum and taught 35 middle school students about the dangers of marijuana. Through that, all of them made a commitment to themselves to stay marijuana-free. To reach a larger youth audience, we designed and will have launched a billboard ad that are commonly seen in our county. Those same images were also released in social media so we could receive analytical data. Lastly, we wrote, produced, and released a radio ad that was broadcasted to popular and local radio stations.

Quincy Communities That Care  
Grant County Health  
District

**Dayana Ruiz**

509-237-1363

Druiz@GrantHealth.org

P.O. Box 338

Quincy, WA 98848

Project Type: Marijuana  
(specifically)

Duration: 2-11 Months

Audience: 51-200

Budget: \$501 - \$2000

## Girls With Voices

### **Kindness Week of Activities**

We have a violence fighting/bullying issue at our school so we decided to shine a light on what we want to see--kindness. We are trying to change the culture by having a kindness week of activities to include lunchtime activities (Mon. Wheel of Kindness, Tues. Make a Kindness Note, Wed. Friendship Bracelets, Thurs. Kindness Chain, Fri. Kindness Pledge. In addition, we are doing weekly Instagram posts, posters, and bulletin boards. We also will be creating two PowerPoint presentations to be shown to the entire student body (1,000 students) in Advisory that will be focused on Bullying and Bystander education.

Seattle Public Schools  
Washington Middle School

**Christine Milton**

206-252-2644

cmtalianis@seattleschools.org

2102 S. Jackson Street

Seattle, WA 98144

Project Type: Gangs/Violence/  
Bullying

Duration: 2-11 Months

Audience: 501

Budget: Less than \$500

## Helping Out Teen Society

### **Community Assessment of Neighborhood Stores**

This year our team conducted the Washington State Community Assessment of Neighborhood stores (CANS). This is the third year that the Helping Out Teen Society Club has conducted this assessment and each year we continue to build onto our project from the year before. Each year our members go out and visit the stores in our community and assess each store for product placement and measure the amount of advertising each store has for tobacco and alcohol. After our assessment, we go back to the store and visit with the store managers about how they can make their store more youth friendly. In addition to our CANS project we are also visiting with teachers from the elementary school and plan to conduct two prevention lessons that teach about resisting peer pressure and the negative effects of drugs and alcohol on the body.

San Juan Island  
Prevention Coalition

**Joyce Wells**

360-370-7225

joycewells@sjisd.wednet.edu

P.O. Box 458

Friday Harbor, WA 98250

Project Type: General Prevention

Duration: Ongoing

Audience: 501

Budget: Less than \$500



# Stay Connected

## SHS Prevention Club

### Taking Down Tobacco

Our project includes four main components that have a main focus on educating students about the tobacco industry and working with our community retailers to limit opportunities to access tobacco to minors. The four main components include 1) Participating in National Kick Butts Day by creating powerful visuals at local high school and high traffic areas. 2) Having the SHS Prevention Club go through three-hour training that will educate and activate action about how to take down tobacco and complete an effective Tobacco Retail Education Program in our city. 3) Completing our community project by educating 34 retailers in our community that sell tobacco and giving them an information packet. 4) Documenting tobacco industry activity in our community by using the STARs survey: <http://countertobacco.org/resources-tools/store-assessment-tools/>

Sunnyside United Unidos

**Brenda Barrios**

509-840-9680

[brenda.barrios@](mailto:brenda.barrios@sunnysideschools.org)

[sunnysideschools.org](http://sunnysideschools.org)

1901 E. Lincoln Avenue

Sunnyside, WA 98944

Project Type: Anti-Tobacco

Duration: 2-11 Months

Audience: 501

Budget: Less than \$500

## Bulldog Prevention Squad (BPS)

### Social Norms Campaign: We Are Authentic

Bulldog Prevention Squad (BPS) is implementing a Social Norms Campaign titled "We Are Authentic" which reflects positive messaging stating "Truth: 70% of 10th graders at Garfield High School don't use Marijuana" The campaign will be launched at Garfield High School and in the Central District Community of Seattle, WA. The data reflects the latest 2016 Healthy Youth Survey (HYS) results from our community. The campaign will include positive messaging reflecting that "most" youth do not use. Youth created the brand and design. The campaign will be launched in various applications, including: a billboard in the community, on Metro buses, t shirts, and posters.

Garfield High School /Healthy  
Youth Central Area Network  
(CAN)

**Danielle Bock-Grande**

206-252-2323

[dmbock@seattleschools.org](mailto:dmbock@seattleschools.org)

400 - 23rd Avenue

Seattle, WA 98122

Project Type: Marijuana  
(specifically)

Duration: Ongoing

Audience: 501

Budget: \$2001 - \$5000

## Grizzly Prevention Squad

### Bottle Tag Campaign

Our main project this year was called "bottle tag campaign". This is an extension of last year's project. Since we already had our bottle tag designs and good standing with several local alcohol retailers, it did not take a lot of time to implement this year. Our bottle tags stated "Think Twice, it's illegal to give Alcohol to minors, if you care for them don't provide for them". We distributed 2000 tags that we hung off of alcoholic beverages, from 16 different stores in Hoquiam and Aberdeen.

