

LOVE YOURSELF CLUB

Kamiakin High School, Kennewick Washington

Kaici, James, Sabrina, Addison and Tessa

Our Mission:

We are here to create a positive environment for all students and staff and to help lessen the impact that bullying has on students. This club will put lots of effort into making Kamiakin and other schools a place where students feel safe and can feel like themselves without somebody making them feel less than they deserve.



Our Project:

The project we focused on is titled Kindness Overload. We held a type of spirit week with a different event each day. For example: On Monday, we went around the school putting sticky notes with positive phrases up on lockers, windows, and bathroom mirrors. Tuesday and Thursday we went out of our way to hold doors open for students and teachers. Wednesday we handed out candy to the kids getting off the buses and held the doors open for them. On Friday, we handed out Random Acts of Kindness kits, where the person who received them got a checklist with nice things to do for people, and then turn them in. We really enjoyed doing this project around Kamiakin and wish to spread around a spirit week like this to other schools in the area.



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