Hoquiam High School  
Capital Region ESD113

**Izzy Chavez**

360-500-3947

[ichavez@hoquiam.net](mailto:ichavez@hoquiam.net)

501 Emerson Ave

Hoquiam, WA 98550

Project Type: Alcohol Abuse

Duration: 2-11 Months

Audience: Other

Budget: Less than \$500



# Stay Connected

## Klickitat School District TADAA! Club

### Klickitat School District Building Positive Connections

Klickitat School District TADAA! Club (Teens Against Drug and Alcohol Abuse) is compiled of student leaders and representatives to our larger coalition KLASAC (Klickitat-Lyle Against Substance Abuse Coalition). Each year TADAA! adopts a theme and framework that guide out activities for the school year and into the summer months. For the school year of 2016/17 our TADAA! students adopted the theme "Building Positive Connections" as a guideline for activities. TADAA! strove throughout the year to build inter-generational connections both within our school and to the broader community. A variety of projects and programs were completed and continue to be implemented. Because Klickitat School District is one of only two districts in the county with a prevention club, TADAA! is also mindful in our planning that we have become a model for the development of a regional youth coalition, recognized by other schools for the work we are doing.

Klickitat-Lyle Against  
Substance Abuse Coalition  
(KLASAC)

#### **Jeffrey Wolfanger**

509-369-4145

jeff.wolfanger@

klickitatsd.org

P.O. Box 37

Klickitat, WA 98628

Project Type: General  
Prevention

Duration: Ongoing

Audience: 201-500

Budget: \$501 - \$2000

## Panthers In Charge

### The Prevention Convention

The Panthers In Charge group is sponsoring the Prevention Convention at Madrona K-8 for the 5th year in a row. This year the event is on April 7th. The Prevention Convention is an all-day event for middle school students. Instead of attending their regular classes, students attend a keynote address and workshops about various prevention topics, such as health/nutrition and healthy relationships/safe sex. This year the Panthers In Charge students are also teaching two workshops as part of the Prevention Convention. One-half of the prevention group will teach a class to their female peers about how girls can develop confidence and self-esteem. The other half of the group will teach a class about driving safety and will address driving under the influence of drugs and alcohol as well as distracted driving. The group strives to make the day fun with interactive activities, raffle prizes, and giveaways.

Madrona K-8

#### **Julie Olsen**

206-252-3141

jmolson@seattleschools.org

1121 33rd Avenue

Seattle, WA 98122

Project Type: General  
Prevention

Duration: 2-11 Months

Audience: 51-200

Budget: \$501 - \$2000

## Shelton HS SADD Club

### TAMATU- Teenagers Against Marijuana and Tobacco Use

The tobacco and marijuana industries concentrate their efforts on our youth. They recognize that new users must continually be recruited to replace the nearly half-million people who die annually of tobacco/marijuana illnesses. Research indicates that teens enjoy the opportunities to influence their young counterparts. Consequently, this mentoring also serves to reinforce their decisions to remain smoke free. Evidence suggests that peer-led programs such as TATU (and TAMATU) are more effective in reducing tobacco/marijuana use amongst youth. Tobacco use has decreased dramatically amongst teenagers in Mason County, but marijuana use has increased due to the passage of initiative 502. Thus, we added the marijuana unit to our TATU program and now call it TAMATU

SADD

#### **Gerald Apple**

360-480-5330

GeraldAppl@yahoo.com

1803 Capitol Way South

Olympia, WA 98501

Project Type: Anti-Tobacco

Duration: One Year

Audience: Other

Budget: \$501 - \$2000



# Stay Connected

## D.R.E.A.M. Team

### Communication is Key! Let's talk about it!

We are planning a community event "Communication is Key! Let's Talk About It!" to reach parents and their middle school students to support and encourage communication in our families. We will talk about urgent topics affecting our youth including: Marijuana and Suicide. To prepare, we attended a "Making the Connection Training" to gain skills in engaging our friends and family in conversations about stress, coping and substance abuse. Prevention Intervention Specialists will make presentations to youth and adults about marijuana. A "Youth" Suicide Prevention Team will make the presentation to youth about suicide and a YSP expert will present to parents. The whole family may attend, and we are planning activities for younger members of the family. We are providing dinner in hopes that this will make it easier for families to attend. The event will be held Tuesday, May 10, 5:30 - 7:30 PM at Chief Umtuch Middle School.

Prevent Together: Battle  
Ground Prevention Alliance  
Clark County Department  
of Community Services

**Kathy Deschner**

360-624-6816

Kathy.Deschner@clark.wa.gov

P.O. Box 5000

Vancouver, WA 98666

Project Type: Marijuana  
(specifically)

Duration: 2-11 Months

Audience: 51-200

Budget: \$501 - \$2000

## Darrington Youth Coalition

### The Step-Up Campaign

Step-Up is an on-going prevention campaign created and implemented by the Darrington Youth Coalition (DYC) to lower underage drinking and substance use. In our sixth year, Step-Up has focused on positive prevention messaging, education, and healthy alternatives. DYC members advocated for prevention by creating youth focused prevention messages advertised in the community. These messages were driven by local data from the Healthy Youth Survey and distributed in the School District. DYC also built the State 4.20 Media Campaign into Step-Up through Facebook and local messaging/branding advertised within the schools and community. DYC wanted to ensure that their message was taken beyond the school and planned and implemented community awareness events; examples include a prescription misuse/abuse at the Senior Center and a community viewing of "Audrie and Daisy" with documentary focusing on underage drinking and sexual assault. The viewing followed by a robust discussion

North Counties' Family Services/  
Darrington Prevention Intervention  
Community Coalition

**Marree Perrault**

360-436-0308

marreencfs@gmail.com

P.O. Box 1103

Darrington, WA 98241

Project Type: General  
Prevention

Duration: Ongoing

Audience: 501

Budget: \$2001 - \$5000

## Above the Influence #Bay

### Cannabis Conversations

We helped to create a program that serves to talk with other students about good ways to engage in conversations with our peers about marijuana. It includes advice about how to be a friend and help others who are struggling to cope.

Hudson's Bay High School

**Susan Peng-Cowan**

360-313-4431

susan.peng-cowan@vansd.org

1601 E McLoughlin Blvd

Vancouver, WA 98663

Project Type: Marijuana  
(specifically)

Duration: 2-11 Months

Audience: 501

Budget: No Cost



# Stay Connected

## P.O.D.S

### **Prevention Of a Drug and alcohol Society (P.O.D.S.)**

We are a club that is highly structured and we meet to prepare projects that bring awareness to middle school youth about the dangers of drugs and alcohol on the developing brain. We began our Prevention Club in partnership with WSU. Youth participated in ropes course activities that promoted leadership skills and group bonding. We then learned parliamentary procedure, held elections for board members, created a mission statement, logo and tag line. Sub-committees were created to generate all the above-mentioned ideas and those ideas were brought before the board for formal motions. The youth are in full leadership and have signed code of conduct contracts to remain drug free/bully free as members. Our first event was Red Ribbon week in October. We had daily activities during lunch and ended with an evening presentation for parents and students. Over 700 individuals participated in the event. Our next activity occurred during National Drug Facts week. We created mannequin challenge videos depicting the dangers of the most commonly abuse substances at our school. We aired the videos each morning on our live Student News Network. We are currently working on our Social Norms Campaign. "Together we Stampede. Strong, Healthy. Substance Free." We have a subcommittee that is working on the week long campaign (April 24-28th).

Stevens Middle School  
Port Angeles  
School District

#### **Leeann Peterson**

360-565-1786  
lpeterson@portangelesschools.org  
1139 W. 14th Street  
Port Angeles, WA 98363  
Project Type: General  
Prevention  
Duration: Ongoing  
Audience: 201-500  
Budget: \$501 - \$2000

## Harrah Dream Makers

### **PAX Good Behavior Game**

Our team implemented kernels of the PAX Good Behavior Game. In the Good Behavior Game PAX is Latin for peace, productivity, happiness, and health. All of our prevention activities addressed those four areas of PAX. The Dream Makers also implemented the visioning of PAX by "bettering our world, we better ourselves."

White Swan Arts and Rec

#### **Danielle Watkins**

509-823-6162  
dwatkins@masd209.org  
621 Signal Peak Road  
White Swan, WA 98952  
Project Type: Marijuana  
(specifically)  
Duration: Ongoing  
Audience: 501  
Budget: \$501 - \$2000

## Wahkiakum School District

### **Bullying Prevention**

This was an anti-bullying campaign which was completed in order to help with pro-social and preventative skills with the youth. It was also an opportunity for the youth to learn about different career opportunities, which they have not been exposed to prior. The campaign was also a way to increase protection factors in our community with the youth.

Wahkiakum Community Network

#### **Ginger Hake**

360-751-0497  
hakeg@co.wahkiakum.wa.us  
42 Elochoman Valley Road  
Cathlamet, WA 98612  
Project Type: Gangs/  
Violence/Bullying  
Duration: 2-11 Months  
Audience: 201-500  
Budget: \$2001 - \$5000



# Stay Connected

## ROCK SOLID

### A Role to Play: Reducing Stress & Bullying Behaviors

A ROLE TO PLAY-Reducing Bullying Behaviors. Creating a Positive Messaging Skit/Play to be performed by our high school theatre group, which we are a part of, for our Elementary School classes' 1-3 grade on reducing bullying behaviors. We've been bullied or witnessed it in Elementary School. We want to do something to help create a more positive learning environment there, help the younger kids. Working with the school counselors, principal and our Prevention Coalition Executive Coordinator, We've created a script, a pre and post test on the topic for the kids, we will give both tests, so we can see if they learned any new information and found this experience worthwhile. We will perform the skit/play for the 180 students with their teachers, to help create a more positive school experience and remind kids they have a role, they can be "change" agents.

San Juan Island  
Prevention Coalition

**Debbi Fincher**

360-378-9479

fincher@rockisland.com

P.O. Box 562

Friday Harbor, WA 98250

Project Type: Gangs/  
Violence/Bullying

Duration: 2-11 Months

Audience: 51-200

Budget: Less than \$500

## Waterville B.A.D.D. Club

### Cultures Within Our Community

The Waterville B.A.D.D. Club which promotes prevention through Breaking Addictive and Destructive Decisions organized a cultural awareness event called Cultures Within Our Community. This project was inspired by the students who attended the Prevention Summit in Yakima. Their hope was to help bring our community together to celebrate diversity and promote awareness of cultural differences. This was a long term project that required months of planning and the cooperation of students, coalition members and community member to organize, facilitate and put the event on. We invited several community members to share their cultural challenges and created a video to present at the cultural event. We also presented local cultural entertainment by inviting a local mariachi band and Native American to share information on his culture and language. There were games throughout the night to create unity.

Waterville Prevention Club  
Waterville School District

**Jill Moomaw**

509-888-5592

jmoomaw@waterville.

wednet.edu

200 E. Birch Street

Waterville, WA 98858

Project Type: Other

Duration: 2-11 Months

Audience: 51-200

Budget: \$501 - \$2000

## Concrete Prevention Posse

### Community Safety

Attended prevention summit in November. Our goal was community safety. We did several activities over the course of the school year. Red Ribbon week, did a pledge wall, door decorating contest and had high school youth give presentations to the elementary school students. Three Jams nights held in January, March and June 2017. Dancing, music, art, board games and food. Community Dinner and parent education night held on April 10th. Doing the hidden in plain sight program with parents talking with town mayor about securing cameras at the local park to decrease use of drugs, tobacco and alcohol.

Concrete School District/  
Concrete Resource Coalition

**Dana Whitney**

360-853-4041

dwhitney@concrete.k12.wa.us

2241 Hospital Drive

Sedro Woolley, WA 98284

Project Type: General Prevention

Duration: 2-11 Months

Audience: 201-500

Budget: \$501 - \$2000



# Stay Connected

## Lyle TADAA!

### Seeking Kindness

The Seeking Kindness Project focuses on creating positive connections and promoting mental health in our community. We learned that Random Acts of Kindness and gratitude release dopamine in your brain and improve overall happiness. Therefore, we asked our Commissioners for support and together we declared February 12 - 18 as Random Acts of Kindness Week in Klickitat County. We recorded Public Service Announcements on the radio and sent press release information to our local newspapers. Each day, we expressed kindness in different ways to our community. On April 26th we will be inviting neighboring schools to an all-day event to improve peer connections and promote mental health. We will have a series of activities and workshops to show students that they do not have to go through their struggles alone and have peer mentors to fall back on during hard times.

KLASAC

**Rita Pinchot**

360-952-3569

klasacordinator

@gmail.com

P.O. Box 368

Lyle, WA 98635

Project Type: Mental

Health Promotion/

Suicide Prevention

Duration: Ongoing

Audience: 501

Budget: Less than \$500

## Eckstein Prevention

### Anti-bullying video - the prevention of drug/alcohol use to cope with bullying

From the November Prevention Summit, the students decided on a project that discussed anti-bullying. In February, they visited the Homeroom classes to explain the project and asked for student volunteers. They received over 30 volunteers to "share" their respective stories. The student then began videotaping in March. April was designated as the "editing" time for the video. Once editing is completed, we will be meeting with the principal of the school in order to decide on a time when it could be shown to the student body, together with teachers and parents.

Seattle Childrens

**Christine Sogn**

206-604-1946

christine.sogn@

seattlechildrens.org

4540 Sand Point Way NE

Seattle, WA 98105

Project Type: Gangs/

Violence/Bullying

Duration: 2-11 Months

Audience: 501

Budget: No Cost

## Upper Kittitas County Youth Coalition Team

### TAPS

Teens Against Pot Smoking (TAPS) is a peer-to-peer education prevention project in which high school youth educate middle school and high school youth about the consequences of youth marijuana use. Each classroom presentation lasts one hour and includes facts about marijuana, interactive learning activities and an assessment of youth knowledge. Classroom presentations are followed up by a fun all-school marijuana knowledge evaluation activity.

Cascade Prevention Coalition

Cle Elum Roslyn School District

**Cathie Songer**

509-941-0350

songerc@cersd.org

2692 SR 903

Cle Elum, WA 98922

Project Type: Marijuana

(specifically)

Duration: Two Weeks

Audience: 201-500

Budget: \$501 - \$2000



# Stay Connected

## White Swan Dream Makers

### Suicide Prevention

We do Suicide Prevention Presentation's in White Swan and surrounding communities. We know that suicide does not just happen, there are several reasons why a person feels depressed and hopeless. We want every student to know they are not alone and there is help. We not only do presentations for suicide prevention we have Anti Bully month, give out information on drug and alcohol use and the effects. We created a flyer on Anti Marijuana use and hand it out at all of the parent nights. We share our projects with other communities so we can teach other students how to create a group that helps their communities be a safer place to live. We have planned events throughout the whole school year.

White Swan Arts and Rec  
Mt Adams School District

**Darlene Lamb**

509-945-3344

dlamb@masd209.org

621 signal Peak Road

White Swan , WA 98952

Project Type: Marijuana  
(specifically)

Duration: Ongoing

Audience: 501

Budget: \$501 - \$2000

## Dayton High School SHEO

### Giving Youth a Voice

Giving Youth a Voice (GYV) through the ACEs & Resilience Games is the natural progression of taking what SHEO Youth experienced from learning this information to designing and implementing Giving Youth Voice to other audiences. This project is a way to educate youth on the ACEs and Resilience research by exposing them to the information through participating in the interactive ACEs and Resilience games in a safe controlled environment. Since June 2016, SHEO has presented their power-point on basic ACEs – Resilience research, followed by facilitating the games with four different groups throughout the state of Washington. They will also be featured in a Middle School Conference on April 20, 2017, where they will facilitate the games with smaller groups of middle school students. In addition, they are currently scheduled to participate in The Beyond Paper Tigers 2 Pre-Conference Community Event in Walla Walla on June 27, 2017.

Coalition for Youth and Families

**Peggy Gutierrez**

509-301-2953

pgutierrez@columbiainet.com

1002 S. 3rd Street, Suite 2

Dayton, WA 99328

Project Type: Mental Health  
Promotion/Suicide Prevention

Duration: One Year

Audience: 501

Budget: \$2001 - \$5000

## WAHKI HI

### Stress Awareness and the Link to Substance Abuse

Stress Awareness and the Link to Substance Abuse  
Our team was initially interested in exploring the issue and link between Mental Health and Substance Abuse, This was further defined and focused at CADCA with the goal of doing a monthly awareness Prevention event which would carry on next year and so on. Each month will focus on a different issue/drug. We are starting with Stress Awareness Month (April 2017), leading into Mental Health Awareness Week in May 2017. The May event will be spearheaded by our Gay Straight Alliance, Psychology Club and Health Advocates.

Wahkiakum  
High School

**Karla Gates**

360-795-3271

karla.gates@esd112.org

Wahkiakum School District

Cathlamet, WA 98612

Project Type: General  
Prevention

Duration: Ongoing

Audience: 51-200

Budget: Less than \$500



# Stay Connected

## Crescent United Prevention Club

### Crescent Prevention Week

Our project involved daily lunchtime Minute-to-Win-It style games, each with a student created prevention message attached, and the week ended with an after-school dance. The prevention students chose and then led the games during their lunch hours, which included classics such as cup stacking, tissue separating, and eating a cookie without the use of your hands. During these games, prevention students shared different messages, which included "It only takes 1 minute to pause and make a better decision" and "drugs and alcohol affect your coordination and mobility". At the end of the week, several high school student volunteers help to set up and decorate our cafeteria for a middle school dance with the intent of providing the younger students with a positive social activity for their own age group. The high school students acted as DJ's, led dance games, and served refreshments for the middle school students.

Crescent United Coalition

### **Melissa Thetford**

360-928-3311 ext. 1033

melissat@crescent.wednet.  
edu

P.O. Box 20

Joyce, WA 98343

Project Type: General  
Prevention

Duration: One Week

Audience: 51-200

Budget: Less than \$500

## Daybreak Dragon Prevention Club

### Keeping Dragons Safe

Daybreak Dragons Prevention Club strives to keep their fellow Dragons healthy. They are doing this by spreading awareness about drugs and alcohol and how to deal with peer pressure. Some activities they have worked on are a door decorating contest with a drug free theme, they made a video for the school on how to deal with peer pressure, Throw Shade At Drugs lunch activities with a photo booth, drug and alcohol awareness bulletin boards, and a video about the dangers of vaping. The focus for the remainder of the school year is to change the perception that vaping is harmless.

Daybreak Middle School  
Battle Ground Public Schools

### **Crystal Wallace**

360-885-6906

wallace.crystal@battle-  
groundps.org

11104 NE 149th Street

Brush Prairie, WA 98606

Project Type: General  
Prevention

Duration: Ongoing

Audience: 201-500

Budget: Less than \$500

## West Side Squad

### Is Marijuana the Solution?

The project that our Youth Prevention Team is in the process of completing is focused on marijuana abuse and the negative effects it has on youth in our school and community. This short video features real life stories from peers in our high school and community illustrating how marijuana has impacted their relationships, academics, and social and emotional wellbeing. With the support from a professional video production team, our project portrays the damaging affects marijuana has on youth in our community. This video will be viewed in our high school's ninth grade health class during the drug unit, in the hopes of changing the perception of marijuana and shedding light on the damages it has done to our close friends and family.

SW Seattle Youth Alliance

### **Anastasia Tschida**

206-683-9211

aotschida@seattleschools.org

2601 SW Kenyon Street

Bainbridge Island, WA 98106

Project Type: Marijuana  
(specifically)

Duration: 2-11 Months

Audience: 501

Budget: Less than \$500



# Stay Connected

## Positive Mind = Positive Life

### Spreading Positivity-Increasing Awareness

Our prevention project is an interactive bulletin board which is situated in the "commons" area of our school. The commons is the center hub of our school where we have lunch, assemblies, and most school activities. It is the area of our school with the most student foot "traffic". Our bulletin board displays positive quotes, community and youth norms taken from our district's Healthy Youth Survey outcomes, Heidi's promise - a substance use prevention curriculum adopted by our district, and over all relevant positive healthy youth topics surrounding mental health and substance use issues. Our board's display is switched out and updated on a weekly basis to reflect relevant trending teen topics and to reflect our overall current school climate and needs.

West Auburn High School  
Auburn School District

**Charlena Moultime**

253-350-1701

cmoultime@auburn.wednet.edu

401 West Main Street

Auburn, WA 98001

Project Type: Mental Health  
Promotion/Suicide Prevention

Duration: Ongoing

Audience: 201-500

Budget: Less than \$500

## Dayton Middle School SHEO

### Kindness Counts Campaign

Kindness Counts is a year-long project, culminating in a conference, hosted by the Dayton Middle School SHEO Club, for all students, grades 6, 7 & 8. The Kindness Counts Conference includes speakers, workshops, team-building activities and a special video presentation of Finding Kind from the Kind Campaign program. SHEO conducted research to find speakers and programs that fit with their mission of promoting a kinder, safer, and more positive school environment. Their research led them to the Kind Campaign, a program focusing on girl-on-girl bullying, which they incorporated into the conference. SHEO members also researched boy specific programming to balance the conference for all students. The SHEO planning team also conducted student surveys on workshop topics and selected four team-building activities to incorporate into the conference. Students also designed the logo for the program, wrist bands, and lanyards to promote the message of Kindness Counts.

Coalition for Youth and Families  
Dayton School District

**Monica Mitchel**

541-661-5502

monicam@daytonsd.org

1002 S. 3rd Street

Dayton, WA 99328

Project Type: Gangs/  
Violence/Bullying

Duration: 2-11 Months

Audience: 201-500

Budget: \$2001 - \$5000

## T.A.P.S.

### Teens Against Pot Smoking

Teens Against Pot Smoking (T.A.P.S) is a curriculum that is a peer to peer Marijuana prevention program. High school students went through a full day training to become facilitators of this program. T.A.P.S is in the evaluation stage of being a promising practice to then be reviewed as a best practice. The youth were trained to present the curriculum to middle school students in an effort to educate and ultimately reduce the experimentation and use of Marijuana

Teens Against Pot Smoking  
Ellensburg High School  
MERIT Resource Services

**Dawn Bass**

509-899-2561

dawn\_zierke@hotmail.com

507 N. Nanum St. Room 30

Ellensburg, WA 98926

Project Type: Marijuana  
(specifically)

Duration: Ongoing

Audience: 501

Budget: \$2001 - \$5000



# Stay Connected

## Pacific Islander Mentoring Group

### Pacific Islander Mentoring Program

This program was selected as a result of 2 high school students who identify themselves as Pacific Islanders, shared a desire to help break down what they feel are negative stereotypes of Pacific Islander people by committing themselves to be examples of positive leaders within their cultural community. These students felt a desire to help support middle school students around the skills identified in the program goals. Three high school Pacific Islander students complete on-going biweekly mentoring training to learn appropriate role modeling, boundaries, engagement, expectations and planning. Students learn mentoring skills such as leadership/organizational, problem-solving, and social skills. Mentors provide one on one mentoring to Pacific Islander students at McLoughlin Middle School for one hour twice a month. The students of McLoughlin Middle School gain positive mentoring social support and guidance from their mentor, easing the transition from middle school to high school and help teach and encourage positive and healthy choices.

Fort Vancouver High School –  
Center for International  
Studies, International Club

### **Cindy Cooper**

360-313-4179

Cindy.Cooper@vansd.org

5700 East 18th Street

Vancouver, WA 98661

Project Type: Gangs/  
Violence/Bullying

Duration: Ongoing

Audience: 1-50

Budget: Less than \$500

## Cowlitz County Prevention

### What if?

We partnered with the Cowlitz County Sheriffs office and started a "What If" campaign and committee. What if focuses on making our community better as a whole with positive things we can do. Our group started with homeless blessing bags. Partnering with schools in our area, treatment centers, department of health, churches, and the sheriffs office we gathered over 1500 items and put together 200 blessing bags for our community. These were dispersed to the sheriffs office, churches, and schools for people in need. This was just one of the many mini-projects that our students wanted to pursue. Some other projects included handing out Christmas cards to a retirement home, painting and hiding inspirational rocks in our community, and holding free family events at our facility.

Longview Anti-Drug Coalition  
Youth and Family Link

### **Theresa Misner**

360-423-6741

tmisner@cowlitzamericorps.org

907 Douglas Street

Longview, WA 98632

Project Type: General  
Prevention

Duration: Ongoing

Audience: 501

Budget: \$501 - \$2000

## STASHA

### TBD (Alcohol Prevention Social Media Campaign)

The Clark County STASHA Peer Education program has teamed up with the Clark County PREVENT coalition to create a youth alcohol prevention social media campaign.

Clark County

### **Tiffany Schwieterman**

360-397-2130 ext. 5841

tiffany.schwieterman

@clark.wa.gov

P.O. Box 5000

Vancouver, WA 98666

Project Type: Alcohol Abuse

Duration: 2-11 Months

Audience: Other

Budget: No Cost



# Stay Connected

## Unite!

### Investing in you!

This year we really wanted to reach out to a more diverse population to get them involved in Prevention work and to give them the opportunity to be empowered by telling their story. Several of our new members have had direct impact on their lives from substance abuse and family members who use. Also, our new members have not had a lot of family support for being involved in clubs and projects. So we decided to help them help others by sharing their stories and positive ways to "Leave your baggage behind" and "Take care of yourself". We broke into teams with more experienced members mentoring project development and getting fresh ideas from those new to prevention. We developed two 5 minute videos that we are sharing with middle school students and then taking the presentation to the school board, city council, YouTube, Facebook our website and Instagram.

Unite! Washougal  
Community Coalition

### Margaret McCarthy

360-635-7449  
mcamdg777@gmail.com  
1100 N.E. 394th Avenue  
Washougal, WA 98671  
Project Type: General  
Prevention  
Duration: 2-11 Months  
Audience: 501  
Budget: No Cost

## YODA – Youths Opposed to Drug Abuse

### What I wish my parents knew

Our project consisted of multiple panel discussions between parents and students at the State of Mind Conferences in the Issaquah school district. The project opened up honest dialogue between parents and teens about what has and has not worked for them when having talks about substance abuse. Parents were given the opportunity to hear what students in our community want the conversation to sound like and to ask candid and honest questions about issues surrounding substance abuse. Students focused on making sure that the dialogue was honest, respectful, non-judgmental and that it happened as soon as possible. Our project also allowed for parents to hear stories and learn about the types of substances that were being exposed to students in their district. Although it may not sound very innovative, parents were excited to have such a sincere dialogue in regards to a sensitive issue.

Influence the Choice

### John Carney

360-302-1178  
john@isfdn.org  
1524 14th Ave S  
Seattle, WA 98144  
Project Type: General  
Prevention  
Duration: One Week  
Audience: 51-200  
Budget: No Cost

## Chehalis Tribe Youth Prevention

### You are not Alone

To begin our prevention outreach we began with a week of dating violence training in the local high school. During this week we created a music video that was written and produced by the 14 youth in the group. The youth discussed suicide prevention, domestic violence and dating violence and put all of it in to their video in a positive way. Due to the great response from the tribal community and school we are now making prevention posters covering dating violence, suicide prevention, sexual assault, tobacco cessation, bullying and drug and alcohol prevention. These posters will be posted at the school and the tribal youth center. We are now in the school two times a week educating the youth on prevention topics.

Chehalis Tribe

### Janita Raham

360-709-1875  
jraham@chehalistribe.org  
420 Howanut Road  
Oakville, Washington 98568  
Project Type: General  
Prevention  
Duration: One Month  
Audience: 201-500  
Budget: \$2001 - \$5000



# Stay Connected

## C.A.R.E. Squad I Am....!

Our project involves educating our community's 7th & 8th grade middle school students on the importance of self-worth and self-esteem. The education includes discussing the importance of how we treat each other as well. We will be using a video that we have created illustrating people's definition of what self-worth and self-esteem are and what they mean. The video will then be used as an educational tool while working with the 7th & 8th graders. The middle school students will be receiving two in-depth lessons on the importance of what self-worth means and how to practice good self-care. At the end of the lessons the students will work together to create positive messages that will be displayed all over throughout their school building. They will also be working together to make-over their school bathrooms with messages that are positive and uplifting in nature.

Castle Rock High School /  
Castle Rock C.A.R.E. Coalition

### **Lindsey Lonner**

360-501-2968

llonner@crschools.org

5180 West Side Hwy.

Castle Rock, WA 98611

Project Type: Mental Health  
Promotion/Suicide  
Prevention

Duration: Two Weeks

Audience: 51-200

Budget: Less than \$500

## A.L.A.S Leadership Youth Group ALAS BNR

BNR Affordable Housing is a low-cost housing apartment complex servicing a total of 104 apartment units. The owner and the management team invited the PDC and A.L.A.S Youth Group as they had heard about the positive activities they were doing in the Lakeview Community. BNR invited us to meet with them so that they may start a Youth Group for their community to also help bring a safer and healthier neighborhood, and bring back unity to the community. A.L.A.S Leadership Youth Group decided to come help this neighboring community, and started out by inviting the youth and parents from the community to a presentation on why and how we got started. From this presentation, we recruited a few youths from the community who are now ALAS BNR Youth Group. Together we have recruited parents and hosted parenting classes, drug awareness night, movie nights, and informative presenters of their discretion. With our strategies and activities, we are establishing better relationships and strengthening their family bonds, and bringing awareness on alcohol and substance abuse that surround our community.

Pasco Discovery Coalition

### **Julissa Crow**

509-851-7140

jcrowpasco.coalition@  
gmail.com

117 S. 3rd Avenue

Pasco, WA 99301

Project Type: General  
Prevention

Duration: Ongoing

Audience: 51-200

Budget: \$501 - \$2000



# Stay Connected

## Lincoln Kindness Club

### Prevention Awareness Week

Kindness Club broke into five teams to prepare Prevention Awareness Days: Marijuana, Alcohol, Other Drugs, Bullying, & Suicide. Each day was an awareness video played during Advisory Class and activities at lunch promoting awareness. Each day had a different color associated with the day and students were encouraged to wear that color to support that prevention. This was peer taught, empowering youth to encourage their peers to stay positive and focus on what to do instead of what not to do. We discussed the effects of drugs and alcohol and created interactive ways for youth to engage in the topics. For bullying and suicide, peer talking groups were created to encourage youth to talk through issues and hurts. The students were trained on what to say and when to get help from a caring adult.

EPIC Coalition Clarkston, WA

### **Ashlee Grunenfelder**

208-305-4198

ashlee\_grunenfelder@  
hotmail.com

1030 Ripon Avenue  
Lewiston, ID 83501

Project Type: General Prevention

Duration: One Week

Audience: 201-500

Budget: Less than \$500

## 206 Rising @ Aki Kurose

### Aki Rising

Educating Students and families at Aki and the SE Seattle Community on the negative effects of ATOD use.

Neighborhood House/PSESD

### **Rayonna Tobin**

425-917-7600

rctobin@seattleschools.org

800 Okesdale Avenue  
Renton, WA 98053

Project Type: General  
Prevention

Duration: Ongoing

Audience: 501

Budget: \$501 - \$2000



## GET INVOLVED!

Help raise awareness to prevent prescription medicine  
and opioid misuse & abuse!



You can make an impact to keep  
teens safe.

It starts with you!

Visit [StartTalkingNow.org/rx](http://StartTalkingNow.org/rx) to  
learn what you and your local  
coalition can do in your  
community.

*The 2017 Spring Youth Forum is partially funded with State  
Targeted Response (STR) Grant.*

A photograph of a young woman with dark hair, looking down and slightly to the side. She is wearing a grey sweater. Overlaid on the image is text in various fonts and colors.

**NOTE2SELFIE:**  
MARIJUANA COULD  
MESS UP MY  
**GRADES.**  
THAT'S NOT A LESSON  
I WANT TO  
LEARN.

REMEMBER WHAT'S  
IMPORTANT. FORGET  
MARIJUANA.

USING MARIJUANA CAN MAKE LEARNING HARDER  
AND CAN GET YOU SUSPENDED OR EXPELLED IF YOU  
GET CAUGHT - PUTTING WHAT YOU WANT TO DO  
AND WHO YOU WANT TO BE AT RISK.

**LISTEN2YOURSELFIE.ORG**



The Spring Youth Forum is brought to you by the Department of Social and Health Services. Partial funding provided by the Washington State Department of Health.



*Transforming lives*



# Save The Date!

## Prevention Summit November 3 - 4, 2017

[www.preventionsummit.org](http://www.preventionsummit.org)  
Yakima Convention Center - Yakima, WA